WALSHAM OBSERVER

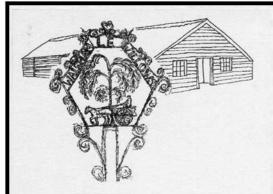
Eastern Angles

Medieval Miracles

Friday 31st March
See page 43

for details





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Memorial Village Hall

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Automated External DEFfibrillator (AED)

Located in the refurbished red telephone kiosk outside the Memorial Hall this AED has been registered with the East of England **Ambulance** Service and can digital accessed via a keypad. The access code can be obtained by simply dialling 999 and asking the Ambulance Service. For reference purposes the location postcode is IP31 3AA.



THE WALSHAM OBSERVER

APRIL 2023 No 649

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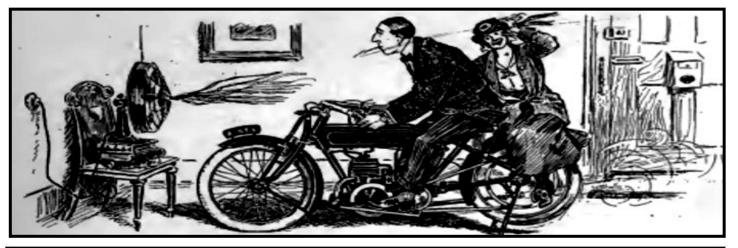
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CONTENTS

2	Help Keep Footpaths Open	21
3	Diary of Events	23
5	Parish Council Minutes	27
5	Notice of Election	32
7	From St Mary's	33
9	April Church Services	34
9	Wildlife in April	35
11	Times They're a Changing	37
11	More or Less	37
13	Sports Club Report	39
13	Observer Crossword	39
15	More Recipes	41
17	Congregational Church	42
17	Spot the Difference	43
19	Two Poems	45
19	All The Answers	47
	5 5 7 9 9 11 11 13 13 15 17 17	Diary of Events Parish Council Minutes Notice of Election From St Mary's April Church Services Wildlife in April Times They're a Changing More or Less Sports Club Report Observer Crossword More Recipes Congregational Church Spot the Difference Two Poems



WHEN WALKING IN THE VILLAGE



Please take the 2 meter distancing rules seriously. This protects everyone. It is a simple and very much appreciated courtesy and no one will take offence.

If you pass people with children, or elderly people who may not be as agile, please give some thought to how much easier it may be for you to cross the road to maintain a social distance of at least 2 metres from them.

EDITORIAL

Thank goodness for a bit of rain. Hopefully by the time you get to read this there will have been somewhat more. Let's hope that we have a better rain year than last so that Gardens Weekend can be looked forward to with more hope. With Gardens Weekend in mind there is a **Craft & Plant Fair at Wyken on Sunday 23rd April** where a few items might be attractive for your garden.

Somewhat nearer to home there is still time to get your tickets for Eastern Angles' production of Medieval Miracles on Friday 31st March. Details appear on page 43.

Reports back suggest that the **History Group's** latest meeting with Pip Wright's talk on The Suffolk Gypsy was well received, as hopefully will be their next talk on **Queen Victoria by Georgette Vale on Wednesday 19th April**.

Further entertainment, earlier in the month, comes in the form of another of the 'occasional' recitals in **St Mary's** when **The Abingdon Trio** will be performing a varied programme on **Wednesday 5th April**. The recital begins at 12.15pm. There will be refreshments and a 'retiring' collection.

Saint George's Day (Sunday 23rd April) is being celebrated this year with a Walk, organised by the History Group. See page 11 for details. Later in the day there is a St George's Day Quiz, organised by the Sports Club. See page 26 for details. Do make sure you find out where St George came from; it's bound to be one of the questions and the answer is not Britain!!

Whilst mentioning the **Sports Club**, it would appear that the ascents in the Hot Air Balloon during the **Family Fun Day** on **Sunday 7th May** are getting snapped up. Do have a look at page 15 if you want to get a chance of viewing your village from on high. It's a chance too good to miss, since trips up the church tower during Gardens Weekend are now a thing of the past.

Having begun this editorial on, possibly, an unpopular note I will risk your ire when mentioning that the drier than normal winter, as well as Avian Flu, has had a bad effect on the bird populations and to ask you all to give them every chance of recovering, even if only slightly year-on-year.

There are a number of ways in which we can contribute to 'easing' our way through the Global Crisis and helping to maintain bio-diversity is just one.



Alfred: Have you heard that voting is going to

become a little more difficult?

Percival: Yes; I received a letter the other day. I will

need to have **Photo ID**, whatever that is!!

Alfred: A passport, driving licence or bus pass; as

long as it has a photo of yourself on it.

Percival: It also said something about a

QR Code, whatever that is!

Alfred: Look behind you and you will see one, but you will need one

of those new mobile phones and an App, whatever that is!!





NEIGHBOURHOOD WATCH

NEWS



2023 Biker Down training courses.

As bikers tend to ride in groups or pairs, it is usually the case that when one is involved in an incident, the first person on the scene will be a fellow biker.

Biker Down is a **free** awareness-raising course for bikers, created by Kent Fire and Rescue Service, and consists of 3 modules:

• Incident scene management

A presentation about on-scene management and personal safety for bikers discovering a crash involving a fellow biker.

Casualty care

Instructors from the FireBike team with motorcycle first aid specific expertise cover trauma and mechanism of injury, including snatch rescues, basic life support, CPR, managing spinal injuries and crash helmet removal.

• The science of being seen

Instruction and advice from the FireBike team on being conspicuous. As well as discussing phenomena such as **motion camouflage** and **looming**, including tips on what you can do to be seen, without the need to cover yourself in luminous yellow.

This course is offered to all bikers, of all standards and experience.

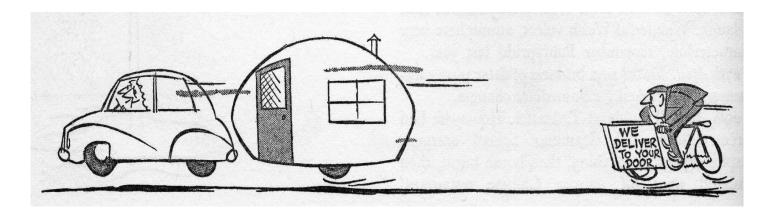
For updates on courses, please check Facebook @bikerdownsuffolk or Twitter @bikerdownsuff. Currently scheduled to be at Bury St Edmunds fire station on 11th April and 23rd September and Ipswich fire station on 20th May and 15th August.

Please email fire.businesssupport@suffolk.gov.uk or call 01473 260588 if you've any questions.

Police are looking for the owners of a number of items including jewellery, coins and pocket watches that were found in a field in Badley near Needham Market on 17th February. The items can be viewed on the Suffolk Constabulary website news page, dated 8th March.

Police are appealing for information after a catalytic converter was stolen from a car parked in Nethergate Street, Hopton sometime between 6pm Monday 6th & 9am Tuesday 7th March. If you have any information about this theft, please contact Suffolk police quoting crime reference 37/13910/23

David Murray





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VILLAGE HALL UPDATE

Firstly, a thank to all those who gave their time to help make the Village quiz night the great success that it was. Gordon Ross for doing the honours this year, setting the questions and for being the quiz-master for the evening, those that helped with the scoring, the setting up and clearing away, the bar staff, the ever-popular raffle and the food fairies who helped with the interval food and of course all of you who came along with your teams. Thank you all for making the Village quiz night so much fun, filled with laughter and groans, without your help and support, nights like these would not be able to take place.

We can confirm as mentioned in last month's Observer an April visit at the coffee shop, from an Officer from the Suffolk Constabulary Rural and Wildlife team. They will be coming along during the Thursday coffee shop on the 16th. Why not pop in, have a slice of cake, cup of tea or coffee or maybe a bowl of homemade soup and get an answer to your questions relating to everything from allotment crime and simple steps you can take to reduce the risks, to questions about protecting wildlife.

The Community Council Committee and Trustees would like to say a huge thank you to Ian Campbell who has stepped down from the committee and as a Trustee. I won't mention the number of years he has been part of the Committee and a Trustee or the long list of the ways he has helped the Village Hall, other than to say that over the years each Committee he has been a member of, has been very grateful for his insights, knowledge, guidance, commitment and hard work. I as Chair am very grateful for the belief he had in me at the start of my role. Thank you Ian from us all.

