WALSHAM OBSERVER



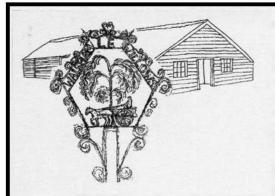












Walsham-le-Willows

Memorial Village Hall

Hire Charges for 2023

All Day £135 Hourly £13.50

For Bookings and Enquiries
Contact Number 01359 259698
(answerphone available)
or email
sarah@octopusadmin.co.uk



Automated External DEFfibrillator (AED)

Located in the refurbished telephone kiosk red outside the Memorial Hall AED this has been registered with the East of **England Ambulance** Service and can accessed via digital a keypad. The access code can be obtained by simply dialling 999 and asking the Ambulance Service. For reference purposes location postcode is IP31 3AA.



THE WALSHAM OBSERVER

AUGUST 2023 No 653

Published and distributed by the Walsham Community Council.

EDITOR Mr I R Toulson 01359-259646 iandmj@outlook.com

PRINTED by Gipping Press of Needham Market Tel: 01449 721599 email: enquiries@gippingpress.co.uk & **DISTRIBUTED** BY Volunteers

ITEMS FOR PUBLICATION

These should be dropped by **FRIDAY 25 AUGUST** into the box provided in Rolfes or emailed to the above address.

Advertisements should reach the Advertising Manager by **MONDAY 21 AUGUST**

ADVERTISING MANAGER Cheryl Bartholomew 01359-258349 walshamobserveradverts@gmail.com

The Community Council takes no responsibility for the accuracy or otherwise of advertisements published in the Walsham Observer.

ADVERTISMENT RATES

Quarter-page £60 per year £15 per month Half-page £100 per year £20 per month

WALSHAM-LE-WILLOWS COMMUNITY COUNCIL EXECUTIVE COMMITTEE

CHAIR Trevor Roberts 01359-258646 ferretjim@msn.com

SECRETARY David Murray 01359-258646 shirley409@btinternet.com

TREASURER Ian Bartholomew 01359-258349 IBarth2@aol.com

www.walsham-le-willows.org

Contact telephone number: 01359 258698 (answerphone available)

Contact email: sarah@octopusadmin.co.uk

CONTENTS

Editorial	2	Diary Of Events 2	3
Walsham Food Bank	3	Parish Council Minutes 2	7
Old Town Trust Meadow	3	Spot The Difference 3	0
Walsham Primary School	5	Congregational Church 3	2
Women's Institute	7	From St Mary's Church 3	5
Royal British Legion	7	August Church Services 3	6
Citizens Advice	9	Wildlife In August 3	7
Churches Ride & Stride	11	Green Dilemmas 3	9
Community Lunch	11	Garden Poems 4	.1
Open Gardens Help & Cakes	13	Observer Crossword 4	.2
Walsham Open Gardens	15	Adventure Of Baker's Hip 4	.3
20's Plenty For Suffolk	17	Searching For Words 4	.3
Walsham Wild Wood Update	19	More or Less 4	4
Big Butterfly Count	19	Sports Club Report 4	.5
Pride Of Place	21	Observer Sudoku 4	.5
Community Fitness Centre	21	All The Answers 4	.7



WHEN WALKING IN THE VILLAGE



Please take the 2 meter distancing rules seriously. This protects everyone. It is a simple and very much appreciated courtesy and no one will take offence.

If you pass people with children, or elderly people who may not be as agile, please give some thought to how much easier it may be for you to cross the road to maintain a social distance of at least 2 metres from them.

EDITORIAL

This month sees the departure of Denise and Philip Merry who have been with us for just over six years, but during that time they have become an integral part of village life and will be very much missed. I am sure that we all wish them a very enjoyable retirement. As they are not moving too far away I am certain that we will not have seen the last of them. As you will see from the front cover, he was much in evidence at last year's **Gardens Weekend**, so maybe we shall see them at some future **Gardens Weekend**.

With that in mind, do take a look at the two articles on this year's event and hopefully you will feel able to assist in some way before or o the two days and so help make this year's Weekend another great success. In the well chosen words of 'Sir' John "It's Fun!' In case you have forgotten the 'weekend' is **Sunday 27th & Monday 28th August.**

Not to be outdone on the gardening front, there is the annual Horticultural Show on Saturday 12th August. Hopefully you may have scanned the details in last month's edition and have been honing your skills for the domestic categories and bring on your plants to perfection. The doors of the Village Hall open at 2.00pm when all the winners will be revealed.

In between these two events is the now annual **Trailer Gig** at the **Sports Club** on **Saturday 19th August**. This is a charity event, raising money for **St Nicholas Hospice Care**, so well worth supporting. Further details can be found on **Page 44**.

For those of you who enjoy a spin on a bicycle there is some information about this year's **Historic Churches Ride**. Hopefully the turnout from Walsham this year might be a little more than on previous year's. With a greater number of cyclists on the road than at other times motorist are a little more aware of the possibility of meeting a cyclist, with the result that it is not as 'dangerous' as some people might think. 'See And Be Seen' is the important dictum and you should have a really enjoyable ride, enjoying the company of others whom you meet as well as well as receiving a warm welcome from those people 'manning' the churches. The event is on **Saturday 9th September**.

Whilst on the subject of road safety, do have a loo at the article on '20's Plenty' which has arisen from the long-time problem of traffic in and around the village. Comments and assistance will, I'm sure, be very much appreciated.

A date for your diary is **Wednesday 20th Septe**mber when the History Group are showing the film **Akenfield**, based on the book by Ronald Blythe. The book, film and a talk by Ronald Blythe at Stowmarket High School were among my first 'encounters' with Suffolk after having moved up from London.





WALSHAM COMMUNITY FOOD BANK



Due to ever increasing demand our local Food Bank based in Walsham is no longer sustainable. Of late we have been distributing four times the amount of food donated which regularly involves purchasing £1,000 worth of food a month. Our service is totally reliant upon volunteers who purchase, collect, store, package and distribute food to around eighty individuals each month as well as undertaking all the associated administration and following some recent changes in personnel this is now proving to be an insurmountable task.

Sadly, against this background we have decided to close down our local operation at the end of June and transfer all our remaining food stocks and funds to Stowmarket Foodbank who will then service our benefice from their significantly larger operation at New Life Church (Suffolk), 4 Pochard close, Stowmarket IP14 5EX.

Food donations can continue to be placed in our benefice churches and these will then be collected and delivered to Stowmarket.

In future if you would like to make a monetary donation, you can make a one off or regular donation directly to Stowmarket foodbank - Barclays bank, Stowmarket. Sort Code: 20-82-75 - Account number: 33867331 Quoting ref: FOODBANK.

We would like to thank everyone who has contributed to the success of this local community service over the last three years and in particular Amanda and David for keeping it going as long as they have.

Ian Bartholomew



OLD TOWN TRUST MEADOW

"The Old Town Trust Walsham-le-Willows have a meadow to let of approximately one acre in Crownland Road from October 2023. The tenant will be responsible for maintaining the hedges and ditches and the insurance.

Please put in your tender for the annual lease no later than 28th August 2023. Any tenders after that date will not be included. The highest tender will be accepted along with your proposed usage. All tenders to be sent to Karen Rolfe 4 Postmill Gardens, Walsham-le-Willows IP31 3DZ. karendrolfe@Yahoo.co.uk"

Karen Rolfe





WEST SUFFOLK HORSEBOX SERVICES LTD



We are a local, family run garage in Walsham-le-Willows who deal in, Horsebox, Van, 4x4, Car and Lorry servicing and repairs.

Welding - Air conditioning - Car and HGV Diagnostics - Tyres
HGV MoT Preparation and Presentation
Hybrid and Electrical Qualified Technician

NEW to 2022. Car, Van, minibus and 4x4 MoT bay. Classes 4,5 and 7 Vehicle Collection and Courtesy Car Available, Subject to availability.

Unit 2, Old Bomb Store Summer Road IP31 3AJ Telephone 01359-259994 Email wshorseboxservices@gmail.com

WILLOWSERVE LTD

Plumbing & Heating Services

- ✓ Worcester Bosch Approved Installers with up to 12 Years
 Warranty on Worcester Bosh Boilers
- ✓ GASSAFE, OFTEC, C.I.P.H.E, CHECKATRADE, TRADING STANDARDS approved
- ✓ Replacement Boilers, Hot Water Cylinders, Underfloor Heating, Servicing, Repairs, General Plumbing, Bathrooms etc. FREE QUOTATIONS

For a Professional Reliable Service



Tel: 01359 259886 Mobile: 07771 557937 willowserve ltd@hotmail.com

WALSHAM-LE-WILLOWS CEVC PRIMARY SCHOOL

This half term has seen us as busy as ever and taking part in lots of activities. The whole of Key Stage 2 put on a super performance of 'Shakespeare Rocks!' and the acting and singing were superb. We have had our sports day and had a wonderful turn-out of parents/grandparents etc to cheer the children on. The team that won overall was Birch, but we all enjoyed taking part in the different types of activities that included traditional running races mixed in with obstacle races.

Our summer fete, organised by the PTA, took place after school at the end of June and an incredible £455 was raised - there was a wonderful atmosphere with plenty of stalls and activities and a really big thank you to the PTA for organising it all.

The whole school has enjoyed two mornings of transition where the children moved into a different year group and have got an idea of things to come in September.

Caterpillar class have been looking at life under the sea and have created some lovely artwork and English work based on The Lighthouse Keeper's Lunch. They have also been looking at significant people such as Mary Anning and Grace Darling.

The children in Ladybirds have been singing sea shanties and are looking forward to a Pirate Day with Caterpillar Class. In maths, they have been looking at length, height, mass and capacity and writing poems in English.

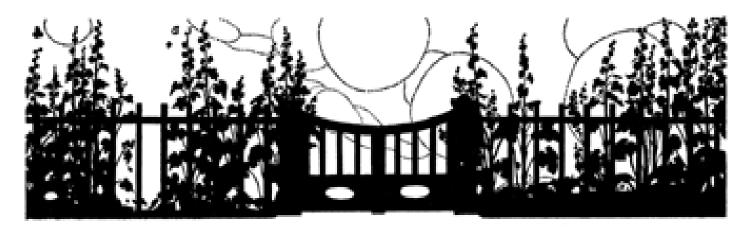
Dragonflies have been looking at different geographical settlements and looking at statistics in maths. They have also learnt about road safety and in PE playing rounders.

Grasshoppers are exploring the life of Egyptians and have created some outstanding Hieroglyphic art work. They have been continuing their learning of the ukulele and made superb progress with their playing. In PE they have been developing their striking and fielding skills.

