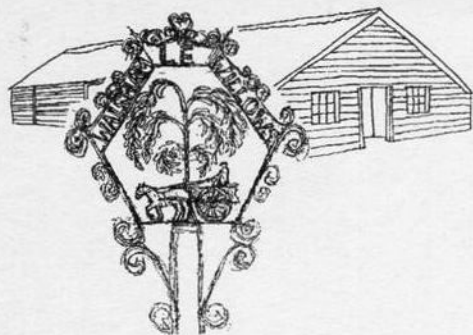


WALSHAM OBSERVER



MARCH 2023



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Memorial Village Hall

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Located in the refurbished red telephone kiosk outside the Memorial Hall this AED has been registered with the East of England Ambulance Service and can be accessed via a digital keypad. The access code can be obtained by simply dialling 999 and asking the Ambulance Service. For reference purposes the location postcode is IP31 3AA.



THE WALSHAM OBSERVER

MARCH 2023

No 648

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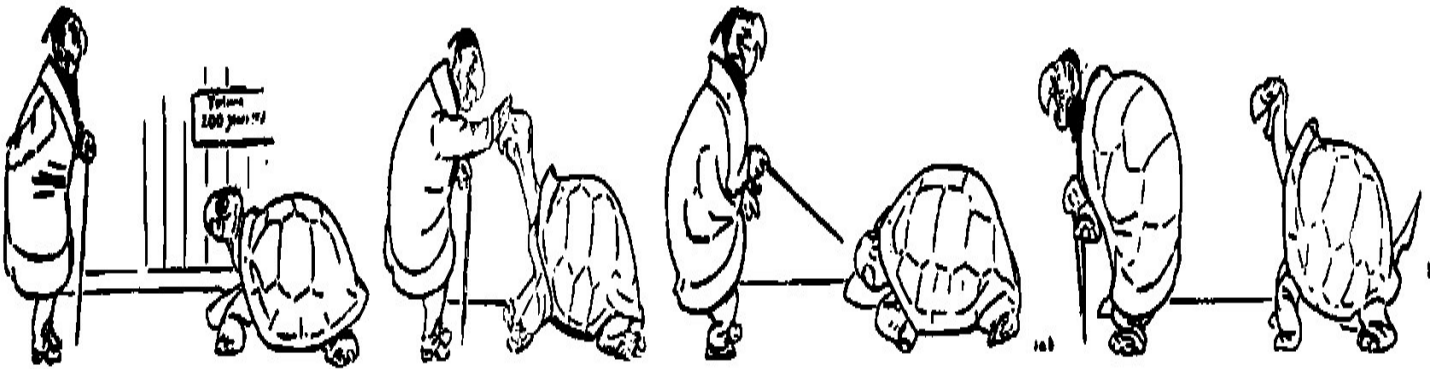
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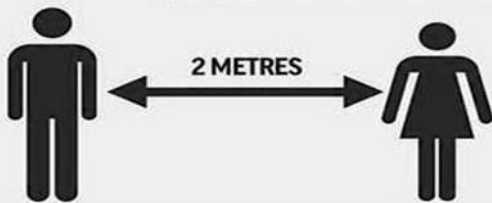
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WHEN WALKING IN THE VILLAGE

**YOU NEED TO STAY 2 METRES
APART TO SAVE LIVES NOW**



Please take the 2 meter distancing rules seriously. This protects everyone. It is a simple and very much appreciated courtesy and no one will take offence.

If you pass people with children, or elderly people who may not be as agile, please give some thought to how much easier it may be for you to cross the road to maintain a social distance of at least 2 metres from them.

EDITORIAL

No need really to explain the reason for the cover picture this month, but for those not aware the **Badwell Ash Road is being closed for a month**, starting on the twenty-seventh of this month, and the Ixworth Road through West Street seems to be having ongoing water problems. Happy motoring!!

On the more entertaining side, it is good news that **Eastern Angles** are visiting us again on **Friday 31st March** with their Medieval Miracles - a modern take on the Mystery Plays. If you have not been to an Eastern Angles production before do come and see what you have been missing; if past form is anything to go by you won't be disappointed!.

For further entertainment there is the **W.I. quiz on Friday 24th March**. And if you scratching your head is your thing then you will be delighted to know that another is just around the corner at the **Sports Club on Friday 21st April**.

Whilst on the subject of the **Sports Club**; they are holding a **Volunteer Day on Sunday 26th March** to enable people to see just how much work volunteers put into the club to keep it going - and just possibly to encourage others to get stuck in!

This month's magazine contains the programme of the **History Group** for the next twelve months. Quite a bit of work has been carried out by the committee to produce an interesting and varied set of meetings. Maybe having looked at them you will decide that it is a group well worth joining.