Amanda Ellis





COMMUNITY LUNCH



April this month and we celebrate Easter.

The Memorial Village Hall will be open from 12.30pm on Monday 17th April 2023. Lunch will be Spanish Lamb slow braised with peppers, sherry and honey, with mashed potato & broccoli served at 12.45pm - 1pm, followed by Lemon meringue pie. Tea and coffee will follow.

We look forward to seeing you there.

Please book a place, at £7.50, with Shirley on 01359 258532 by 5pm on Thursday 13th April 2023.

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WALSHAM –LE-WILLOWS CEVC PRIMARY SCHOOL

We completed last half term with a Languages Day where each class discovered the food, language and culture of Mexico, Spain, Jamaica, Italy and France. The children were all immersed in speaking different languages, trying out different foods, exploring artwork from their country and learning different dances and songs. This term we have had our science week where we welcomed 'Science Boffin Paul' to show us lots of different experiments and the science behind them; the children made their own ice cream and slime. We also had Mr Evans (a parent) to talk to all the children about electricity, where it is found and test the electrical conduct of materials.

The children in Caterpillar's are exploring the topic of 'What's That Sound?' and will be looking at how sounds are made. They will be exploring senses in science, length, mass and height in maths. In English they are looking at different stories to do with sound such as Peace at Last.

The topic in Ladybird Class is 'Splendid Skies' and are looking at poetry and non-chronological reports about the weather. They are continuing with division and place value in maths. They are looking at historical figures in history and finding out who Sir Frances Beaufort was.

Dragonfly Class are looking at potions in their topic work and are using Romeo and Juliet as their class text in English. In DT they will be designing their own potions bottles. In maths they are exploring volume and capacity and fractions.

In science, Grasshopper class are exploring living things and habitats and looking at fractions and decimals in maths. As part of their geography learning they are contrasting locations and looking at comic strips in English.

The children in Cricket class are focusing on ancient Greek civilisation and their influence and legacy on us today. Observational drawing and painting and 3D sculpture of different column types. In English they will be looking at narrative poetry and balanced arguments.

Our theme for Collective Worship for this new half term is Perseverance and Reverend Merry continues to visit us weekly and the children all look forward to seeing him.

If you wish to make an appointment to visit or would like more information about our school, please contact Mrs McGarr or Mrs Pascoe, on 01359 259319 or by e-mail admin@walsham-le-willows.suffolk.sch.uk We would love to hear from you!

Maxine McGarr





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CITIZENS ADVICE



I ordered a watch online for my partner's birthday. The company has since gone out of business. I keep phoning and emailing them but can't get through to anyone. If they don't send the watch, what should I do?

If the company has gone into administration, it may still be able to fulfil outstanding orders, but if the company is already in liquidation, you'll need to try to get your money back. If you're unsure about what state the company is in, the Citizens Advice website has information on how to find out.

As the company hasn't responded to your calls or emails, is there a shop or office you can visit or write to, to get an update on your order or request a refund? If that isn't possible, the next steps depend on whether it's a limited company (it will have ltd or plc after its title) or if it's a sole trader (someone who runs their own business) or partnership.

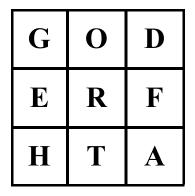
If it's a limited company, you'll need to get details of the administrator or receiver - the person dealing with settling the trader's debts. The names of those administrators will usually be on the website of the company that's gone bust. You should register your claim as a creditor on the GOV.UK website. Fill out the form with details of what you're owed and send it to the administrator dealing with the trader's debts. Unfortunately, there's only a small chance you'll receive any money back because you'll be last in a long list of creditors who need to be paid.

If you paid by credit card, you could also try getting your money back with a Section 75 claim to your card provider or bank. Full details about both these types of claims can be found on the Citizens Advice website. If the seller was a sole trader or partnership and not a limited company, pursuing a Section 75 is your best option.

Every case is different when traders go under, but you can call the Citizens Advice consumer helpline to find out exactly what your rights are on 0808 223 1133 or visit www.citizensadvice.org.uk/consumer

Citizens Advice Mid Suffolk can provide advice on issues including debt, employment, benefits and family law. You can contact them on 01449 676060 or use the contact format midsuffolkcab.org.uk/contact-us. More information and our opening hours can also be found at midsuffolkcab.org.uk/contact-us.

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STANTON AND DISTRICT BRANCH ROYAL BRITISH LEGION



Sadly member Barry Hillion passed away 28th February our sympathy and thoughts are with his family at this sad time.

Having just received the following information for the year 1st October 2021 to 30th September 2022 we learnt there were 152 requests for help from the Poppy Appeal funds in the county of Suffolk with a total payment of £116,783 39p.

Twelve requests were in post code IP31 as follows 5 crisis payments totalling £2317-26p. Four mobility payments totalling £8314-25p two housing payments £2191-96p, and one miscellaneous payment £655-50p totalling £13,478 -97p. As a result of these payments £21,000 has been transferred from the County Benevolent Fund to the National account.

The Legion is most grateful for the support given to the Poppy appeal each year and to the organisers and collectors that go out in all weathers to enable these requests to be met.

A meeting will be held on Wednesday 5th April at 8pm to commence planning this year's Festival of Remembrance to be held in November. In the past eight years the festival has raised £32,122-20p for the Poppy appeal. "C" Group will also be holding a meeting Wednesday 12th April at Market Weston Mill Inn at 8pm.

Our branch account at time of going to press was £1209-37p.

Our next meeting will be held Tuesday 11th April at the Cock Inn Stanton 8pm

Hubby Frost



SAINT GEORGE'S DAY SPRING WALK Sunday April 23rd

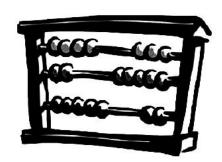
The Walsham Le Willows History Group is inviting you to join them on a spring walk around the parish. Come and enjoy the spring flowers, our beautiful surroundings, snippets of history and good company as we head out for a walk. We will be starting at the Memorial Village Hall at 10am and finishing at The Six Bells at about 12pm, where there is the option of joining us for a bowl of tasty, homemade soup (£3). Remember to wear suitable footwear and clothing, it could be wet and muddy underfoot. Dogs welcome. If you are interested in joining us, and especially if you would like some soup, please email Shirley Luscombe at **shirley65801@outlook.com** or Alison Martin at **alisonmartin01@zoho.com**, but latecomers are always welcome. Turn up and enjoy the walk.

Alison Martin



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WALSHAM LE WILLOWS AND DISTRICT WI



Mica from the Suffolk Fire and Rescue Service of Suffolk County Council braved some unpleasant weather travelling from Felixstowe to join us in the Priory Room and deliver an evening of advice that could be life saving. The testing and maintenance of smoke alarms was crucial we heard and help in the form of a free home safety check was a popular offer to which a number of members signed up. Mica's experience in the fire service illustrated how easily routine checks are forgotten or postponed with dire consequences. We were encouraged to have a safety escape plan in place should the worst happen and warned not to overload plug sockets. Registering your appliances on the AMDEA website will alert you to recalls or safety repairs needed. The check list to complete before you go to bed was full of good advice, like shutting doors at night which could delay the progress of fire giving time to escape. 50% of accidental fires start in the kitchen so Mica showed the correct way to smother a blaze with arms outstretched. A testing but light hearted guiz on a Fire Theme completed the evening. Next month's meeting will be frivolous by comparison with a Pot Luck Supper and a Beetle Drive! (But before then all are welcome to our W.I Quiz Night 24th March before then £5.00 p.p. ring Denise 01359 25806)

Jill Newell



WALSHAM LE WILLOWS PLAY PARK CELEBRATION

Free ice cream, a big playtime and family and friends meet up All welcome on Saturday April 22nd at 10:30-11:30

Our village play park has undergone a major upgrade with lots of new climbing and play equipment to keep all the children in the village active and happy. The Parish Council, led by Councillor Brian Kinnair, have organised the improvements and are pleased to invite you to this celebration event.

We will be unveiling a new sign designed by pupils from Walsham Primary School and providing free ice cream for children to celebrate this achievement and acknowledge the financial support we have received to make the project happen.

This follows our Spring working party day on March 18th to generally tidy up the older equipment and the site.