Cricket class have been learning about the lives of The Victorians and writing newspaper reports and biographies. They have created a 3D model of a Victorian factory in computing. They have also been completing artwork of the Victorian era in the style of William Morris.

If you wish to make an appointment to visit or would like more information about our school, please contact Mrs McGarr, on 01359 259319 or by e-mail admin@walsham-le-willows.suffolk.sch.uk We would love to hear from you!

Maxine McGarr



Professional Chimney Sweeping

Chimney Matters

Town and Country

Mobile: 07767 864127

Phone: 01284 789663

www.chimneymatters.co.uk

email: chimneymatters@hotmail.com

- Open fires, Wood burners swept and serviced for maximum efficiency.
- Certificates issued.
- Cowls and Bird guards fitted.
- Fully insured.





botesdaledental

Your local, family run

Dental Practice

Tel: 01379897176 Email: reception@botesdaledental.co.uk Botesdale Dental Practice, Holly Close, The Drift, Botesdale, Suffolk IP22 1DH





Find us on www.botesdaledental.co.uk







Residential and commercial window cleaning. A reliable window cleaning service using the latest pure water and reach & wash cleaning system, leaving glass sparkling clean for weeks. No mess, no smears and no harmful chemicals

01359 259376

email: shinenclean@mail.com



WALSHAM LE WILLOWS AND DISTRICT WI REPORT



A slightly unusual setting for our July WI meeting saw us gathered in St Mary's church in Walsham where our speaker, our Rector Rev. Philip Merry, was surrounded by the items to illustrate his talk on the history of this building at the centre of our village. We learned about the strange 'crant' hanging in the nave and the 'Saxon' stone being the oldest thing in the church. I'm not sure we got the precise differences between a rector and a vicar but, as was pointed out by Philip, whose son is a vicar, Walsham has both a rectory and an old vicarage. We learned to look up at the stained glass stories and to admire the 'reredos'. We had some rather special refreshments. We had a unique insight into parish life and are sad to be bidding farewell to Philip and Denise who have supported our WI so generously. I was disappointed not to see any bats which had been previously mentioned/promised/threatened but there was plenty else to inform and entertain us all in good company!

The WI walking group will meet 29th July in Westhorpe and the WI coffee and chat group on 28th July at the Grumpy Goat.

Our next meeting on 9th August will be at Partacre, Westhorpe at 7pm. This will be a Garden Meeting and the competition will be for a vegetable animal! To help raise funds come early at 5.30pm and enjoy a Simple Supper for £7.50, before the start of the garden meeting at 7pm. Competition: a vegetable animal! Hope to see you there.



STANTON AND DISTRICT **BRANCH ROYAL BRITISH LEGION**



Members from six local branches attended a recent "C" Group Meeting which was held at Ixworth Greyhound, they were updated on the progress of the planning arrangements for the Festival of Remembrance and Drumhead Service to be held in the Apex Friday 10th November. Tickets for this event will cost £12 if purchased from a RBL member, if tickets are obtained direct from the Apex an extra £2 commission is charged on each

At a Table Top sale held 1st July in Stanton £113 -36p was raised this amount was disappointing and put down to this event being under advertised.

If any village organisation wishes to support this year's poppy appeal by placing a wreath on the village War Memorial in November these can be purchased from Fiona Glover the village Poppy Organizer at a cost of £20 for a "b" wreath.

Branch accounts at time of going to press was £1541- 36p
Our next meeting will be held Tuesday 8th August at 8pm at the Cock Inn Stanton at 8pm.

Hubby Frost



ROOFING MATERIALS TIMBER PRODUCTS PLUMBING

BUILDING & AGRICULTURAL MERCHANTS POWER TOOLS PAINT

CLOTHING FUNCTION GARDEN FURNITURE CARPENTERS
AGGREGATES FIELD ENTRANCE GATES

01359 259 259 WWW.CLARKESOFWALSHAM.CO.UK
THE STREET • WALSHAM-LE-WILLOWS • BURY ST EDMUNDS • IP31 3BA

Upstairs Downstairs

A PREMIER CLEANING SERVICE

.... Bringing a sparkle into your home

Regular Housework
Trained Personnel
Safe, Secure and Fully Insured
No hidden administration charges

Tel: Gigi Wadham-Smith on 07580314010

or email: gigi@upstairsdownstairs.biz

Timber Lodge Rookery Lane Walsham-le-Willows Suffolk IP31 3FB

Visit us at: www.upstairsdownstairs.biz



CITIZENS ADVICE



We've booked a package holiday to Spain. It's our first time booking this sort of getaway, and a friend recently had a terrible experience when things went wrong on a similar trip. What sort of help is available if something does go wrong?

Hopefully you'll have a lovely time but if something does go wrong with your package holiday, the National Citizens Advice website at citizensadvice.org.uk/consumer has lots of information about what to do if something goes wrong with your holiday and what compensation you may be eligible for.

Firstly, tell the company or travel agent you booked with as soon as possible. This way you're more likely to be able to get it sorted quicker. If you don't say anything until you get home, you might get less or no compensation at all.

If the holiday you went on turned out to be lower in value than the one you originally booked you can make a claim for 'loss of value'. For example you paid for a deluxe room but only got a standard one, if it wasn't sorted out at the time you can claim back the difference in value.

You can also claim compensation for any extra money you have to spend while away, for example the hotel was a bus ride away from the beach rather than across the road as advertised. This is called claiming for 'out-of-pocket expenses'. If this does happen make sure you keep all your receipts for things like bus journeys.

If big parts of the trip you booked didn't happen or services weren't provided, for example a planned two-day excursion was cancelled and no alternative was organised, you can make a claim for 'loss of enjoyment'. You can also make this claim if something happens that causes you distress or disappointment, such as the pool was closed for the whole trip.

It's worth noting that there's no there's no strict guidance on how much you can claim for loss of enjoyment but any claim you make must be reasonable. You can't get compensation if you simply didn't enjoy the holiday or if the problem was out of the holiday company's control - like bad weather.

Check the information you received when you made the booking to see what you're supposed to get. If you don't get the service you've been promised, you may be entitled to compensation for breach of contract. You might also be able to claim from your travel insurance – check if your policy covers this.

The Citizens Advice consumer helpline on 0808 223 1133 or an online adviser at citizensadvice.org.uk can help with more detailed consumer queries.

Citizens Advice Mid Suffolk can provide advice on issues including debt, finances, employment, benefits and family/relationships. You can contact them on 01449 676060, visit in person at Milton House, 5 Milton Road South, Stowmarket IP14 1EZ or use the contact form at midsuffolkcab.org.uk/contact-us. Our opening hours are Monday-Thursday 9.30am -3.30pm and Friday 9.30am -12.30pm. For more information go to midsuffolkcab.org.uk.



TIME FOR YOU™

DOMESTIC CLEANING

Are you tired of cleaning?



We have the right cleaner waiting to help you.

Regular - Weekly - Cleaner

01359 258991

Typically £15 per hour

www.timeforyousuffolk.co.uk



CHIMNEY SWEEP



- POWER SWEEP METHOD USED FOR A MORE THOROUGH CLEAN THAN A BRUSH
- FULLY INSURED
- INSURANCE RECOGNISED CERTIFICATES ISSUED ON EVERY SWEEP
- GOLD MASTER MEMBER OF GUILD OF MASTER CHIMNEY SWEEPS
- ALL CHIMNEYS, WOOD/MULTI FUEL BURN-ERS, AGA, BOILER FLUES SWEPT
- BIRD GUARDS FITTED

TEL: (01359) 232335

EMAIL: ecosweep@live.com

FLP Motors

Your One Stop Friendly Garage

- * MOT's (Class 4 & 7 Up to 3500kg)
- * MOT Repairs
- * Diagnostics
- * Servicing (Inc under 3 years old)
- * Cambelts
- * Brakes, Tyres & Exhausts
- * 4 Wheel Laser Alignment (tracking)
- * Clutches
- * Air Conditioning Servicing
- * All Repairs Carried Out

<u>Free Collection and return</u> <u>or courtesy car available</u>

Call Vic: 01359 250671

Flpmotors.com

MOT's £40 with this advert (Class4)

Unit 23a, Shepherds Grove Ind Est Stanton IP3 1 2AR

Natural Balance Reflexology and Massage

Experienced reflexologist with advanced training in:

- Pregnancy
- Menopause
- · Anxiety and Mild Depression
- Reflexology Lymph Drainage
- Hot Stone Reflexology

I also practise Full Body, Hot Stone, Indian Head and Baby Massage.



Please contact Zoie 07968 903567 zoie.tuley@icloud.com



SUFFOLK CHURCHES RIDE & STRIDE



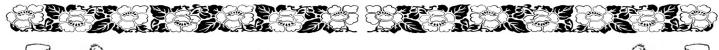
Saturday 9th September 9.00am till 5.00pm

Every second Saturday in September for more than 40 years the Suffolk Historic Churches Trust has been running its bike ride fundraiser - invented here in Suffolk and now copied all over England. These days we call it Ride & Stride as some choose to walk. You might bike as a family, with friends or as a solo finding companions along the way. Some set out from their front door, some take their bikes to an area where they can enjoy quieter lanes. Some cyclists do twenty or thirty churches but most settle for a relaxed ride between four or five. You will get a warm welcome in the churches and you might be surprised by the fascinating social history you find in the churches that you visit.

All you need to do ahead of the day is plan a route and get friends and family to sponsor you either for a fixed sum or on a per church basis. You will find sponsor forms in St Mary's Church or you can download one from https://shct.org.uk/ride-and-stride/. You may have to scroll down a little way to find the next link.

Our cyclists are of all ages and come from every walk of life. Some are regular churchgoers of all denominations and some not at all, but all are united in their love of those great churches that mark our Suffolk skylines. In fact with Norfolk we have the biggest concentration of mediaeval churches in Europe - over 500 in Suffolk alone.

But these buildings take money to keep up and that is where you and the Suffolk Historic Churches Trust come in. Half the money you raise will go straight to the church or chapel you nominate and half to the grants chest of the Trust to enable the Trust to help churches in their moments of need when the roof leaks or the masonry crumbles.





COMMUNITY LUNCH



Hello to you all, hope you are well. School has broken up for the summer holidays so let's hope the weather is good.

The Memorial Village Hall will be open from 12.30pm on Monday 14th August 2023. Lunch will be a Summer Buffet: Honey Roast Ham, Coronation chicken, (Vegetarian Frittata), Hot new potatoes, Cold rice salad, green salad, Tomato salad and Coleslaw served at 1pm, followed by Tropical fresh fruit salad with ice cream.

Tea and coffee to follow.

We look forward to seeing you there.