Another group well worth supporting, if not joining, is the **Open Gardens Weekend**. As you will see from the two articles, in this edition, that there are some benefits resulting from the weekend, in the way of grants to various village organisations, and that you will be made more than welcome to join the Committee and help to maintain this long-standing event. As 'Sir' John frequently proclaims - **It's Fun!**

With Warm Hubs and Coffee mornings on Wednesday and Thursday, there is now a C & A (Children & Adults) Coffee Morning on Friday from 9.00am till 11.00am; so if The Beast from The East does return you will know where you might keep warm — at least on three mornings a week.

Finally, do give a thought to putting something back into the Community by becoming a **Parish Councillor**. You will find details on page 15 of this edition.



Alfred: So, did you get to the **Health Check** in the **Village Hall** last month?

Percival: Would you believe it, they were booked up by the time I contacted them!

Alfred: Never mind! You're lucky! They've agreed to come for another session.

Percival: Do you know when they're coming?

Alfred: Yes! It's on **Thursday 30th March** in the **Village Hall** from **10.30am till 2.00pm**.

Percival: And the number to call to book an appointment is still **077889580**?

Alfred: Yes, but make sure you get in quick this time!



NEIGHBOURHOOD WATCH NEWS



Police are urging people to be cautious when selling items online to people they don't know, particularly when accepting payment via online transactions.

The appeal comes after two incidents where mobile phones were stolen. Both incidents are believed to involve the same suspect.

A woman had her mobile phone stolen in Stowmarket on 8 February. The woman had agreed to sell the phone to a man, who she did not know, who had contacted her via social media. The man, who visited her home address, showed what she believed to be proof of a financial transaction having taken place, however the money never arrived.

On the same day another woman from Stowupland also had a mobile phone stolen after a man contacted her about the item which was up for sale online. Again, the man showed proof of an online transaction, however payment was never received.

In both instances, after he had left, the victims were blocked on social media by the suspect and therefore unable to make contact to ask about the missing payment.

The man, who gave his name as Jamie, is described as white, with short hair and a stubbly beard. It is believed he was driving an Audi A3.

It is thought other similar thefts may have taken place in the county at around the same time, possibly involving the same suspect. Officers are asking for any victims to come forward.

Members of the public are being urged to be cautious when selling items online and to only hand over items when full payment has been received.

Anyone with any information regarding these or similar incidents is asked to contact Suffolk police quoting reference 37/8453/23.

Police are appealing for information following the theft of diesel from a building site on Old Stowmarket Road, Woolpit.

On two separate occasions between Thursday 9 February and Wednesday 15 February, unknown intruders have broken into the site and stolen approximately 1000 litres of diesel from tanks.

If you have any information about this incident or noticed any suspicious activity in the area, please contact Suffolk police quoting crime reference 37/9275/23.

David Murray.



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VILLAGE HALL UPDATE

The Community Coffee shops at the Village Hall on Thursdays and Fridays are filling the hall with chatter, smiles and happy faces.

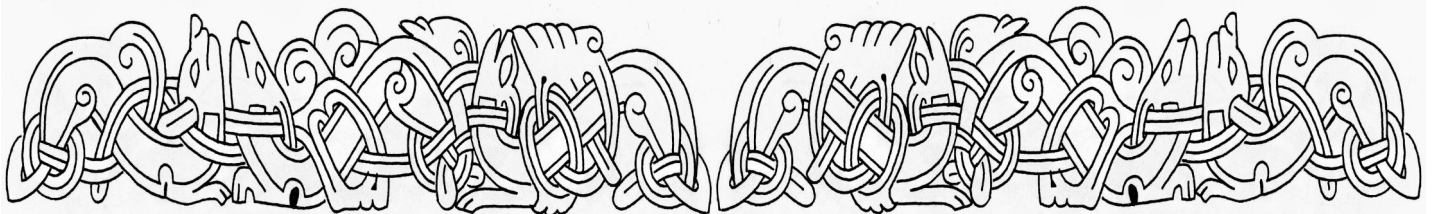
Friday mornings 9am -11am sees children playing happily with role play toys such as the kitchens , ride on toys or reading books helping to get them school ready, while adults chat drink a cuppa and maybe eat a slice of cake.

Thursday coffee shop, 10.30am until 2pm offers not just friendship , cake and drinks but also home-made soup and bread. **Once again the N.H.S. free health checks** at the village hall in February proved very popular and not everyone who wanted one was able to book an appointment. For those of you who were unable to book with the N.H.S. team at the hall in February, we have been able to secure another date for them to visit in March. The free N.H.S. health checks team will be at the village hall again on **Thursday the 30th of March, between 10.30am and 2p.m.** To book an appointment call 07788958580.

We are pleased to confirm that Eastern Angles will once again be performing in the Village Hall at the end of the month, Friday the 31st of March. With their new touring production of " Medieval Miracles". Information about booking tickets can be found elsewhere in the Observer.