Please go to the village website for further pictures of the play park.

https://www.walsham-le-willows.org/explore/amenities/play-and-recreation-park/



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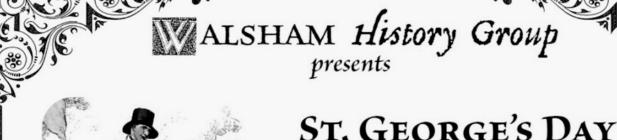
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Meet at the Six Bells. Dogs welcome.

Sunday 23rd April 2023 at 10.30pm

The Six Bells, Walsham-le-Willows.

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AN UPDATE FROM THE WILD WOOD



and

The Jubilee Wood Steering Group

Visitors to the Wild Wood will have seen that planting in the Jubilee Wood is well advanced with over 800 individual whips and their spiral protection set in the ground in the autumn of 2022 after we had seeded a large area with a grass and wild flower meadow mix provided by Mid Suffolk District Council. Things really got underway quickly after we secured the lease on the new land and the relatively mild winter has resulted in the whips being full of buds and the seed germinating so we look forward to the coming spring with keen anticipation. We had our first meeting of the year and agreed on some dates and some events that we hope will attract support and so please add the following Wild Wood events to your diaries if you can:

- Easter Egg Hunt 10.00am to mid-day on Saturday the 8th of April.
- **AGM** in the Story Telling Circle 7.00pm on Wednesday the 5th July.
- **Pizza Night** 5pm on Saturday the 15th July.
- Moth Count at a date and time to be agreed in August.
- A Bat Walk at a time to be agreed on the 9th September.
- Mowing and Raking event in September at a date and time to be agreed.
- Pumpkin Trail and Story Teller 4pm on Saturday the 28th of October.
- We will be **planting more whips and trees** in the Jubilee Wood in November at a date and time to be agreed.

We hope that this little calendar gives you some idea as to how the woods are contributing to life in Walsham as well as providing a haven for bio-diversity and a place to enjoy AND finally if there is an interest in sponsoring the planting of trees by way of a memory then please do make contact and we can get this underway when the next planting season comes around.

John Stebbing Secretary to the Steering Group 07831 325610 john@architectatwork.co.uk









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WALSHAM OPEN GARDENS UPDATE

You will have seen in the March OBSERVER that we have distributed the funds to St Mary's and to a number of local clubs and organisations and indeed we have had some lovely letters of thanks. We just wanted to share this one from Amelie in her role as eco representative of the Primary School and also a member of the Wild Wood and Jubilee Wood steering group. We think it shows very clearly why the weekend is so important and why the community involvement makes it such a success. The letter says:

Dear Walsham-le-Willows Open Gardens Committee

My name is Amelie, I am a pupil and Eco representative at Walsham Primary School. Also I am a member of the Wild Wood Steering Group and it is on behalf of them that I am writing to you.

Our group would like to thank you for the money you donated to us. It was very generous and we will spend it wisely. The Jubilee Wood will provide an important green space for generations to come. Therefore, it will be appreciated by the whole community.

The Open Gardens Weekend was a wonderful experience for me and my Mum last year because we opened our garden for the first time. We were given lots of tips on how improve our garden and also lots of compliments especially about my fairy garden which I designed with pollution in mind.

Thank you once again

Amelie





A DATE WITH QUEEN VICTORIA



Coming soon

With the coronation of King Charles III imminent, the history group has decided that a royal theme would be suitable for it's April talk. On the 19th April at 7.30pm in the Priory Room, our speaker Georgette Vale will take on the character of Queen Victoria. She will reminisce and reflect on events and changes that have occurred during her long reign. This will be followed by refreshments to celebrate the forthcoming coronation.

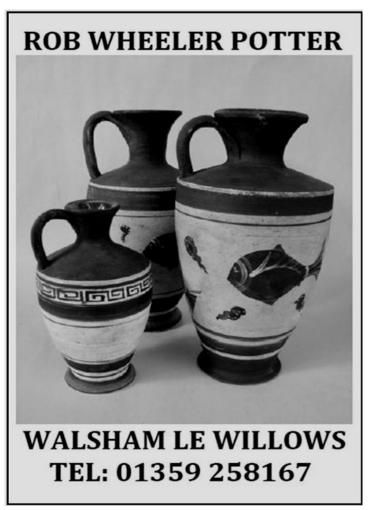
Sunday, 23rd April (St George's Day) also sees the return of our walks, which will be led by Alison Martin. Anybody can come on these walks, all are welcome especially children and dogs (on a lead please, the dogs that is!). Refreshments are available afterwards. Meet at the Six Bells at 10.30am.

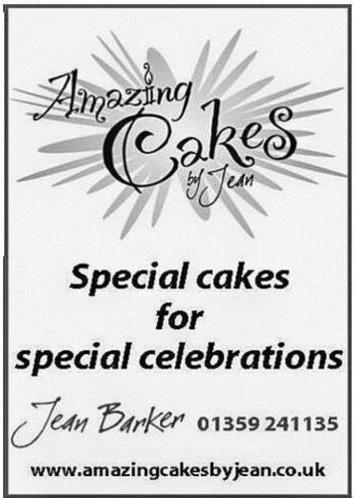
We look forward to seeing you at both events.

Please note that membership subscriptions (£10) are due at the April meeting.

Frances Jenner







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WALSHAM HISTORY GROUP

The Suffolk Gypsy The Story of John Heigham Steggle.

Wednesday 15th March saw the history group get back together after the winter break. We had a very good attendance, a chance to catch up with old friends, and it was wonderful to see lots of new faces joining us for the first time.

Pip Wright was our speaker, and he gave a very entertaining talk that held everyone's attention. John Heigham Steggle was a man who never stayed focused on anything for Born circa 1791, in Creeting St Mary, he moved to The Parsonage at Wyverstone where his father was the Rector. Aged seven he was sent to boarding school in Walsham le Willows, were the master Mr Edmund Rogers ruled with a rod and whip. John hated the school and ran away, thus starting a life of adventure and change. He joined a family of gypsies, was involved the accidental shooting of a gamekeeper in Norton and was imprisoned for a short time in Bury St Edmunds. Fortunately, the gamekeeper attested his injuries were the result of an accident, and he was released. Later he trained as a doctor but did not complete his apprenticeship. He then sailed the South Seas on a whaling ship, on the way home from the South Pacific although sailing on a merchant ship it went into action against the French as he was wounded by a splinter of wood that embedded in his thigh. This gave him the right to stay at home for three years with sick pay to recover. During this time, he attended Corpus Christie College, Cambridge with the object of entering the Church. He was ordained in 1814 and became the curate of Great Ashfield. To supplement a small income, he practised somewhat unsuccessfully as a surgeon in Rattlesden until he was sued by other doctors for not being properly qualified and malpractice, resulting in the amputation a of young girl's leg. He was ordered to pay £10 compensation; this would be around £600 today. After the case he retired from medicine and continued to minister to his congregation in Great Ashfield until his death in 1881.

John practised medicine in Rattlesden in an old cottage now partially derelict it is situated next to the Brewers Arms pub and during his tenure as the vicar in Great Ashfield, Lord Thurlow built him a house that still stands as a home today.

Jean Davies

WALSHAM OBSERVER SU-DOKU

	5						3	
		4		8	3			9
		7	6		5			4
		6			9		2	
		3				7		
	4		3			9		
4			5		6	8		
8			7	1		6		
	1						4	

For the uninitiated, the rules of Su-Doku are very simple.

Each row, column and large square must contain the numbers 1 to 9 inclusive.

It's as simple as that, but you must apply logic to find which number goes where.

So, beginner or expert, happy hunting!

5 FITNESS



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- Lewis 07740 185204
- Sam 07860 102306

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"All contributions gratefully received" says Ian Campbell (Treasurer)



HELP KEEP FOOTPATHS OPEN!



There are reports of a growing number of dog walkers letting their dogs off the lead on private farmland and on the permissive paths in the Wattisfield Road area. Please be aware these field edges are NOT public rights of way and you must stick to the designated permissive routes and keep your dog on a lead no longer than 2 metres between 1st March and 31st July, to protect ground-nesting birds. Why?

Birds such as skylarks whose numbers are in worrying decline are currently making their fragile nests on the ground, tucked away in long grass at field margins.