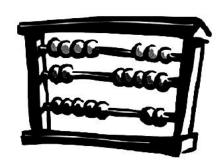
Please book a place, at £7.50, with Shirley on 01359 258532 by 5pm on Thursday 10th August 2023.

Shirley White



TWINN ACCOUNTANTS LTD

We offer an **efficient and professional accountancy** service at a very competitive rate.



- ✓ Annual accounts and tax returns for Sole Traders, Partnerships and Limited Companies
- ✓ Preparation and assistance with VAT returns
- ✓ Payroll Services
- ✓ Construction Industry returns
- ✓ Management Accounts
- ✓ Tax Planning
- ✓ Company Secretarial Services

Tel: 01284 787616 Fax: 01284 787183

Email: info@twinnaccountants.co.uk

www.twinnaccountants.com Suite 4, East Barton Barns, Great Barton, IP31 2QY.

All accountants are not the same...we promise!

Langham Clinic.

Holistic Beauty & Complementary Therapies

Specialised treatments performed by highly trained & experienced therapists

Sports Massage - Pilates - Manicure & Pedicure

Electrolysis - Red Vein Treatment - Skin Tag Removal

Acupuncture - Oncology Massage - LaStone Therapy

Nutritional Medicine - Aromatherapy - Reflexology

Waxing - Mindfulness - Hypnotherapy - CBT

Dr. Hauschka Treatments (Hollistic face & body treatments)

Everything possible at Langham Clinic is organic, sustainable & carbon neutral

www.langhamclinic.co.uk
Langham Grange, Stock Hill, Langham, IP31 3EE

Tel: 01359 258 700

WALSHAM OPEN GARDENS

an urgent call to helpers and bakers!

On Sunday 27th and Monday 28th August Walsham will once again welcome visitors to the village. As the event fast approaches, I am as usual asking for help over the weekend and for all our wonderful bakers to get baking.

Refreshments will be served in the MVH and Priory Room as usual, but we desperately need people to come forward to help make and serve the refreshments. Rota sessions are for two hours but we welcome whatever time you are able to give. However, if you can't help on the Sunday or Monday then maybe you could come along and help set up the MVH or Priory Room on the Saturday or give a hand clearing up on Monday evening, when we are all exhausted! There's always lots to do and all offers of help are much appreciated.

As usual we will need a huge amount of tempting cakes to feed our hungry visitors. Every year I am astounded by just how much cake is eaten, which is a real tribute to your baking skills.

If you are new to the village or area or have not helped before, please get involved this year by helping for an hour or two or baking a cake. We work hard but have fun as well and it's a good place to make new friends. If you would like to help at the same time as a friend, we can arrange this too! This is a tremendous event when the whole village pulls together, so come and be part of it.

We are always looking for ways to get our younger people involved in the event. Over the past few years we have some wonderful hard-working young waiters and waitresses and would like to keep this tradition. So, if you are over 12 years old and would like to help then please let me know.

Cakes can be brought to the Memorial Hall on the Saturday up until 2pm or on the Sunday or Monday morning from 8am. For those of you who are going to be away for the Open Gardens Weekend but would like to bake in advance, we have facilities for freezing cakes. Please let me know.

If you are baking a cake for the event we would be very grateful if you could label it clearly saying what it is, for example: Carrot Cake or Date and Walnut Loaf, so that we know what cakes we are offering to our visitors. We also offer gluten free items on our menu, so if you are someone who is gluten intolerant and bake for yourself, maybe you would like to consider baking something for us as well.

The Open Gardens Trust is a charity, who uses its funds to support village organisations, St Mary's Church and to improve our village environment for everyone's enjoyment. (Four Ashes Triangle, the daffodils, the Christmas Tree). It is the village's largest event, so please help to make it a success. We can't do this without all of you to support us.

Please contact Frances Jenner on 01359 259242 or e.mail me at frances.jenner@hotmail.com.

Frances Jenner













5 FITNESS



CONTACT US

- Isfitness35@gmail.com
- Lewis 07740 185204
- Sam 07860 102306

A functional fitness inspired gym based in Allwood Green. We promote a healthy, active lifestyle through dedicated Functional Fitness, CrossFit and Personal Training for all ages and abilities within our custom built, well equipped training facility.

Units 20/21, Rickinghall Business Centre, IP22 1LQ

LS-FITNESS.COM

SERVICES

- Group Fitness Classes
- Kids Classes
- 1-2-1 Personal Training
- Sports Performance Sessions





Ordering your heating oil through CERTAS ENERGY can help YOUR SPORTS CLUB



They will make a contribution to the Sports Club of £10 per 1000 litres or £5 per 500 litres

Call 01603 885100 (sales team) or 01603 885236 (service team)

Every order so far placed, has been competitively priced against other suppliers - why wouldn't you help yourself and us

"All contributions gratefully received" says Ian Campbell (Treasurer)

WALSHAM OPEN GARDENS

Sunday the 27th and Monday the 28th August

A final update in the lead up to this year's event with the organisation really gearing up now. We have done it all before but you would be surprised how easy it is to miss things and we have to be on our toe's as the Bank Holiday approaches. A couple of important reminders:

- If you are involved in any way with the weekend (see below) then please please please do come to our celebration drinks party in the garden of the Beeches by kind permission of Penelope Robins. It will be between 6.30pm and 8.00pm on Friday the 25th of August. It's a place to mingle with the huge number of people involved with the event and a chance for the committee to say a special thank you to everyone. You can pick up a program and, if appropriate, your garden number and we look forward to seeing you there.
- We also want to confirm that Walsham residents get a free entry to the event for both days although of course we would like your visitors to stump up to help the cause. If you are not at the party then simply turn up at the entrance to the car park to claim a program and we hope you have a nice weekend.

As we have said previously we will do our very best to make this year's event a special success but we still need your help and volunteers are essential AND for newcomers this is a great way to meet people and get involved and it really is a lot of FUN...!!! Some suggestions:

- Even at this late stage if you want your garden to be included, it's not too late, and you can contact Alison Findlay at opengardens@walsham-le-willows.org or on 07704311468
- Frances Jenner still needs people to bake and help with the considerable amount of catering that is needed over the weekend and she is at frances.jenner@hotmail.com or on 01359 259242
- The Art in the Church needs people to spend a couple of hours helping in wonderful surroundings and Graham and Jenny are eager to hear from you at graham.portlock@protonmail.com or on 07512 021879
- If you are a flower arranger then Cheryl would love to hear from you at bartholomewcj@aol.com or on 01359 258349
- We still need people to help in the car park and Grant will hope to hear from you at grant.robinson163@gmail.com or on 07733 014284
- Mike Cousins still needs raffle ticket sales persons mike@mcousins.com
- or on 07843 052970
- We will need help setting up and just as importantly taking down and I would like to add you to my list at john@architectatwork.co.uk or on 07831 325610

This event has been a big part of Walsham life since the early 1980's. During that time hundreds of thousands of pounds has been raised for the village, half of which has been spent on the upkeep of St Mary's and the rest has supported lots of the organisations, clubs and societies that go towards making Walsham the wonderful place that it is. Please get involved and I repeat that it really is FUN...!!

John Stebbing Secretary to the Walsham le Willows Open Gardens Trust



Pawfect Moments Dog Walking & Petcare



(Badwell Ash and surrounding villages)

I am available to walk your dog/dogs, provide doggy day care, pet sitting and home visits for feeding, medication and toileting.

I appreciate that all pets are different and have a variety of needs, therefore I always start each relationship with a free home visit. I am fully insured and have attended a Canine First Aid course.

I look forward to hearing from you......

Caroline Morris 07843 248 411

cdv 11@hotmail.com



Insurance Brokers Since 1867

AN INDIVIDUAL SERVICE FOR ALL YOUR COMMERCIAL AND PERSONAL INSURANCE

SPECIALISING IN HIGH VALUE HOMES. COUNTRY HOUSES, LISTED AND THATCHED PROPERTIES AND ALL COMMERCIAL INSURANCE SOLUTIONS

TEL: (01787) 378205

EMAIL: ADMIN@ROBINSROW.COM

HALL STREET, LONG MELFORD, SUDBURY CO10 9JB

AUTHORISED AND REGULATED BY THE FINANCIAL CONDUCT AUTHORITY

The Priory Room

The Priory Room in Walsham is available to hire for private functions.

For bookings or further information, please contact: John Boulter 07908 010555 johnboulter@yahoo.com

WALSHAM LE WILLOWS 20'S PLENTY FOR SUFFOLK

The quantity and speed of traffic as well as the types of heavy traffic using our residential village streets and surrounding rural lanes is a key concern of local villagers. We know this due to extensive recent consultations in the village during the development of the Neighbourhood Plan and again it was highlighted at our annual Question Time meeting where members of the community were invited to share their priorities for the Parish Council for 2023/24.

Moreover, the traffic impact of the proposed Shepherd's Grove developments including large scale warehousing and an end-of-life vehicle depot, the largest in the UK, will hugely exacerbate this problem for our community and those of neighbouring villages. The A143 is not suitable in many places for the levels of traffic anticipated and it is almost inevitable that this will also hugely impact traffic levels on local roads. The traffic consultant for the proposed warehousing project confirmed that the development would lead to thousands of extra vehicle movements a day and indeed some established local businesses fear that the new proposals will make their existing traffic movements impossible.

In the light of this and as part of our response, the Parish Council is researching the campaign group working to make 20 the default speed limit in village and urban residential areas. It is a national organisation with a track record in other regions now working within Suffolk to campaign to change Suffolk County Council's policy on this issue.

The village currently has an area outside the school on Wattisfield Road where 20mph is the advised speed limit and we are seeking to set up a working group to look at other areas of the village that would benefit from lower speed limits.

Nationally there are 700 towns and villages already actively campaigning for 20 mph where people live and work and 28 million people already live where 20mph is the norm. On the 17th September 2023, 20mph will become the norm in Wales for all built up areas in towns and villages with some designated roads remaining at 30mph. Twenty town or parish councils in Suffolk already have 20mph zones where 20mph is the legal speed limit.

There are quite a few reasons for promoting the 20 mph speed limit but these are the key ones:

- Fewer casualties and collisions
- Less air and noise pollution
- Encourages walking and cycling
- Lower costs

Research has shown that for each 1mph slower traffic travels, it can reduce collisions by 6%. Indeed, 20mph speed limits reduce fatalities for pedestrians by up to seven times compared to 30mph.

Surveys show that lower speeds in areas where people walk to school, work or to take part in leisure and sports activities is consistently popular with approximately 70% of those questioned in favour and between 10 and 15% against.

Lower speeds reduce costs and air and noise pollution but do not significantly slow

journey times in built up areas.

Twenty mile per hour zones will make satellite navigation systems less likely to route traffic through the village and therefore potentially help to ameliorate the impact of the extensive developments proposed on our parish boundary.

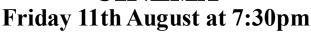
It is hoped that a small working group can be set up to further investigate the campaign and its relevance to our village. Representatives of the Parish Council would like to work with other interested members of the community.

To find our more, please visit the website: https://www.20splenty.org

If you are interested and willing to get involved, please contact the Parish Clerk: parishclerk@walsham-le-willows.org



STANTON VILLAGE CINEMA





THE BANSHEES OF INISHERIN (15)

Two lifelong friends find themselves at an impasse when one abruptly ends their relationship, with alarming consequences for both of them.

Colin Farrell and Brendan Gleeson

Stuart Walker



Decorating, Painting & Refurbishments

A locally based company offering an honest and reliable service.

Painting - Decorating -- Refurbishments - Repairs.

All work considered indoors & out! Fully Insured & free quotations provided. Please contact Stuart on Tel: 07711 606 464 or Email: stumal@hotmail.co.uk



WALSHAM WILD WOOD Update



Visit the Wild Wood to see our new information board created by Jenny and Graham Portlock which we hope to have in place from Bank Holiday Weekend onwards. It illustrates the network of paths, flowering areas, and planting of native trees and shrubs in the Wild Wood. It also shows the features already in place in the new Jubilee Wood.

We are enjoying a particularly fine display of wild flowers this summer and these areas will be mown and raked during September. Please contact us if you would like to help for an hour or two for a workout and chat! We meet at 10am on a couple of Sundays later in September, weather permitting, but check for details nearer the time.

We are also planning our next tranche of planting for the 19th and 26th of November at 10am. Part of this planting will be of heritage fruit trees provided by the Biodiversity team at Mid Suffolk. Again, let us know if you would like to get involved. All help is very welcome.

Email: mackinnonlorna@gmail.com or john@architectatwork.co.uk













BIG BUTTERFLY COUNT

How are butterfly species surviving in our area?



Take Part in the Big Butterfly Count to help conservation of British butterflies in our locality. The Butterfly Conservation organisation are asking for help in counting butterfly species between Friday 14th July and Sunday August 6th.

Just 15 minutes of watching and counting helps the Butterfly Conservation organisation build a picture of the current status of our native butterflies.

Please log on to the Butterfly Conservation's app, Big Butterfly Count or pass your data to a member of the Wild Wood Steering Group.

You can watch and count in the Wild Wood which is awash with wild flower species attracting pollinators of all kinds or from your own garden- maybe you are planting for pollinators on your own patch!

There's still time to take part for 2023















We provide independent financial advice in the following areas:

- Savings and Investments
- Retirement Planning
- Long Term Care Plans
- Estate Planning and Family Wealth Preservation
- Mortgages
- Equity Release
- Financial Protection

10 Forbes Business Centre, Kempson Way, Bury St Edmunds, IP32 7AR admin@metritawm.co.uk

01284 700619

Tax planning is not regulated by the FCA

Metrita Wealth Management is a trading name of Metrita Wealth Management Ltd which is an appointed representative of 2plan wealth management Ltd. It is authorised and regulated by the Financial Conduct Authority under no: 838586. Registered address: 10, Forbes Business Centre, Kempson Way, Bury St Edmunds, IP32 7AR. Registered in England and Wales under no. 11832336.

POLLARD & CO



Builders of Integrity

TREVOR POLLARD

Millfield Wattisfield Road Walsham Le Willows Bury St Edmunds Suffolk IP31 3BD

Tel & Fax : 01359 258339 Mobile : 07768 124715

- New Houses Extensions Renovations
 - Barn Conversions Refurbishments

Email: enquiries@pollardandco.co.uk



PRIDE OF PLACE

Can You Play a Part in Caring for our Village?

email Kevin Boardley at this address: parishclerk@walsham-le-willows.org



With Gardens Weekend in mind, Walsham Parish Council are planning their usual summer litter pick. We are hoping to add to our team of volunteers to share this task.

The litter pick will take place from August 7th to 13th so that volunteers can choose a time that suits them and all the rubbish collected can be taken by MSDC refuse lorry before our village hosts our BIG weekend.

All we ask is that you contact the Parish Clerk as soon as possible so that we can register your offer of help, allocate you an area close to your home, arrange equipment sharing and tell you about the details of health and safety requirements.



COMMUNITY FITNESS / GYM CENTRE

Has Encouraging First Month

The first four weeks since the Centre opened its doors suggest that our initial projections of use were somewhat cautious; so far 63 members have joined of which I am pleased to report that 7 are perhaps those most in need such as me. The joining figure slightly inflates usage by the fact that although I have joined, I have only looked at the equipment which perhaps is not what joining a gym should be all about – never mind the thought was there, I will do better in July.

Eventually we are hopeful that the income from the Centre will make a useful contribution to the running costs of the Sports Club as numbers using it go up; our target was to get to 80 by the end of the first year so this start is encouraging from that point of view. The grant support received from Mid Suffolk District Council was very much given to encourage more people in the community to improve fitness and health and the Parish Council contribution from CIL monies sought overall community benefit thus adding to all the other good things that the village offers its inhabitants.

Neil Evans, the Fitness Centre manager, who was the driving force in getting the project underway is pleased with the initial responses from those using the Centre and thinks that pitching membership fees at £25 per month and OAPs at £20 was about right given pressures from cost-of-living increases. He estimates that 100 members is likely to be the maximum that will ensure all can book a suitable time slot as space in the cabin is restricted to four/five people at any one time to be comfortable.

When asked what his thoughts were as July comes towards an end, Neil said

'The response and support from the local community has blown us away. To such an extent that we have upped the maximum number of people allowed in the gym from 4 to 5 and also extended the opening hours to 6am to 10 pm seven days at week. This will give us more capacity for the huge demand we have seen'

Ian Campbell

GROUNDWORK & PLANT HIRE

- Mini Digger & Driver for Hire
- Block Paving & Patios
- Extension Bases
- · Driveways & Pathways
- Drainage Work
- Footings & Oversites
- · Gardens & Site Clearance

C.S. CONTRACTORS

01284 724048 / 07720843577

108 Horringer Road Bury St Edmunds IP33 2DP

www.cs-contractors.co.uk







Elite Fencing and Landscaping

JUST 10 MINUTES AWAY FROM YOU.
FENCING, GATES, DECKING, PATIOS,
PERGOLAS, PATHS, BASES,
TURFING, DEMOLITION,
REGRAVELING DRIVEWAYS,
GARDEN CLEARANCE,
GARDEN PROJECTS & RESTORATION,
REPAIRS, ODD JOBS & MORE!

ALL TYPES OF OUTDOOR WORK UNDERTAKEN - SMALL OR LARGE FOR FREE ESTIMATES CALL TREVOR ON 01359 221128 OR 07761651567 EMAIL

TREVOR@ELITE-FENCING.CO.UK WEB: WWW.ELITE-FENCING.CO.UK



RATS! MICE! RABBITS! MOLES! BIRDS! WASPS!
FLIES! ANTS! SQUIRRELS! & MINK!
All effectively controlled by

Norfolk & Suffolk Pest Control Chris Earith, 2 Orchard Lane, Pakenham, Nr. Bury St. Edmunds,



Suffolk. IP31 2LQ

Phone: 01359 232538 Mobile: 07885 745446



All forms of landscaping and garden maintenance undertaken

- Patios & paving . Grass cutting
- Fencing
- . Garden edging
- . Decking
- & retainers
- . Shed bases

For a free quote contact 07931089125

contact.jblandscapes@gmail.com

DIARY OF EVENTS

		AUGUST		Sat 28th	Pumpkin Trail &	Story	
	Wed 9th	W.I. Garden Part	•		Wild Wood	5.00pm	1113
		Westhorpe	1 S		NOVEMBER		制)
	Mon 13th	Litter Pick Week	· -	Wed 8th	W.I. Community	/ Singing 🎳	\mathbb{N}
		See page	77		Priory Room	7.45pm	\forall
	Sun 27th	Open Gardens	All	Wed 15th	History Group		#5
	Mon 28th	Weekend	Day		Priory Room	7.30pm	115
		SEPTEMBER	-	Sun 19th	Tree Planting		\mathbb{R}^{4}
	Wed 13th	W.I. Garden Wile	dlife	Sun 26th	Wild Wood	10.00am 🕌	網》
		Priory Room	7.45pm		DECEMBER		115
>111	Wed 20th	History Group		Sat 2nd	Christmas Tree		
		Village Hall	7.30pm		St Mary's	4.00pm	13
		OCTOBER	-	Wed 13th	W.I. Christmas W		
	Wed 11th	W.I. Bomb Dispo	osal		Priory Room	7.45pm	11
		Priory Room	7.45pm		·	•	
	Wed 18th	History Group	-			M	NŠ
		Priory Room	7.30pm				到
		-					1

WALSHAM & DISTRICT W.I.

Garden Party at Partacre

Competition: A Vegetable Animal

Wednesday 9th August at 7.00pm

NEW MEMBERS ALWAYS WELCOME

Ladies are able to attend 2 meetings free of charge before joining.



THE MOBILE POST OFFICE

The Mobile Post Office will still be coming to the Village Hall Car Park on Thursday mornings

from 11:00am till Noon till further notice.



WALSHAM SPORTSCLUB EVENTS FOR AUGUST

Sunday Night Bingo

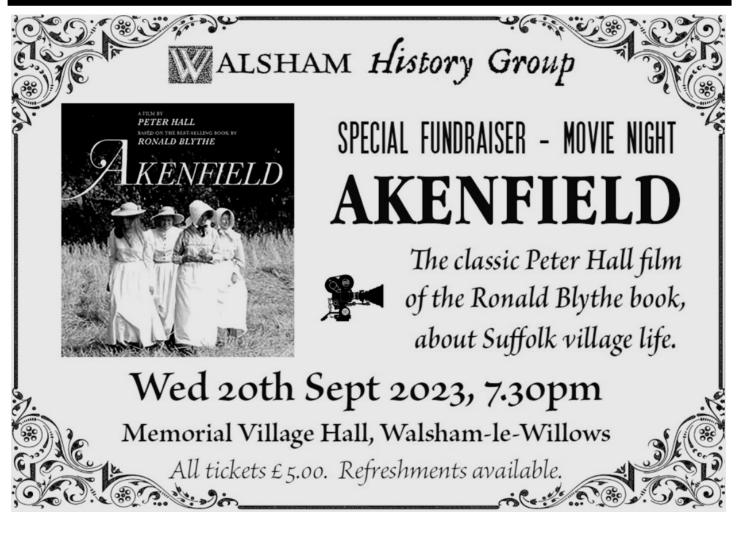
13th August 7pm start

Friday Night Is Music Night
Jo Manning 4th & 25th August 7.30pm start

Charity Trailer Gig

Featuring Rock Band 'Beautiful Dangerous' Saturday 19th August starting at 7pm see page 44 for further details

For further information phone Julian 07597340273







Oil Fired Pressure Jet Boiler Servicing & Plumbing



ANDY BACOS



07775 751303



andy.bacos@ntlworld.com



Andy's Oil Boiler Services





J W Amps Ltd



Offering service and repairs to all types and makes of garden machinery, ATV's, compact tractors etc.