Dogs bounding off leads, or simply wandering along the field margins or exploring hedgerows, disturb wildlife and scare adult birds off nests. Birds will abandon nests and vulnerable chicks can quickly perish if they are left alone for too long. If your dog runs near a nest, the chances are the nest will be abandoned.

Farmers and land managers are working hard to try to reverse the decline in ground nesting bird species by leaving grass margins at the edges of fields and providing supplementary winter feeding. It's important to remember that most grassy margins at the edges of fields are not public footpaths or permissive paths and landowners are entitled to close access to all users at any time whether they are with dogs on leads or not.

If you see someone letting their dog off the lead during nesting season, either on a public footpath, permissive path or on the fields around our village, please remind them of their obligation to keep dogs on leads at all times from 1st March to 31st July. We want to keep permissive paths open for all in the village to enjoy and for birds to nest near too.

For more information on public footpaths and permissive paths in and around Walsham le Willows consult the village website.

For guidance on rights of way and bringing your dog onto farmland, it's useful to keep up to date with the countryside code.

https://www.gov.uk/government/publications/the-countryside-code

Sally Johnston



STANTON VILLAGE CINEMA presents



DOWNTON ABBEY

(A New Era) PG

at Stanton Community Centre
On Friday 14th April

Doors Open 6.45pm Film Starts at 7.30pm Tickets £5.00 (Under 17s £3.00 http://stanton.onesuffolk.net/villagecinema/



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The Priory Room

The Priory Room in Walsham is available to hire for private functions.

For bookings or further information, please contact: John Boulter 07908 010555 johnboulter@yahoo.com

DIARY OF EVENTS

	- T		\sim		
6		APRIL	Sat 15th	Pizza Night	
7	Wed 5th	Music Recital		Wild Wood	5.00pm
		St Mary's 12.15pm	Wed 19th	History Group	
	Sat 8th	Easter Egg Hunt		Priory Room	7.30pm
		Wild Wood 10.00am	¥	AÚGUST	- AM
	Wed 12th	W.I. Pot Luck Supper	Wed 9th	W.I. Garden Part	y IIII
		Priory Room 7:45pm	1		6.30pm
	Wed 19th	History Group	Sun 27th	Open Gardens	All .
		Priory Room 7.30pm		*	Day
	Sun 23rd	St George's Day Walk	¥.	SEPTEMBER	
7		Village Hall 10.00am	Wed 13th	W.I. Garden Wild	llife 📗
7		MAY		Priory Room	7.45pm
	Sun 7th	Fun Day	Wed 20th	History Group	
		Sports Club TBA		Village Hall	7.30pm
	Wed 10th	W.I. Annual Meeting		OCTOBER	
		Priory Room 7.45pm	Wed 11th	W.I. Bomb Dispo	sal 🗼 🥀
> 1111	Wed 17th	History Group		Priory Room	7.45pm
		Village Hall 7.30pm	Wed 18th	History Group	
		JUNE		Priory Room	7.30pm
7	Wed 14th	W.I. Women's Health	Sat 28th	Pumpkin Trail &	Story
		Priory Room 7.45pm	ř.	Wild Wood	4.00pm
	Wed 21st	History Group		NOVEMBER	
		St Mary's 7.30pm	Wed 8th	W.I. Community	
	Wed 28th	History Group (Outing)	É	Priory Room	7.45pm
		Hill Farm (Sudbury)	Wed 15th	History Group	
	**** 1.46.1	JULY	ě	Priory Room	7.30pm
	Wed 12th	W.I. Visit to St Mary's		DECEMBER	
	TT7 1 # 1	Church 7.45pm	Wed 13th	W.I. Christmas Wo	
	Wed 5th	Wild Wood AGM		Priory Room	7.45pm
		Wild Wood 7.00pm			



THE MOBILE POST OFFICE

The Mobile Post Office will still be coming to the Village Hall Car Park on Thursday mornings from 11:00am till Noon till further notice.





AN EVENING WITH QUEEN VICTORIA

CORONATION SPECIAL ~
A talk by Georgette Vale

Wednesday 19th April 2023 at 7.30pm

The Priory Room, Walsham-le-Willows. Members Free Visitors £ 5.00 Refreshments

Eastern Angles Are Coming

See page 43 for information

WALSHAM & DISTRICT W.I.

POT LUCK SUPPER

followed by

BEETLE DRIVE

Wednesday 12th April 7.45pm
The Priory Room

NEW MEMBERS ALWAYS WELCOME

Ladies are able to attend 2 meetings free of charge before joining.



THE ABINGDON TRIO

with

Suzanne Dexter-Mills

Wednesday April 5th at 12.15pm

Music for flute, clarinet, cello and piano By joseph Hyden, Manuel de Falla and Erik Sație

Retiring collection in aid of church funds Refreshments will be served after the concert





WALSHAM SPORTS CLUB EVENTS FOR APRIL & MAY

Sunday Night Bingo

16th & 23rd April 7th & 21st May 7pm start

St George's Quiz Night

21st April entry £10 per team 7.30pm start

King's Coronation

Family Fun Day
Sunday 7th May
2pm till late
Free admission for
all the family.
Traditional sports day activities
running races, egg & spoon,
sack races and lots more.
HOT AIR BALLOON RIDES

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PLANTS & CRAFTS

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Sunday 23rd April from 10am to 4pm

Craft Demonstrations - Crafts for sale Plants Galore Herbaceous plants, herbs, trees, fruit bushes, bedding plants and shrubs.

Artworks, garden walks & talks and music.

Admission £3, includes garden entrance Free parking

Refreshments and lunches available

In aid of Stanton Woodland & Wildlife Group



WALSHAM LE WILLOWS PARISH COUNCIL MINUTES

of the meeting held on Wednesday 8th March 2023 commencing at 7.00 p.m. in the Memorial Hall.

[Pending formal approval, these minutes have been informally approved. Any further corrections will be proposed & minuted at the next meeting]

1. **OPENING** - including Statement, if any

2. APOLOGIES

- a) Cllr Roberts & Cllr Fleming.
- b) Consent was given.
- 3. **DECLARATIONS** of Pecuniary & Non-Pecuniary Interests
 - a) To receive declarations of pecuniary, local non-pecuniary interest(s) incl. personal interests in items on the agenda and to include declarations of any gifts of hospitality None received.
 - b) To receive declarations of lobbying for planning matters on the agenda none were requested.
 - c) To receive requests for dispensations None requested.

4. MINUTES

Minutes for meeting of 8th February 2023, as previously circulated, were approved along with consent for the Chair to sign the minutes as a true and accurate record.

- **5. REPORTS FOR INFORMATION & QUESTIONS** to receive written reports & put questions:
 - County Councillor's Report was received.
 - District Councillor's Report was received and the chair invited questions.
 - Cllr Winch asked about Gateway 14 project sustainable aims and how these would be measured. Cllr Meyer will enquire.
 - Cllr Belson queried the stated 41% increase in net costs for delivery of services which seemed high even allowing for inflation. Cllr Meyer will ask for clarification.
 - Cllr Meyer pointed out that the first major planning application was turned down on the basis of the current 10 year housing supply. Which runs to 2036. Planning permission for anything outside the village boundary unlikely to be granted until then.
- 6. **PUBLIC FORUM** Three members of the public were present. Detailed representations were made to Council before consideration of planning application DC/23/00643.

7. PLANNING MATTERS

a) APPLICATION FOR PLANNING PERMISSION - DC/23/00643 Proposal: Full Planning Application - Change of use of redundant grain barn to B8 storage Location: Four Ashes Farm, Badwell Road, Walsham Le Willows, Bury St Edmunds Suffolk IP31 3BT **The Parish Council Objected** on the following

grounds:

The Parish Council objects to this application for the following reasons:

- a) Hours and scope of operation of B8 storage are not appropriate in a residential area and would detrimentally impact local residents and the domestic environment.
- b) The noise and vibration on the unpaved road would negatively impact a listed building.
- c) The impact of light pollution.
- d) The proposal is essentially for the creation of a new business not an extension of the existing farm,
- e) Lack of pedestrian pavements in the vicinity of Badwell Road and Palmer Street is a safety issue which would be compounded by a B8 storage development at Four Ashes Farm.
- If, despite objections, the application were to be approved the Parish Council requests that conditions are applied and robustly enforced in order to protect the quality of life of local residents, specifically (3-11 from noise assessment report):
- 1. That permitted development rights are removed so that a new application has to be submitted for any changes.
- 2. That the details and form of screening to be agreed by planning officer in consultation with neighbours.
- 3. That the site opening times are restricted to 08:00 18:00 daily Lorries not to start, leave or enter the site before 08:00 or after 18:00 on any day.
- 4. That the height of any material drops should be minimised and any metal on metal avoided wherever possible (particularly when the activity occurs outdoors).
- 5. That the front yard to be maintained in good flat condition.
- 6. That tonal reverse alarms on delivery vehicles / forklifts not to be used on site. White noise (broadband) or directional alarms would be acceptable.
- 7. That if any new plant or machinery is required, this should be sourced with regard to noise output. Babergh and Mid Suffolk District Council (LPA) to be notified of any new plant or machinery.
- 8. That vehicles and machinery not to be left idling when not in operation or being unloaded.
- 9. That staff not to play vehicle radios or portable stereos so that they are audible beyond the boundary of the site.
- 10. That all new and existing staff to be made aware of the noise management plan and to be briefed on the importance of noise control. A culture of consideration to neighbouring residents to be maintained. All staff training to be logged.
- 11. That a complaints procedure to be put in place and any complaints logged for inspection by the LPA if required.
- b) Matters relating to DC/22/2190/HYB Proposal Hybrid planning Location Land At Shepherds Grove Bury Road Stanton Suffolk No addition concerns has been noted requiring discussion.
- c) R&D site Summer Road. It was noted that planning enforcement has indicated

that they are investigating the large stock of building materials that has appeared.

8. PLANNING OUTCOMES (decided by Mid Suffolk District Council, Planning Authority) for noting only

APPLICATION FOR PLANNING PERMISSION - DC/22/06056 Proposal: Full Planning Application - Erection of 1.8m high rear fencing, including

a) gate. (retention of) Location: The Blue Boar, The Street, Walsham Le Willows, Bury St Edmunds Suffolk IP31 3AA MSDC Refused Permission

9. NEIGHBOURHOOD PLAN

Cllr Belson reported that final checks on draft had been done and final amendments were being drafted. There will be a Zoom meeting on March 16th at which the group will hopefully sign off on the plan. The plan and related documents will then be circulated to allow the opportunity for Parish Councillors to do a final review of the plan that is proposed for submission to MSDC. There will be a Zoom meeting on April 6th between Parish Councillors and Neighbourhood Plan consultants to allow for questions prior to the presentation of the plan at the parish council meeting on April 12th with proposal for formal sign off and submission to MSDC.

- **10. PLAY AREA DEVELOPMENT** to receive report from Cllr Kinnair and consider any matters arising.
 - a) Cllr Winch proposed that the school is advised of the date for day of celebration on April 22nd from 10:30, that free ice creams will be served, and the new signage unveiled. The Clerk displayed the proposed layout for signage which was approved with minor alteration. The organisation of tools and materials for the maintenance working party on Saturday 18th March at 10:30 was agreed. Cllrs Arbon, Belson, Kinnair, Mecrow & Roberts will be present on the day. Cllr Winch has apologised for absence. The Clerk advised that picnic benches, post mix and security chains will all be delivered by Clarkes on morning of 18th March.
 - Draft notice, contact Bury Free Press and school, post on Facebook and message volunteers and send to Clerk.
 - Arrange ice cream supplies for the day and water supply for pressure washer.
 - Submit to sign layout printers, submit same to Observer with notice.
 - Recirculate the recently agreed action plan for maintenance.
 - Contact Cllr Roberts re availability of pressure washer (hiring one if he does not have one).
 - Petrol hedge cutter

11. FINANCE & AUDIT

- a) The bank reconciliation for period ending 28th February 2022 was approved and signed.
- b) Accounts awaiting payment (Appendix 1) were approved and signed for submission.
- c) Internal Control Checks for 3rd and 4th quarters were approved with thanks to Cllrs Winch and Mecrow.
- d) The reappointment of SALC as internal auditor for 2022/23 was approved.
- e) The Clerk advised that insurance cover remains adequate following the internal control checks approved at meeting on 12 October 2022 and recent further

- review of asset register carried out on 26/03/2023. This was noted.
- f) It was agreed that for the purposes of end of year CIL accounting the approval of Neighbourhood CIL for the play area re-development of £30k was intended to be net of vat figure (email circulated 20/02/2023).
- g) It was agreed that CGM should be engaged again at the appropriate time, for stream clearance in 2023/24 and that the work to be done will be reviewed on an annual basis with the contractor just prior to the commencement of work with a review afterwards. Cllr Winch also suggested that she might be able to get together a group of volunteers to pick up debris that has collected along the banks for the stream over the winter. This was warmly welcomed.
- h) Parish Council representative appointments to Community Council (Cllr Roberts in his absence) & Neighbourhood Plan Group (Cllrs Belson & Mecrow) were reviewed and agreed.
- i) Council received the summary of amendments to policies & procedures following review by the Clerk. These were approved.
- j) It was decided to make in principle enquiries of CIL funding from BMSDC for the pavement upgrades which have been added to the planned SCC Local Cycling and Walking Infrastructure Plan.
- k) Revised quotes for replacement shed were considered. It was decided to go with option 1 as long as Clarkes can arrange for the shed to be erected. If not, then option 2 to be ordered. Clerk to write to MSDC planning advising of intention to erect unless advised otherwise.

APPENDIX 1

Payments for Authorisation MARCH 2023

#	Payments OUT	Amount	Description
1	SALC	£54.00	Payroll services fee
2	Memorial Village Hall	£25.00	Hall Hire
3	CompassPoint	£500.00	Consultancy Fee (Planning Application)
4	Kevin Boardley	£472.88	Wages
#	Payments IN & Other Payments/Transfers	Amount	Description
	None Received		

APPENDIX 2

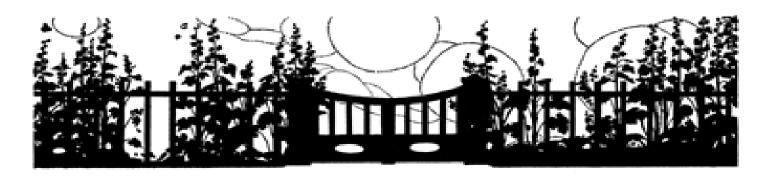
Policy & Procedure Annual Review – Summary

POLICY

Model Standing Orders Audit report suggests some thresholds to be changed. Advice has been sought on how to compare the policy to LTN87 and if there is anything else in the latter that needs transposing into the policy. Complicated. Apparently new regs are due this year so decided to leave it until they are adopted.

002 Financial Regulations Ditto

- **003 Internal Control Statement** No changes
- **004 Data Protection and Document Retention Policy** Update to remove reference to Subject Access Request Policy until this is adopted.
- **005 Risk Assessment Financial** Insurer name and some amounts updated from most recent policy cover.
- 006 General Health & Safety Policy Inconsequential wording and typos
- **007** Litter Pick Guidance Amendment to make specific reference to Parish Council's insurance rather than 'our insurance'.
- **008** Risk Assessment Pavement Sweeping No changes no pavement sweeper in post since 2020
- **009 Disciplinary Procedure** No changes
- 010 Grievance Procedure No changes
- 011 Covid Guidance Litter Pick Volunteers No changes
- 012 Risk Assessment- Litter Pick No changes
- 013 Child & Vulnerable Adult Safeguarding Policy No changes
- **014 Marquee Usage Policy** No changes. To be archived on disposal of marquees later this year.
- **015** Suffolk Code of Conduct No changes. Updated code re-adopted 14/09/2022 min ref 12a)
- **016 Reserve Policy**
 - Clause 4.3 referred to a central schedule held by the RFO. I changed this to reflect actual practice which is to review at time of budget setting (And as required) with changes approved in council and minuted. If a more detailed record is needed then the Clerk will have to set up a central register (but I think this is more for larger authorities).
 - Clause 5.3 added a line to note that all spending proposal are checked with Infrastructure Team before any grant commitments are made to avoid clawback. Removed Clause 7.4 "The Responsible Financial Officer will maintain a detailed schedule of all reserves which will form part of the accounts package."
- 017 Equality & Diversity Policy No changes
- **018 Asset Register** Old inkjet printer marked as disposed. New Xerox printer added. There will be some further changes as disposals of marquees and speed gun along with acquisition of new shed are finalised.
- **019 Risk Register** No changes other than for wording on stream risks other than to reflect the fact that contractor now established for annual maintenance.
- 020 CIL Funding Policy No changes
- 21 **CIL Funding Application Form** No changes