Machinery bought and sold

Over 15 years experience - factory trained by Briggs & Stratton, Stihl, Westwood and Countax.

Collection and delivery service available.



Contact Simon Mobile 07974 430366



E-mail: simonamps@btinternet.com



WALSHAM-LE-WILLOWS PARISH COUNCIL MINUTES

of the meeting held on Wednesday 12th July 2023 commencing at 7.00 p.m. in the Memorial Hall.

[Pending formal approval, these minutes have been informally approved. Any further corrections will be proposed & minuted at the next meeting]

PRESENT: Cllrs. Bartholomew, Belson, Mecrow, Roberts, Tuck and J.Winch. **ALSO PRESENT:** District Cllr. Richard Winch. County Cllr. Fleming sent her apologies.

- 1. OPENING including Statement, if any
- 2. MEMBERS APOLOGIES None received.
- 3. DECLARATIONS of Pecuniary & Non-Pecuniary Interests, lobbying for planning matters on the agenda, and to consider dispensations No declarations received.
- 4. MINUTES To Receive and consider the minutes of the following meetings (as previously circulated)
 - Minutes of the meeting of 14th June 2023 were approved for signing as true and accurate record with one correction the reason for Cllr Mecrow's absence was due to business commitments rather than holiday.
 - Agreed actions from last meeting were reviewed and all had been actioned
- 5. REPORTS FOR INFORMATION & QUESTIONS to receive written reports & put questions:
 - District Councillor Winch received and no questions arising.
 - Report from County Councillor Fleming received and no questions arising.
- 6. PUBLIC FORUM
 - Two members of the public present. Ann Brooks, as observer. David Barker from Evolution the developer for planning application DC/23/01951.
- 7. PLANNING MATTERS
 - a) Matters relating to DC/22/2190/HYB Proposal Hybrid planning Location Land At Shepherds Grove Bury Road Stanton Suffolk (Jaynic and Equation proposals
 - · Cllr Winch suggested that planning needed to start now for wider public engagement on the Equation application once it is submitted rather than waiting for the application to be submitted.
 - · Cllrs Mecrow and Roberts attended the pre-application public consultation and reported as follows:
 - Ø The transport consultant (for the developer) volunteered that as a result of the Equation proposal estimates over a 24 hour period are for at least 4,000



M A Heating Services



* Oil, Gas and LPG boiler servicing, replacements and repairs

* Repairs to central heating system faults i.e. pumps, programmers and cylinders

* Servicing and repairs to Rayburn, Aga

Stanley and Esse

* Landlord's Certificates

Telephone: 01379 783427

Wickham Gate, High Street, Gislingham, Suffolk, IP23 8JD

The Óld Tea Room Veterinary Surgery 🦫

For a professional caring service

Tel: 01359 241761

Station Road, Elmswell, Bury St Edmunds, IP30 9HA

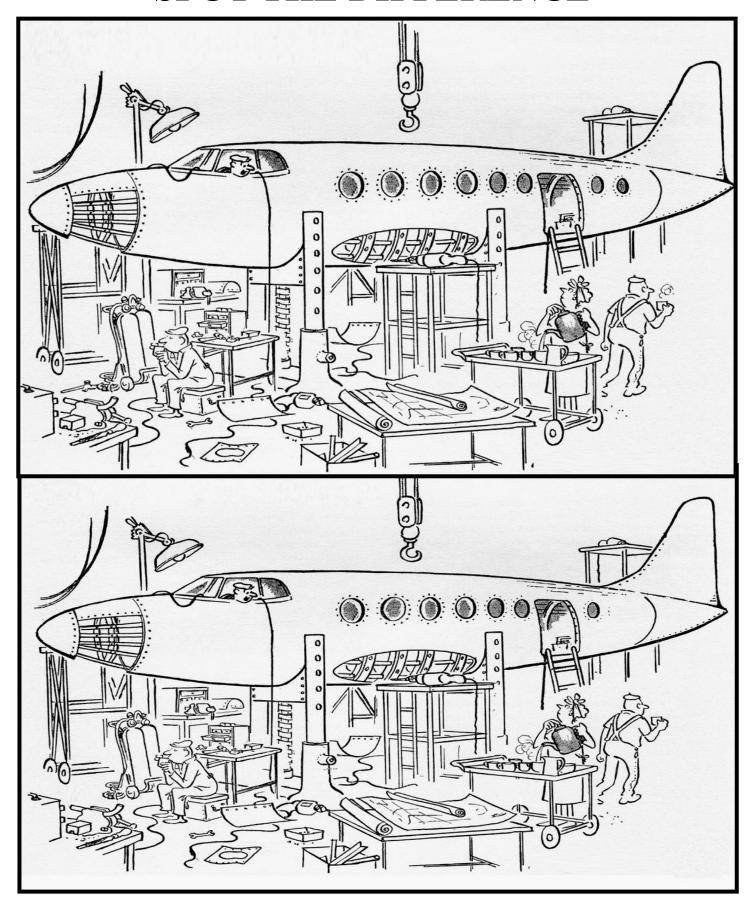


A member of Stowe Veterinary Group

www.stowevets.co.uk

- additional HGV traffic movements, mainly in the evening and morning periods, plus an additional estimated 1400 private vehicle movements by people travelling to and from work at the site. Two local businesses were concerned about the impact of additional A143 traffic movements on their own local businesses.
- Ø The transport consultant appeared to agree with the impacts of traffic movements on the A143.
- It was proposed that a pre-application brief is prepared for sending to Suffolk highways and that this is shared with other interested parishes, unanimously agreed. Cllr Mecrow will draft for circulation and Clerk to circulate.
- It was also proposed that at the appropriate time the Parish Council seek professional assistance with any response to a planning application, unanimously agreed.
- b) EN/23/00140 Land To The West Of The R&D Construction Depot, Summer Road, Walsham Le Willows (UDR) Cllr Mecrow had confirmed to Clerk that the material had been moved and the Clerk had advised MSDC Planning enforcement. Clerk to write to the landowner thanking him for his attention to this matter.
- c) APPLICATION FOR PLANNING PERMISSION DC/23/02819 Proposal: Planning Application. Replacement of old storage container for green equipment. Retention of existing container. Location: Walsham Le Willows Memorial Village Hall, The Street, Walsham Le Willows, IP313AA THE PARISH COUNCIL OBJECTED on the following grounds: The proposed development is in a conservation area and does not comply with the design code of the neighbourhood plan which is currently under examination. The plan shows retention of old container and additional larger container in bright blue and black Scale: the proposed development is too large.
- d) APPLICATION FOR PLANNING PERMISSION DC/23/02867 AND Related Listed Building consent DC/23/02868 Proposal: Full Planning Application Conversion of and extension to existing outbuilding to form residential annex. External alterations to existing garage to re-orientate the garage doors (re-submission of withdrawn application DC/22/05048). Location: The Beeches, Grove Road, Walsham Le Willows, Bury St Edmunds Suffolk IP31 3AD THE PARISH COUNCIL SUPPORTED THIS APPLICATION but suggest this is conditioned to stipulate that the property remains as a single property and that all parking associated with annexes was within the property boundaries.
- e) APPLICATION FOR PRIOR APPROVAL AGRICULTURAL TO DWELLING DC/23/02895 Proposal: Application to determine if Prior Approval is required for a proposed Change of Use of Agricultural Buildings to Dwellinghouses (C3) and for building operations reasonably necessary for conversion. Town and Country Planning (General Permitted Development) (England) Order 2015 as amended Schedule 2, Part 3, Class Q Conversion into 4No dwellinghouses. Location: Home Farm, West Street, Walsham Le Willows, IP31 3AP THE PARISH COUNCIL MADE NO COMMENT

SPOT THE DIFFERENCE

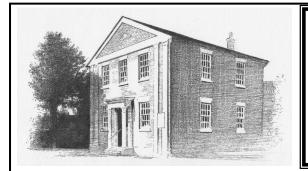


There are ten differences between these two pictures, see if you can find them all before tea break is over.

- f) APPLICATION FOR PLANNING PERMISSION DC/23/03018 Proposal: Householder Application Installation of woodburning stove. Location: 6 The Maltings, Wattisfield Road, Walsham Le Willows, Bury St Edmunds Suffolk IP31 3BD THE PARISH COUNCIL MADE NO COMMENT
- g) APPLICATION FOR LISTED BUILDING CONSENT DC/23/03093 AND Related Listed Building consent DC/23/03094 Proposal: Application for Listed Building Consent Remedial works and alterations. As detailed within the schedule of works. Location: Old Hall, Finningham Road, Walsham Le Willows, Bury St Edmunds Suffolk IP31 3BN THE PARISH COUNCIL SUPPORTED THIS APPLICATION
- h) APPLICATION FOR PLANNING PERMISSION DC/23/01951 Proposal: Full Planning Application Erection of 2No dwellings. Location: Land East Of Maltings, Palmer Street, Walsham Le Willows, IP31 3BZ THE PARISH COUNCIL OBJECTED TO THIS APPLICATION and reiterated the previous comment (see minutes 11th May 2023 ref: 11 c)
- 8. PLANNING OUTCOMES (decided by Mid Suffolk District Council, Planning Authority) for noting only None
- 9. NEIGHBOURHOOD PLAN to receive any comments from Parish Council representatives (Cllrs. Belson & Mecrow) and consider any matters arising
 - a) The Parish Council considered and received the suggestion from engaged consultants that a sum of £540-1080 gap funding is approved to allow work on the final stage of the Neighbourhood Plan to proceed pending outcome of access to further grant funding. A sum of £1080 was unanimously approved for this purpose.
- 10. PLAY AREA DEVELOPMENT to receive and consider any matters arising.
 - a) The Clerk reported that the post to the left hand of the two central gates had rotted and the gate was laying on the ground. Council decided that in light of the other remedial works required on the gates by the ROSPA report, that all three gates should be replaced. Clerk to obtain quotes for supply and installation.
 - b) Cllr Roberts will organise working party for 19th August at 10am for attention the remaining items of work that need doing.

11. MONEY

- a) The bank reconciliation for period ending 30th June 2023 was approval and signed.
- b) Accounts awaiting payment summary and invoices for payment were approved and signed. (Appendix 1).
- c) Pro forma for appointment of fourth bank signatory was signed by newly elected Cllr Tuck, and existing signatories. Clerk to submit.
- d) Cllr Roberts added his signature and initials to updated sample initials and signature pro forma.
- e) Corrected CIL expenditure report to 31/03/2023 was approved and signed by two members for resubmission to MSDC by Clerk.
- 12. PARISH COUNCIL OBJECTIVES 2023/24
 - The Parish Council decided to add the agreed annual objectives to the action log



Walsham Congregational Church

The Street, Walsham-le-Willows, Suffolk. IP31 3AZ Church Secretary (John Landymore) 01359 - 258986

We are open for worship each Sunday at 11.00 & 6.30 so why not come along? Please be assured of a warm welcome; it would be lovely to see you.

<u>A Scrap of Newspaper</u> Thomas Spurgeon was the son of the famous Charles Haddon-Spurgeon, pastor of the Metropolitan Tabernacle in London. Whilst on a preaching tour of Australia and New Zealand, Thomas had cause to write home to his father with some very good news. In those days, in many newspapers, a weekly sermon was printed and, when in Melbourne, Thomas had come to hear the account of a man who had come to know God's Salvation by reading one of his father's sermons that had been printed in a local paper.

The man in question had found a scrap of newspaper lying on the floor of an old hut, and having nothing else to read, he sat down and read the sermon that was printed upon that discarded page. The title was, 'Loving Advice for Anxious Seekers', a message based upon the words of Lamentations 3:25, "The LORD is good unto them that wait for him, to the soul that seeketh him". As he read the sermon, the man was taught the way of salvation and he sought the Lord in prayer for mercy and forgiveness of all his sin.

That seemingly ordinary, insignificant scrap of newsprint was precious to the man until the very end of his life; it reminded him of the message that had led him to the Saviour. In hospital, just before he died, he gave the treasured page to a Christian worker who in turn gave it to Thomas Spurgeon and relayed the story. It was then that Thomas wrote to his father to tell him the wonderful news of that man's conversion: what an encouragement that must have been to that faithful servant of God. It is surely also the desire of every true Christian to hear the wonderful news of those who have been brought to find God's Salvation, of those that have been converted to Christ and "passed from death unto life" (John 5:24).

Of course, it was not by chance that the man found and read that printed page: God is Sovereign, and therefore orders all the affairs of the whole of his creation, the world and its inhabitants. So, if you find yourself in the presence of God's Word, it is by the gracious providence of Almighty God, he has given you the opportunity to hear his voice! There may be an un-read Bible upon the bookshelf; maybe just a few verses in your hand, such as upon this very page; a single verse displayed on a church wall; it may even be the televised coverage of such as the late Queen's funeral or the Kings coronation where the Bible was publicly read: all are divinely appointed opportunities to hear — will you accept or reject what God has to say? All of the Bible speaks of the Saviour, the Lord Jesus Christ: pray that you may find him in the pages of Scripture. The apostle Peter, when speaking to Jesus, made this insightful statement: "Lord, to whom shall we go? Thou hast the words of eternal life." (John 6:68)

The kingdom of God is at hand: repent and believe the gospel. (Mark 1:15)

from where they would be considered at each meeting. Clerk to action.

13. CLERK & COUNCILLOR REPORTS

- a) Action log was reviewed for any matters of concern/note. None.
- b) Clerk asked councillors about position with regard to employment of a grass cutter for the closed churchyard. Was decided that Clerk should pursue first enquiry received about this role having checked the position on grant funding which determines the pay to be offered.
- c) Council considered correspondence from Gardens Weekend Committee proposing a 'no mow' May/June for the closed churchyard. The balance of feedback received by Council about the recently more natural state of the churchyard due to resignation of previous contractor, was that most people favoured regular cutting.
- d) Correspondence from Communities Together re identifying Digital Champion Volunteer(s) (circulated 06/07/2023) was considered. Council had nothing to say on this.
- e) Council considered correspondence re second non-statutory consultation on Norwich to Tilbury (formerly known as East Anglia GREEN) and decided that this second iteration of the project did not impact on Walsham so no response was needed.
- f) To consider and receive any other matters of concern/note for next agenda. None.
- g) Next Meeting 9th August 2023 7pm Memorial Hall.

14. Meeting Closed 20:58

APPENDIX 1 Payments for Authorisation JULY 2023

#	Payments OUT	Amount	Description
1	PortalPlanQuest	58.50	Planning application fee for new PC shed
2	Nicholas Copeman	300.00	Payment agreed for purchase of second hand leaf sweeper (14/06/2023 minute ref: 13 e).
3	St Mary's PCC	7,500.00	CIL grant for work on Priory Room
4	Memorial Hall	25.00	Hall hire PC meeting 14/06/2023
5	Suffolk Assn. of Local Councils	452.40	Annual Internal Audit
6	CGM	264.00	Grass cutting - Play Area x 2 and Stream Verges x 2
7	Parish Council Employee	420.17	Wages
#	Payments IN & Other Payments/Transfers - NONE	Amount	Description

IS YOUR COMPUTER GIVING YOU HEADACHES?

PC & Laptop Repair
Virus Removal
Diagnose Start up Problems
Replace Hard Drives
Replace Power Supplies (PC Only)
New Laptop Screens
New PC / Laptop setups

Honest - Reliable - Affordable Contact: Jim 01359 251946 07729 868669 email info@completesolutions-it.co.uk www.completesolutions-it.co.uk

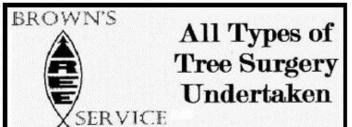


Sweep 'n' Clean

HETAS Registered
Wood Burning Stove Installers
Qualified Chimney Sweeps
Bird Cowls Fitted
Gutter Clearing
Driveway Power Washing
Fully Insured
FREE Site Survey



Email: contactus@sweepnclean.co.uk Web: www.sweepnclean.co.uk Office: 01359 232955



Thinning Reductions Deadwooding Felling Storm Damage

All types of hedges, shrubs and fruit trees pruned.

Seasoned logs and woodchip mulch delivered

For a Free Quote ring 01359 259149 Mobile 07881 816761

Chainsaw Certificate City & Guilds Qualified Public Liability Insurance



FROM ST MARY'S CHURCH

Each year upon the last day of August the Worldwide Christian Church celebrates the Feast Day of Saint Aidan, the 7th Century Bishop of Lindisfarne.

Lindisfarne, also known as Holy Island is one of the most important centres of early English Christianity. The ruins now visible are those of a 12th Century priory, which are a direct descent from the earlier monastery.

Lindisfarne is a tidal island off the Northeast coast of England, within the County of Northumberland. A small island, 3 miles by 1.5 miles, and cut off from the mainland much of every day by the sea; but when the water recedes the island is accessible by both vehicle as well as by foot. Its population is less than 200, and the island is today very much a place of religious retreat, owing to both its history and its natural solitude.

The monastery of Lindisfarne was founded in 634 AD by the Irish Monk St Aidan, who was sent there at the request of King Oswald, and Aidan remained there as Bishop until his death in 651. Aidan travelled widely around the surrounding countryside, converting the Anglo Saxons to Christianity.

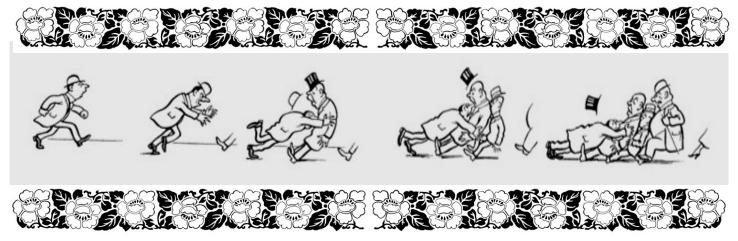
Some years later another famous Saint was to be appointed (translated) as bishop of Lindisfarne, Saint Cuthbert. Perhaps the most well- known of all the Northumbrian Saints. Legend has it that on the night of Aidan's death, although never having met Aidan, Cuthbert had a vision of Aidan entering Heaven. Cuthbert subsequently joined the monastic Orders, becoming the Prior at the Lindisfarne monastery before his translation as Bishop in the year 684. Cuthbert died in the year 687 AD and was buried at the monastery.

After the Danes ransacked the monastery in 875, the monks escaped with the body of Cuthbert, with many resting places over the ensuing years. Finally in 1104 his relics were translated to behind the altar of the newly built Durham Cathedral. At the time his casket was opened, and found inside was a small book of the Gospel of St John, now in the British Library, and the oldest Western book to have retained its original bookbinding, in finely decorated leather.

The Christian Church celebrates the Feast Day of St Cuthbert upon the 20th March each year, and Cuthbert is the Patron Saint of Northumberland.

Lindisfarne is an excellent place to visit for a day, or spend time in solitude, or use as a base for visiting Northumberland. But note that the times of the tide need to be observed as the island really is cut off from the mainland twice each day.

Rev Philip Merry



CHURCH SERVICES FOR AUGUST

6th August Transfiguration of Our Lord

11.00am Holy Communion Walsham

13th August 10th Sunday after Trinity

8.00am Holy Communion Walsham

9.30am Holy Communion Badwell Ash

20th August 11th Sunday after Trinity

9.30am Family Communion Langham

11.00am Songs of Praise Walsham

27th August 12th Sunday after Trinity

8.00am Holy Communion Walsham

3.00pm Evensong Westhorpe

3rd September 13th Sunday after Trinity

11.00am Holy Communion Finningham

11.00am Harvest Langham







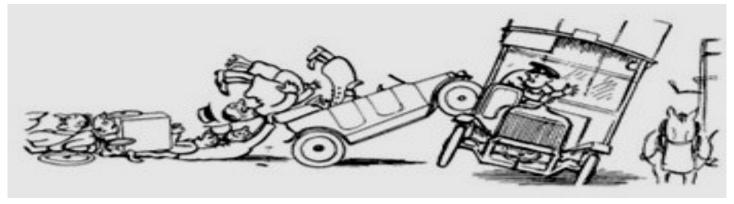
WILDLIFE IN AUGUST

Our gardens are packed with colour by now with different plants of all shapes and sizes, bringing in all sorts of insects and butterflies. You will also see eggs on the underside of the plants leaves. Many will discard these eggs thinking they have been laid by the Cabbage White Butterfly, but not all maybe as it seems. Our good gardeners friend the Ladybird lays eggs that look very similar, they are orange in colour, football shaped and are 1mm in length. The Female Ladybird can lay between 10-50 eggs daily and will lay them in either clusters or in rows, of normally 3-20 eggs a time, and usually where Aphids will gather. That is a lot of eggs for a small beetle. The eggs will take around 3-10 days to hatch depending on the temperature, after hatching the larvae will vary in shape and colour depending on which species it is. The seven spot Ladybird larvae are long, black and spiky looking with yellow to orange spots. Some people think that they resemble tiny alligators! The larvae have a ferocious appetite and can consume between 50-60 aphids per day, but if food supplies are short, they will start to cannibalise each other. The larval stage will last for about a month, and during this time they will go through 4 different moults, you may see them going through this on the top of plant leaves. After a month they will reach the pupating stage, where they will go on the underside of a leaf. The pupating stage will last for around 15 days and after which an adult Ladybird will emerge. They are able to start reproducing for the first time after several days of hatching, and many will reproduce more than once in a lifetime. Their lifespan however is a short one of only 1-2 years. Have you ever held a Ladybird and it has left a yellow liquid on your hand? This yellow liquid is called Haemolymph, which is the equivalent of insect blood. This is released from the leg joints. The liquid smells bad and is to deter predators. This process is called 'reflex bleeding'.