NOTICE OF ELECTION

Mid Suffolk District Council **Election of Parish Councillors**

Name of Parish	Number of Councillors to be elected
Walsham-Le-Willows Parish	7
Counci l	/

- 1. Nomination papers must be delivered to the Returning Officer at the address below between 10am am and 4pm on any working day from the date of publication of this notice (excluding bank holidays) but no later than 4pm on Tuesday 4 April 2023
- 2. Nomination papers may be obtained from the offices of the Returning Officer, at the address below during the times stated above.
- 3. If any election is contested the poll will take place on Thursday 4 May 2023
- Applications to register to vote must reach the Electoral Registration Officer by 12 4. midnight on Monday 17 April 2023 applications can be made online: https://www.gov.uk/register-to-vote.
- 5. Applications, amendments, or cancellations of postal votes must reach the Electoral Registration Officer at address below by 5 pm on Tuesday 18 April 2023
- Applications for a Voter Authority Certificate or an Anonymous Elector's Document 6. valid for this election must reach the Electoral Registration Officer by 5pm on Tuesday 25 April 2023. Applications for a Voter Authority Certificate can be made online: https://www.gov.uk/apply-for-photo-id-voter-authority-certificate
- Applications to vote by proxy at this election must reach the Electoral Registration 7. Officer at the address below by 5 pm on Tuesday 25 April 2023
- Applications to vote by emergency proxy at this election must reach the Electoral 8. Registration Officer at the address below by 5 pm on Thursday 4 May 2023

Dated: 16 March 2023 Arthur Charvonia Returning Officer

Electoral Services Babergh and Mid Suffolk District Councils **Endeavour House** 8 Russell Road Ipswich IP1 2BX elections@baberghmidsuffolk.gov.uk www.midsuffolk.gov.uk/elections

0300 1234000

Printed and published by the Returning Officer

FROM ST MARY'S CHURCH

Easter is generally regarded by Christians as the most important Season in the Church year, with Easter Sunday being seen as the most important day. The Resurrection of Jesus Christ changing the world in an unprecedented way.

Just as we celebrate the Season of Christmas with carols, so also we have well known and familiar hymns for the Easter Season. One of the most well-known being; 'There is a Green Hill Far Away.'

A hymn that was written by Mrs Cecil Frances Alexander, 1818-1895, whilst she was sitting at the bedside of her sick child. At the time she lived not far from the walled city of Londonderry, where her husband was the Bishop. The sight of the massive town walls and the green hills beyond inspired the very visual images her words produce.

Cecil Alexander was born in Redcross County Wicklow, the daughter of a British Army Major. She was a devout Christian and at a young age showed an aptitude for writing. In 1848 she published 'Hymns for Little Children,' dedicated to her 'little Godsons.'

In 1850 she married the Reverend William Alexander. He was six years her junior and by all accounts this caused quite a stir. It is said that her father, for the sake of propriety, had her date of birth altered in the Registers. Indeed, some old hymn books list her birth as 1823!

'There is a Green Hill' was written specifically to paint a picture that captures the imagination. The original hymn has the words 'without a city wall,' but later versions changed it to 'outside a city wall.' Although written for children the hymn has become a classic Easter hymn for all ages. It sets the scene for Christ's Passion and celebrates the mystery, purpose, necessity and challenge of the cross.

Cecil Alexander devoted her life to Christian education and to the care of the young and the poor. All the profits from the sale of her writings were donated to a home for deaf children. She was buried at her request outside the city walls of Londonderry.

Our Benefice 'Easter' services begin with Palm Sunday on the 2nd April, continuing every day in Holy Week leading up to Easter Sunday on the 9th, with services at Badwell Ash, Finningham, Langham and Walsham le Willows.

The resurrection of Jesus Christ is the cornerstone of our Christian faith. Our greeting of 'Alleluia, Christ is risen. He is risen indeed, Alleluia,' is a time-honoured proclamation of this wonderful truth.

May the risen Christ lead and guide you as we seek to find Him in our lives.

Every Blessing from St Mary's

Phillip Merry: Rector



APRIL CHURCH SERVICES

Date	Service	Church
26th March	5th of Lent	
8.00am	Holy Communion	Walsham
9.30am	Holy Communion	Badwell Ash
3.00pm	Evensong	Westhorpe
2nd April	Palm Sunday	
8.00am	Holy Communion	Walsham
9.30am	Holy Communion	Westhorpe
11.00am	Holy Communion	Walsham
3rd April	Monday in Holy Week	
7.00pm	Compline	Finningham
4th April	Tuesday in Holy Week	
7.00pm	Compline	Walsham
5th April	Wednesday in Holy Week	
7.00pm	Compline	Wattisfield
6th April	Maundy Thursday	
7.00pm	Holy Communion	Walsham
7th April	Good Friday	
1.00pm	Readings/Songs/Meditation	Walsham
9th April	Easter Sunday	
8.00am	Holy Communion	Badwell Ash
9.30am	Holy Communion	Langham
9.30am	Holy Communion	Finningham
11.00am	Holy Communion	Walsham
16th April	2nd Sunday of Easter	
8.00am	Holy Communion	Walsham
11.00am	Holy Communion	Wattisfield
23rd April	3rd Sunday of Easter	
8.00am	Holy Communion	Walsham
11.00am	Holy Communion	Walsham
3.00pm	Evensong	Westhorpe
30th April	4th Sunday of Easter	
8.00am	Holy Communion	Walsham
9.30am	Holy Communion	Badwell Ash
5.00pm	Songs of Praise	Finningham
7th May	5th Sunday of Easter	
8.00am	Holy Communion	Walsham
9.30am	Holy Communion	Westhorpe
11.00am	Songs of Praise	Walsham
3.00pm	Evensong	Langham

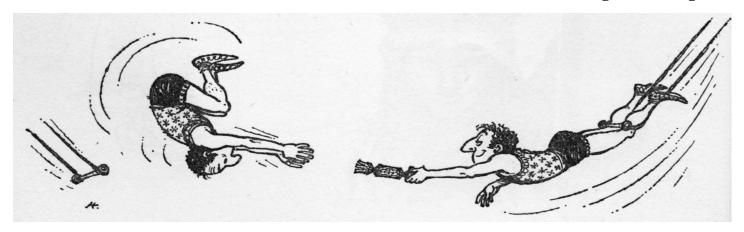
WILDLIFE IN APRIL

Spring is here, and although April can still be a little chilly with the odd frost, warmer weather is now is sight. Our gardens are now waking up, plants are shooting, insects start to fill the air and the birds are singing. One little bird that we see a lot in our gardens in the Blue Tit. They are feisty little birds for their size but can be susceptible to the elements. In 2019 Britain's Blue Tits suffered a very poor breeding season due to a dry, then wet chilly spring, which meant the nestlings hatched before the explosion of Caterpillars, which Blue Tits mainly feed their chicks. If you watch Springwatch 2019 was the first year they had no Blue Tit babies on camera. The good news is that the population soon bounces back. They have huge clutches of eggs for such a tiny bird that only weighs around 10-11g, females lay in April or May and can lay a clutch of 16 eggs. Two signs to look out for with a nesting box is increased activity with the male catching and delivering food and also birds leaving the nestbox carrying the chicks white droppings or faecal sacs.

It's not only the birds that are active this month, buzzing around will be the Tawny Mining Bee, a very striking solitary Bee. The female of this species is very active this month. She has a furry body with a shade of fox coloured orange, with a dark face and legs. She will often be seen buzzing around the flowers, including the blossom of trees such as blackthorn, apple and cherry. The male of the species is easy to miss, resembling a hairier than usual Honeybee, males are also smaller and thinner. Solitary Bees can be quite social and congregate in favourable locations, groups of female Tawny Bees often gather around areas of loose soil such as sandy lawns which they need for their nest tunnels. Each nest tunnel will have a little excavated soil around its edge looking like a mini molehill. The name solitary comes from that these female bees raise their brood in individual nests rather than a colony and there is also no Queen.

Delicately fluttering by you may see an Orange tip butterfly. They are a common species and seen flying in Springtime. The adult males have bright orange wing tips, females have black wing tips, but both have a mottled green underwings. The female can be confused with the Small White Butterfly, but you can normally find her lurking in the vegetation. As for the male his bright orange wing colour is not there just to look pretty, this is a warning to all predators that he is full of toxic plant oils that he ingested when he was a caterpillar! The adults lay eggs on plants including Cuckooflower and Garlic mustard, have a go at growing some of these plants and see if you can attract a butterfly or two.

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THE TIMES THEY'RE A CHANGIN'

Those writers that might prophesise with a pen would predict followers of Walsham Le Willows cricket hold a palpable sense of ebullience for 2023.

The fallow months of winter, interspersed with the odd early morning update from a hazy Lahore session of Bazzball, are receding; the blustery March days are hurtling us towards the inevitable three-jumper April fixtures. Such is the inexorable march of cricketing seasons.

April will bring us the damp petrichor to fill our lungs. We shall start to dream of the warming afternoon sun on our backs as we watch our fellow mortals conquer their demons – "Do not, however slow and loopy the arc of this ball, swipe massively across the line". Follow instead the mantra of Wrightball – thrust that pad out as far as your hamstrings may allow and hide that bat away.

Christmas, on reflection, was not a good time to buy the new cricket whites. Very few of the backbone of Sunday cricket have managed to navigate the difficult waters of middle-age with an assiduous dedication to balanced diets, so peeling on the figure-tight, modern tops is somewhat wracking for self-esteem. No teammate should ever have to help another into clothing.

The hardcore athletes of the two Saturday sides have found their way to evening 'nets' in a cold sports hall. The eyes of the new 1st XI captain Oli Jackson studying the creaking, aching sight of underused muscles to glean a plan to meet the edict of Chairman Rick – 'promotion for all, and nothing less'. Chairman Rick has started to write such proclamations into his Little Red Book.

We also prepare for a new season with the Junior sides. All Stars and Dynamos return in early May for the 5 to 11 year-olds (those new to the area would do well to join us for fun and games on a Friday evening – find out more on the ECB website). Sides are mustered for the Under 11, Under 13 and Under 17 – with training nights and matches planned under the tutelage of Ned, Adam, Quentin and Luke.

And so, remembering that the slow one now will later be fast and that whilst elsewhere those times they might be a-changin'; for Walsham Cricket, we are unwaveringly back into the rhythm, routine and regularity of seasons past.

James French

MORE OR LESS						
	The numbers 1 to 5 should appear in each row and column. The greater and less signs indicate the relative size of adjacent numbers.					

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Who forgot to take his 'picture' ID to the Polling Station? **Don't forget to take yours!!**

SPORTS CLUB REPORT

Football

The first team have lost their last three matches all against the top three teams, 3-1 at leaders Thetford, 1-0 at home to second placed Ipswich Wanderers, and 5-3 at home to Woodbridge Town.

The Reserves have won their last two matches and now need four points from their last four matches to win the league. The As lost in their quarter-final of the Suffolk Primary Cup to Coddenham but won their latest league fixture 4-1 at home to Coplestonians A. The Under 18s drew at home to Bury Town but lost 3-1 at Ram Meadow.

Forthcoming April Home Fixtures

Mon 10th First Team v Newmarket Town 3.00pm

Sat 15th Reserves v Woodbridge Town Reserves 3.00pm

Sat 15th A team v Old Newton Reserves 3.00pm

Sat 22nd First team v Fakenham Town. 7.45pm

Sun 23rd Vets v Ipswich Wanderers 2.30pm

Bowls fixtures for April

Tue 18th v Gt Barton 2pm start

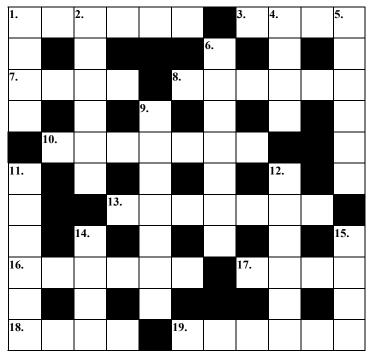
Thu 20th v Elmswell 6.15pm start

Wed 26th v St Botolphs 6.30 pm start

The first home cricket fixture should be on Saturday 29th April at 1pm

Gordon Ross

WALSHAM OBSERVER CROSSWORD



ACROSS

- 1. Went by yesterday perhaps. (6)
- 3. The finest go back to a place. (4)
- 7. Seemingly take a walk round the capital. (4)

- **8.** Davey Jones' safe deposit. (6)
- 10. Raise the tale Eve revised. (7)
- **13.** The regiments saw a bridge collapse. (7)
- 16. Game for the crossing. (6)
- 17. To be fair it was on the limit. (4)
- **18.** God retreats in discomfort. (4)
- 19. Unable to have an alternative for the singer. (6)

DOWN

- 1. Pass the drink to be left at sea. (4)
- 2. Simon's easy manner (6)
- **4.** Spear the swimmer. (4)
- 5. It's a warning to the Mad Hatter. (6)
- **6.** Residence for rural industry. (7)
- 9. Mean to be in a grave rag enterprise. (7)
- 11. Oliver's awkward character. (6)
- 12. Alter shortly after the nativity. (6)
- **14.** Change the earth for the grin store. (4)
- 15. A guiding light for developing arts. (4)





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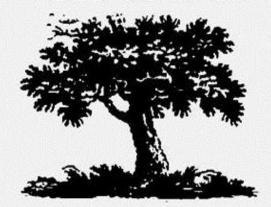
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MORE RECIPES

Lock-keeper's Onion Soup

4 large onions, finely chopped 900ml vegetable stock 1 tblsp oil for frying 1 tsp yeast extract

Heat the oil in a large saucepan and fry the onions gently until just softened. Add the stock and the yeast extract and stir well. Season with plenty of freshly ground black pepper. Bring to the boil, stirring, then cover and simmer gently until the onions are really soft. Serve with large chunks of crusty bread. Serves 6 to 8.

Lock-keeper's Casserole

4 - 6 joints of rabbit

Seasoned flour

60gm butter

2 medium onions, chopped

2 medium carrots, sliced

2 medium apples, peeled

Cored and thickly sliced

240gm mushrooms sliced

240gm streaky bacon, de-rind
and cut into 2cm slices

280ml vegetable stock

2 tsp tomato purée

Sprig of fresh thyme or

1 tsp dried thyme

Salt and pepper

Heat half the butter in a large saucepan and cook the onions, carrots and apples for 5 minutes, stirring well Remove from the pan and set aside. Coat the rabbit joints in seasoned flour. Heat the remaining butter in the pan and brown the rabbit joints on booth sides. Lower the heat, add the mushrooms and bacon pieces and continue cooking for 5 minutes. Add the stock slowly and then add the apple/vegetable mixture, the tomato purée and thyme, stirring all the time and season. Bring to the boil, cover, lower the heat and simmer for 1 hour or until the rabbit is tender. Stir occasionally and add more stock or boiling water if required. Serves 4 to 8.

Paradise Cake

240gm shortcrust pastry

Apricot jam

120gnm butter, softened

120gm caster sugar

2 mall eggs, beaten

2 tblsp chopped walnuts

60gm ground almonds

60gm ground rice

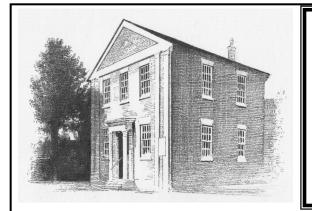
30gm self raising flour

½tsp almond essence

Caster sugar for sprinkling

Set oven to 180°C or Mark 4. Grease and bottom line an appro 18 x 28cm baking tin. Roll out the pastry on a lightly floured surface and use to line the base of the tin. Spread a layer of apricot jam over the pastry. Cream together the butter and sugar in a bowl until light and fluffy then beat in the eggs, a little at a time. Add the rest of the ingredients to the bowl and stir well together. Spread the mixture over the jam and smooth out. Bake for 30 to 40 minutes until golden brown. As soon as the tin is out of the oven, sprinkle with caster sugar. Leave to cool in the tin and then turn out on to a wire rack. When cold cut into fingers.





Walsham Congregational Church

The Street, Walsham-le-Willows, Suffolk. IP31 3AZ Church Secretary (John Landymore) 01359 - 258986

Services for April

We are open for worship each Sunday at 11.00 & 6.30 so why not come along? Please be assured of a warm welcome; it would be lovely to see you.