Now look up to the skies, and enjoy the sight of Swifts as this month is when they will start to leave the UK. The Swift is one of the last to arrive in the UK and is one of the first to leave. After breeding here in the warmer months they are now migrating South back to Africa. They can fly 500 miles in one day and our Swifts have a proven record of fastest flight at 63.3mph. After leaving the nest the young birds will stay on the wing for 3 years non stop. They can eat, mate and even sleep on the wing. An interesting fact about the Swift is that to snooze while in flight they sleep on one side of their brain and then switch to the other side! Amazing.

Our gardens may be now getting quieter with bird activity, with most breeding and rearing of young being completed once again. It is still a good idea to keep those bird feeders full to see who you can encourage and more importantly to leave water out, not just for the birds but all wildlife, particularly in hot or dry weather.

Angie Bennington



Oil Fired Pressure Jet Boiler Servicing & Plumbing



ANDY BACOS



07775 751303



andy.bacos@ntlworld.com



Andy's Oil Boiler Services





J W Amps Ltd



Offering service and repairs to all types and makes of garden machinery, ATV's, compact tractors etc.

Machinery bought and sold

Over 15 years experience - factory trained by Briggs & Stratton, Stihl, Westwood and Countax.

Collection and delivery service available.



Contact Simon Mobile 07974 430366



E-mail: simonamps@btinternet.com

GREEN DILEMMAS

The People's Plan for Nature

If you are interested in environmental issues, it's hard to know how to keep up with the mass of information that is available. If you are only going to read one thing this year then you should consider reading the People's Plan for Nature. This report has been drawn up by a hundred ordinary citizens of the UK.

The People's Plan for Nature is part of the Save Our Wild Isles Project which is a partnership between the WWF, the RSPB and the National Trust. A major TV series narrated by David Attenborough was broadcast in early 2023. The concept behind the People's Plan for Nature is based on the idea of citizens assemblies: if you get a representative group of citizens together (in this case 100), provide them with the necessary knowledge and facilitate debate, you will get good decisions that represent the views of the community.

The People's Plan for Nature has 26 Calls to Action which are the most urgent and influential actions that need to be taken now to protect and restore nature. These actions cover generic issues such as policy making and the use of evidence as well as areas like marine protection, waterways management, farming, food production and consumption and local access to nature.

Most of the Calls to Action are directed towards the Government as they have the power to drive political, regulatory and legislative change. A few Calls to Action are directed specifically to local government, charities, businesses or farmers.

Here are a few examples of the Calls for Action:

- All commercial and policy decisions should take into account the impacts on nature. This would mean National Governments, Local Government, Food Businesses & Charities and NGOs should build an 'Impact on Nature Assessment' into their tendering and procurement processes, with scores allocated based on how well nature is valued and protected by the applicant.
- The current subsidy arrangements for farming should be completely overhauled to provide incentives to farmers who farm sustainably and commit to rewilding land which is non-productive, whilst penalising those who harm the environment by not farming sustainably
- Finally, here is one to really think about. There needs to be a national conversation across the UK to explore, advise and encourage people on the need to change their diet. This would educate people on the impact of our food choices on nature and our health. Ultimately, the aim would be for the majority of people to significantly change their diet to a more plant based diet and to reduce meat, dairy and fish consumption by at least 25% by 2030.

No one is going to agree with every Call To Action but the People's Plan for Nature shows when you present the evidence to a random group of citizens they are clear we need to move bolder and faster to restore nature.

(peoplesplanfornature.org)

Richard Winch

Graeme Green Electrical Services Ltd

A local Electrician, qualified with 20 years experience.

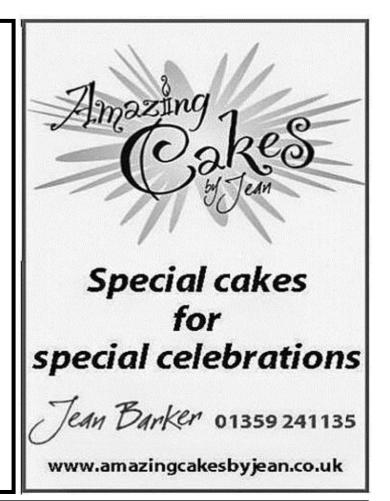
Offering a friendly and reliable service.

Residential and Commercial. Fully Insured.

Available for all of your jobs large or small.

For a free quote call or email Graeme.

Email: graemegreenelectrical@gmail.com Call: 07950 335966



TONY FISHER PLUMBING & PROPERTY MAINTENANCE

24Hr Emergency Callout Burst, Leaks, Blockage, etc Bathroom/shower installation Tanks/cylinders/radiators Tiling floors/ walls Painting & Decorating General DIY jobs Garden maintenance

Tel: 01359 242556 Mobile 07758 327743 Reliable & friendly service



GARDEN POEMS

DEBUTANTES

Side by side they stand tall and graceful, bright with youthful innocence under the morning sun, their dress, in shades of cream and pink riffling, ruffling in a freshening breeze, bodies gently swaying, this way, that, looking, craning you would think to see the distinguished visitors arrive to comment on the sight, appraise these individuals in the frame, the array of dressy colours on display. But none appear.

So, all alone in their bright attire with only the gardener who will admire and holding their heads a little higher the hollyhocks regard each other.

THE GARDEN WASN'T A GARDEN

The garden wasn't a garden, It was a castle tall, The trees were mighty turrets, Ramparts, the garden wall.

The breeze was the lone piper Playing a wild song, And Freddie was the Black Knight The afternoon long.

Then dark came to the castle Around the piper's head, And Mother carried the Black Knight, And put him safe to bed.

Anette Wynne

Rob Barber





















THE DESERTED GARDEN

There is a garden in our square And householders can have the key, On payment of an annual fee; Yet no one enters there!

From August till the first of May, The garden is an empty place; No puppy-dogs their tail may chase, No children romp and play!

Here faithful pug or Pekinese With chain and collar must be led, Lest he disturb some flowerbed That no one ever sees!

Here ragged urchins from the street Peer through the bars with wistful eyes On deserted Paradise, Untrod by children's feet! Some day, I know, with guilty grin, The garden gate I shall unlock, Collect this squalid little flock And lead them gaily in!

And, 'spite of by-laws and decrees, Poor Ponto's collar I'll detach, And let him run about and scratch, And scamper at his ease!

What matter then that neighbours glare At happy dog or grubby boys, If somebody at last enjoys The garden in our square?

Harry Graham













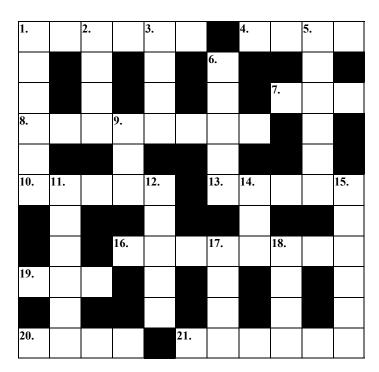








WALSHAM OBSERVER CROSSWORD



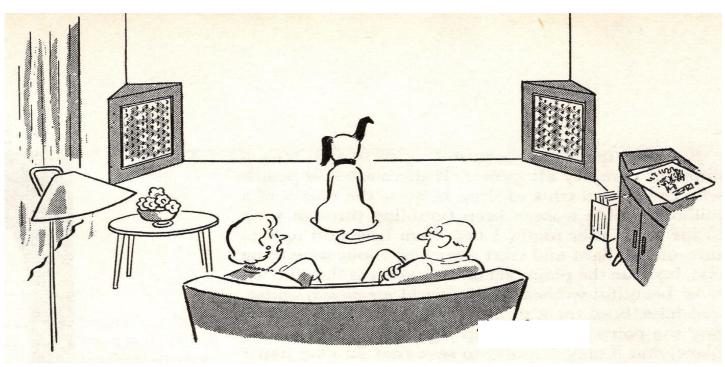
ACROSS

- 1. Possess after won't for a short time. (6)
- **4.** Hard leaders keep us quiet. (4)
- 7. The firefighter was filled with anger. (3)
- 8. Pleased and relieved to have found it. (8)

- **10.** Some prams are designed for such slopes. (5)
- 13. Such an event for a play. (5)
- **16.** My grandfather sounds like an ursine group. (8)
- 19. Is he just a man mountain? (3)
- **20.** Maintain a stronghold. (4)
- **21.** Is purity pursued? (6)

DOWN

- 1. Would a gambler hope to improve? (6)
- 2. She is found in Los Angeles. (4)
- 3. He might pinch a cut. (4)
- **5.** Change a flower for the teacher. (6)
- **6.** Repeatedly hit the currency. (5)
- 9. Pin back for a quick bight. (3)
- 11. Claim to be a French father on current form. (6)
- 12. Push South near Brighton. (5)
- **14.** Seems like Adam had one to spare. (3)
- 15. It's a second class route overseas. (6)
- 17. Such an ache can be cured in every one. (4)
- 18. Listeners in fearsome surroundings. (4)



One of the speakers must be broken!

THE ADVENTURE OF BAKER'S HIP

There are some known and well-understood principles at Walsham Le Willows Cricket Club; a lot of them focus on the established etiquette of how to play the game fairly and in the right spirit; balancing the demands of a competitive game with ensuring that everyone enjoys themselves. However, top of that honourable list, one that is passed from generation to generation in that sub-conscious manner of animalistic behaviour is this – never, despite how tempting it may be, call Baker through for a quick single. As a corollary to this, if you have committed the sin, do not compound it with running a second on an overthrow. No words are spoken, they needn't be, the transgression has been noted.