(A list of the preachers booked for the coming months can be seen on the Village Website)

Easter Meetings

It is our pleasure to invite you to our series of special meetings this Easter. We have been holding the 'Easter Convention' for the last 60 years and, if you have never been, why not join with us this year?

You do not need to normally attend a church or be a Christian to come but, if you are interested in hearing about the true meaning of Easter and the life-changing message of the Christian Gospel, we would be delighted to see you.

Services are at 7.30 each evening of Easter week (3rd - 7th April) Refreshments to follow.

Guest Preachers

(Providence Chapel, Chichester, West Sussex) Monday Rev. John Saunders

Tuesday Rev. Edward Malcolm (St. Mary's Church of England Continuing, Reading)

Wednesday Rev. Chris Hand (Crich Baptist Church, Derbyshire)

Thursday Rev. Kyle Paisley (Oulton Broad Free Presbyterian Church, Suffolk)

Friday Rev. Derrick Morlan (Oxford Baptist Chapel)

Easter Sunday (11.00_{am} & 6.30_{pm})

Rev. Timothy Martin (Wolverton, Milton Keynes, Buckinghamshire)

Christ died for our sins according to the scriptures...and that he was buried, and that he rose again the third day according to the scriptures. (1 Corinthians 15:3-4)

SPOT THE DIFFERENCE

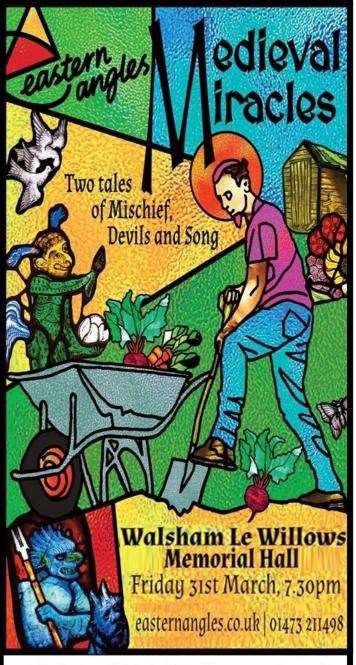




There are ten differences between these two pictures, see if you can find them all before the computer lecture ends.



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TWO POEMS

DINNER PARTIES

Now, how about a main of fish And that great sauce I did with lime? Oh, blast, I'm sure that was the dish I gave to John and Sue last time

A boeuf en croûte? I did that well, It's always something of a treat. Oh, damn and bloody hell, Suzanne and Philip don't eat meat.

Paella? That might fit the bill - I got quite good at that in Spain. No, hang on, prawns make Anna ill, She says they give her stomach pain.

I know, I'll do a salmon trout. Oh, no! Diana always moans, Unless the backbone's taken out, And all those fiddly little bones.

Oh why not take the whole lot out? No, that idea is truly daft They'll all assume the meal's my shout And double up my overdraft.

Oh, damn and hell, a day to go, And still I'm stuck for what to do. There must be something. Ah, I know! I'll ring and just say I've caught flu.

INVISIBLE

At twenty, I could turn a head Whenever walking down the street. In fact I turned a dozen heads. It's true, I promise, no conceit.

At thirty, walking down the street I turned a head, or two, or three. And workmen often downed their tools To take a closer look at me.

A forty, walking down the street Some turned their heads, but turned away. They rarely eyed me up and down, And just continued on their way.

At fifty, walking down the street They never saw me pass at all. They simply walked and stared ahead, Expressions blank, just like a wall. And now I'm sixty-five years old And, once again, they stare at me. The whole world looks me up and down -My leg is plastered up you see.

I broke it falling down the stairs, A rather silly thing to do. The unexpected bonus is I'm absolutely back on view.

The whole street looks me up and down From toe to top, and top to toe. It's lovely to be seen again. It's splendid to be back on show.

Both poems are by Sue Cowley From her book A Red Dress and other poems Published by Constable ISBN 978-1-84529-854-8



REGULAR

MONDAY

Community Lunch Village Hall 2nd Monday 12:45pm

Walking Football Sports Club 8:00pm till 9:00pm

TUESDAY

Walking Netball Sports Club 10:00am till 11:00am

Pilates Class Village Hall 1:30pm till 2:30pm

Walking Football Sports Club 2:00pm till 3:00pm

WEDNESDAY

Pilates Classes Village Hall 9:15am till 10:15am

Yoga Sports Club

10:00am till 11:30am

Positive Steps Sports Club

11:30am till 12:30pm

Wednesday Wanders Sports Club 11:30am till 12:30pm

Carpet Bowls Sports Club 2:30pm till 4:00pm

EVENTS

WI Meeting Priory Room 7:45pm Second Wed of the Month

THURSDAY

Coffee Shop Village Hall 10:30am till Noon

Post Office Van Village Hall 11:00am till Noon

Yoga Sports Club

1:15 pm till 2:15pm

Walking Football Sports Club 2:00pm till 3:00pm

Walking Netball Sports Club 6:00pm till 7::00pm

Community Yoga Priory Room 7:15 pm till 9:15pm

FRIDAY

C & A Coffee Shop Village Hall 9.00am till 11.00am

Cardio Tennis Sports Club 12noon till 1:00pm

SATURDAY

Pop-up Shop Village Hall Last Saturday in the month









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ALL THE ANSWERS

Page Bottom Quiz

- 1. Scheherazade, 2. Thin Lizzy, 3. Sulphur, 4. Sulphur, 5. One, 6. Dog collar,
- 7. The Pope, 8, Three, 9. Jane Austen, 10. The anchor, 11, John Lennon,
- 12. A siege, 13. Water-ski, 14. Religious music hymns, 15. Karl Marx, 16. India,
- 17. The Cresta Run, 18. A pony, 19. The North Sea, 20. The Liberal Party,
- 21. George Washington's, 22. The locust, 23. The Eiffel Tower, 24. A penal colony,
- 25. 'We have no time to stand and stare.', 26. Sir George Everest, 27. Midday,
- 28. English Gothic, 29. Stella Gibbons, 30. Two, 31. On Hadrian's Wall,
- 32. Plasma, 33. Halley's Comet, 34. The Roland Garros, 35. Stadium,
- 36. Cannes Film Festival, 37. Blue, 38. Barbary Apes, 39. Six years,
- 40. A raspberry, 41. Salisbury Plain, 42. Dr Samuel Johnson, 43. Old Father Time,
- 44. The Zip Code, 45. Scrooge, 46. Wall Street, 47. January 6th, 48. The Birds,

Su-Doku

7	4	5	8	1	3	9	6	2
5	8	4	3	6	7	2	9	1
9	3	1	4	5	2	2	6	7
4	6	2	1	3	5	4	5	6
5	1	9	4	2	6	8	7	3
6	3	4	5	8	7	2	9	1
9	5	3	2	6	8	1	4	7
1	8	6	7	9	4	3	2	5
4	2	7	3	5	1	6	8	9

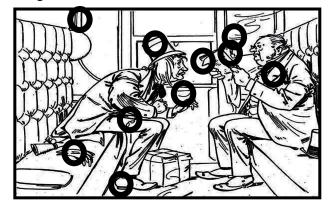
Crossword

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More or Less

1	4	3	5	2
3	5	2	4	1
2	1	5	3	4
4	3	1	2	5
5	2	4	1	3

Spot the Difference



Searching for Words

Age	Aged	Agin	Ain	Air
Ate	Dear	Dee	Deign	Den
Ear	Eat	Eta	Gain	Gained
Gate	Gated	Gear	Gee	Geed
Gen	Get	Gin	Grain	Grained
Grate	Grated	Grin	Ingrate	Irate
Need	Negate	Negated	Rag	Rage
Raged	Rain	Rained	Rat	Rate
Rated	Rig	Ring	Ringed	Tag
Tar	Tea	Tear	Tearing	Ted
Tee	Teed	Teen	Denigra	te (54)

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History Group Frances Jenner 01359-259242 frances.jenner@hotmail.com

Community Yoga Julia Dunnicliffe 07980 476 140 dunnicliffej@hotmail.com.

Horticultural Show Debbie Watson 01359 259686 debbiewatson2916@gmail.com

Sports Club Mike Powles 07379089890 mike.powles@btconnect.com

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