At the heart of the matter is a hip, Baker's hip. It's meteorological bellwether, a proving ground for purveyors of medical embrocation and, for those in the Sunday XI, a totem of hope for another season from its owner. That is why it must be protected from exertion.

The mixed bag of the Sunday season has taken a positive turn in July, with a close, if controversial, run-chase at Newmarket falling just short. A reversal against Brettenham Park later in the month, with Forbes avenging a heavy defeat, with a game-defining 105*, backed by incisive swing bowling from Tom 'Ridders' Ridding. Suddenly, survival in Division 4 looks a feasible outcome for the season.

On Saturday, the 1st XI have put a run together, winning at home against Lakenheath, Nacton and Sudbury, before a washout away to Tuddenham. Bryant, Scarce and Smithers scoring runs; Waugh, Moulton and Rothon taking wickets. The 2nd XI have mirrored the July successes with wins against local rivals Bardwell, and away to Mildenhall. Luke Ridding's boundary-laden 105 at Bardwell was the decisive contribution. As July eases into August both sides have aspiration of top three finishes.

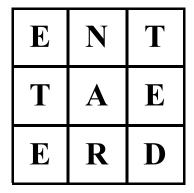
The Junior teams have been led by the standout success of the Under 13s – who going into their final match against Bardwell, remain undefeated. Having secured the league title with games to spare, the finale promises to be a showcase of the future talent in the Club.

The Under 17s, freed from the intellectual challenges of exams have returned to action and the Under 11s have struggled with the weather affecting their games.

Perhaps, after all, Baker's hip might be rested if the youth keep going...

James French

SEARCHING FOR WORDS



Starting with any letter and moving horizontally, vertically or diagonally, see how many words of three letters or more you can find, using each letter only once in each word.

There should be one nine letter word which might have had you begging.

Get 50 words and you are doing well.



SPORTS CLUB REPORT

Football

Walsham first team lost their first pre season friendly 3 -2 to higher League side Stowmarket Town with the last kick of the game but won their next two matches 2-0 away to Stanway Pegasus and 2-1 at home to Framlingham Town. Home fixtures in August.

Tue 1st v Mulbarton League 7.45pm Tue 22nd v Lakenheath League 7.45pm

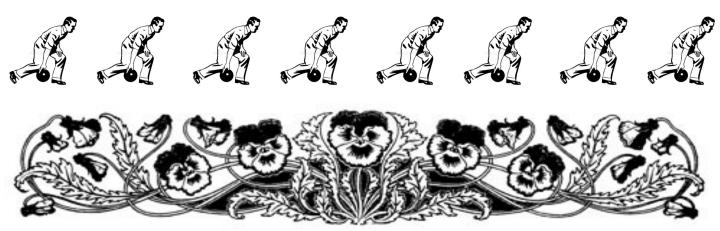
Thur 24th v Histon under 18s 7.45pm Fri 25th v Dereham Town. F A Vase. 7.45pm



Bowls

Fixtures for August Tue 1st v Haughley C 2pm Wed 2nd v Thornham Magna 6.30pm Mon 7th v Rookery 6.30pm Wed 9th v Bildeston 6.30pm

Thur10th v GW Staniforth 6.45pm Tue15th v Needham Market C 2pm Thur 31st v West Row 6pm



WALSHAM OBSERVER SU-DOKU

6	3	5			4		
	9					8	7
8			6				
				3			2
	2		8	7		3	
3			4				
				2			1
4	8					2	
		1			5	9	8

For the uninitiated, the rules of Sudoku are very simple.

Each row, column and large square must contain the numbers 1 to 9 inclusive.

It's as simple as that, but you must apply logic to find which number goes where.

So, beginner or expert, happy hunting!

REGULAR

MONDAY

Community Lunch Village Hall 2nd Monday 12:45pm

Walking Football Sports Club 8:00pm till 9:00pm

TUESDAY

Walking Netball Sports Club 10:00am till 11:00am

Pilates Class Village Hall •

1:30pm till 2:30pm

Walking Football Sports Club 2:00pm till 3:00pm

WEDNESDAY

Pilates Classes Village Hall

9:15am till 10:15am

Yoga Sports Club

10:00am till 11:30am

Positive Steps Sports Club

11:30am till 12:30pm

Wednesday Wanders Sports Club

11:30am till 12:30pm

Carpet Bowls Sports Club

2:30pm till 4:00pm

WI Meeting Priory Room 7:45pm Second Wed of the Month

EVENTS

THURSDAY

Coffee Shop Village Hall 10:30am till Noon

Post Office Van Village Hall

11:00am till Noon

Yoga Sports Club

1:15 pm till 2:15pm

Walking Football Sports Club

2:00pm till 3:00pm

Pétanque Sports Club

2.00pm till Bouled Out

Walking Netball Sports Club

6:00pm till 7::00pm

Community Yoga Priory Room

7:15 pm till 9:15pm

FRIDAY

C & A Coffee Shop Village Hall

9.00am till 11.00am

Cardio Tennis Sports Club

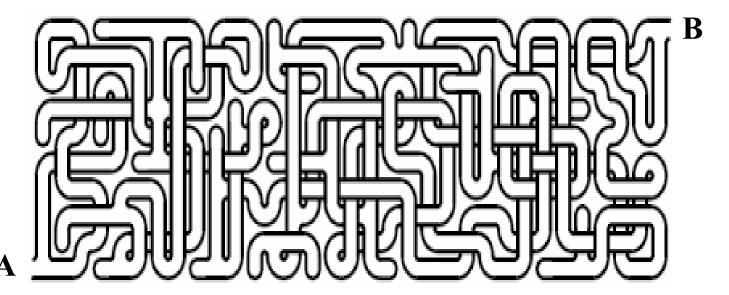
12noon till 1:00pm

SATURDAY

Pop-up Shop Village Hall Last Saturday in the month

SUNDAY

A TO B



ALL THE ANSWERS

Page Bottom Quiz

- 1. Edward Lear. 2. Saturn. 3. Epsilon. 4. He made them adhesive. 5. The Jumblies.
- 6. Hymn singing. 7. The Greek gods. 8. The M4. 9. Charlie Brown. 10. France.
- 11. Thomas Hardy. 12. Beep Beep. 13. A Fish. 14. Annie Oakley. 15. Juke box.
- 16. The Diners Club. 17. Moby Dick. 18. Plato. 19. Northumberland. 20. Crewe.
- 21. Penzance. 22. Two. 23. Confucius. 24. Cuba. 25. Arthur Miller. 26. Pain.
- 27. Bangladesh. 28. Prince Charles. 29. The Devil. 30. Latin. 31. Italian.
- 32. Sir Donald Bradman. 33. Green. 34. Suffolk. 35. Television. 36. Very quickly.
- 37. A small antelope. 38. Helen of Troy. 39. Gloucestershire. 40. The quail.
- 41. The turkey. 42. Marie Antoinette. 43. Latin. 44. The pipes. 45. Pickwick apers.
- 46. Ken Dodd. 47. The Plymouth Brethren. 48. Wiltshire. 49. Four. 50. The ostrich

Sudoku

6	3	5	2	7	8	4	1	9
1	9	2	5	3	4	6	8	7
8	4	7	6	1	9	2	5	3
7	1	4	9	5	3	8	6	2
5	2	9	8	6	7	1	3	4
3	6	8	4	2	1	9	7	5
9	5	6	7	8	2	3	4	1
4	8	3	1	9	5	7	2	6
2	7	1	3	4	6	5	9	8

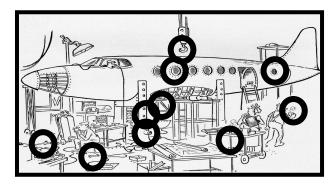
Crossword

В	E	L	0	N	G		Н	U	S	Н
E		I		I		P			T	
T		S		C		0		U	R	N
T	Н	A	N	K	F	U	L		E	
E			I			N			A	
R	A	M	P	S		D	R	A	M	A
	M			Н			I			В
	P		F	0	R	E	В	E	A	R
В	E	N		V		A		A		o
	R			E		C		R		A
K	E	E	P		C	Н	A	S	E	D

More or Less

4	1	3	5	2
5	3	2	4	1
2	5	1	3	4
3	2	4	1	5
1	4	5	2	3

Spot the Difference



Searching for Words

Ant	Ante	Ardent	Are	Art
Ate	Dare	Dart	Date	Dear
Den	Dent	Derate	Drat	Ear
Eared	Eat	Eaten	Eater	Enter
Entered	Entreat	Eta	Near	Neared
Neat	Neater	Nerd	Net	Ran
Rant	Ranted	Rat	Rate	Rated
Read	Red	Ret	Tad	Tan
Tar	Tare	Tared	Tart	Tat
Tea	Tear	Teared	Teat	Ted
Tenet	Tent	Tented	Trade	Tread
Entroot	od (56)			

Entreated (56)

Community Council Secre	etary	Surgeries		
David Murray 01359-258646		Ixworth	01359-230252	
•		Stanton	01359-251192	
Police		Botesdale	01379-898295	
Suffolk Police	01473-613500	Woolpit	01359-240298	
Stowmarket	01473-383400			
		Parish Council Chair	01350 350070	
Neighbourhood Watch		Richard Belson	01359-258868	
wlmhw@gmail.com			richardbelson@	
David Murray	01359-258646	Parish Council Clerk	btinternet.com	
			parishclerk@ walsham-le-	
		Kevin Boardley	waisnam-ie- willows.org	
		District Councillor		
Anglian Water	00455 445445	Richard Winch	01359-251760	
Emergencies (24hr)	08457-145145		07771-703668	
Accounts	0800-919155	County Councillor		
Eastown Elastwisitz	0800-7838838	Mrs Jessica Flemming	01449-711065	
Eastern Electricity	0000-7000000			
British Telecom		Suffolk County Council	03456-066067	
Customer Service	150	Member of Parliament		
Line Faults	151	Jo Churchill	0207-2198487	

VILLAGE ORGANISATION CONTACTS

Allotments Group Mel Wasley / Debbie Watson walshamallotments@gmail.com

walshamallotments@gmail.com pippabaxter2@g

History Group Community
Frances Jenner 01359-259242 Julia Dunnicliffe 07

Horticultural Show Debbie Watson 01359 259686 debbiewatson2916@gmail.com

frances.jenner@hotmail.com

Sports Club Mike Powles 07379089890 mike.powles@btconnect.com

Walsham Wild Wood Lorna MacKinnon 01359 259140 mackinnonlorna@gmail.com Pippa Baxter 01449781757 pippabaxter2@gmail.com

Women's Institute

Community Yoga Julia Dunnicliffe 07980 476 140 dunnicliffej@hotmail.com.