Looking forward to April visits, we are hopeful that an Officer from the Suffolk Constabulary Rural and Wildlife team will be coming along during one of the Thursday coffee shops. They will be able to answer questions relating to everything from allotment crime and simple steps you can take to reduce the risks, to questions about protecting wildlife.

Amanda Ellis



WALSHAM OBSERVER SU-DOKU

			8	1			6	2
		1	9					
3						7		
2		8				4		
5			4		6			3
		4				2		1
		3						7
					4	3		
4	2			5	1			

For the uninitiated, the rules of Su-Doku are very simple.

Each row, column and large square must contain the numbers 1 to 9 inclusive.

It's as simple as that, but you must apply logic to find which number goes where.

So, beginner or expert, happy hunting!



Shine n Clean

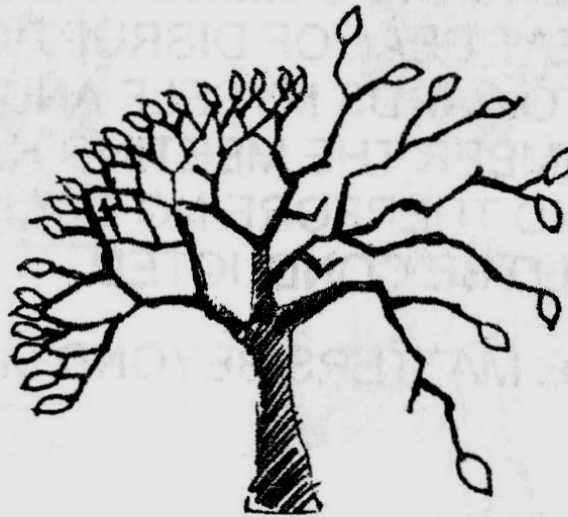
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CITIZENS ADVICE

My employer asked me to work some extra hours lately, but I don't appear to have received the extra pay. I asked my boss about it and they said they would look into it, but I don't seem to be getting anywhere. What should I do?

If you think your pay is wrong, or you haven't been paid for extra hours worked, the best thing you can do is talk to your employer and find out what's going on. If you and your employer can't agree on how much you should have been paid, you can challenge them. You should act quickly though – it'll be harder to get your money after 3 months from the date the problem arose.

You should start by checking your payslip if you've got one. This will help you see how your pay has been worked out. Check things like:

- Whether you've been paid for the number of hours you've actually worked
- If you've been paid at the correct rate
- If you've been paid overtime, a commission or a bonus
- Whether you've been paid any sick pay
- If your employer has deducted any money that you weren't expecting

Ask your employer to explain anything you don't understand on your payslip or why you haven't been paid what you believe you are owed. If you disagree with anything, explain why. If your employer has made a genuine mistake, ask them to pay you the money you're owed straight away – you should not have to wait until your next pay day. If you need more help, you can contact Citizens Advice Mid Suffolk to get advice on the next steps.

Citizens Advice Mid Suffolk can provide advice on this and other issues, including debt, employment, benefits and family law. You can contact them on 01449 676060 or use the contact form at midsuffolkcab.org.uk/contact-us. More information and our opening hours can also be found at midsuffolkcab.org.uk/contact-us.



COMMUNITY LUNCH



Hope you are all well and look forward to seeing you in March.

The Memorial Village Hall will be open from 12.30pm on Monday 13th March 2023. Lunch will be Chicken, Ham and Leek pie (puff pastry top), with baby roasted potatoes, green beans & peas served at 12.45pm - 1pm, followed by Chocolate and Orange trifle. Tea and coffee will follow.

We look forward to seeing you there.

Please book a place, at £7.50, with Shirley on 01359 258532 by 5pm on Thursday 9th March 2023.

Shirley White

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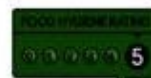
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WALSHAM LE WILLOWS AND DISTRICT WI



It was good to see the Priory Room bursting at the seams with visitors to our February meeting. Thank you all for supporting us at our open meeting and thank you for your patience during the delay as we got started! Peter Palmer's talk was a revelation to those who were relatively new to the village and to those who were actually there, it brought back a host of memories, which they were able to contribute for everyone's enjoyment. We saw the sobering sight of the huge Thor missiles usually stored in their silos and learned the origins of the strangely named "tobacco bungalows". We heard how traffic stopped behind a barrier on the 143 while there was movement on the airfield and suspect there were some good nights at the on-site dance hall!

Following refreshments and raffle, (which on this occasion included both cakes and ale) normal WI business was concluded with an open invitation to join us at our Quiz Night March 24th 7pm in the Priory Room £5.00 pp

Jill Newell



STANTON AND DISTRICT BRANCH ROYAL BRITISH LEGION



Six members represented the branch when attending the recent County Conference held in Needham Market.

During the past financial year we have donated £3500 to the Suffolk County Benevolent Fund, this will go towards providing financial, social and emotional support to those who have served or are currently serving in H M Armed Forces, and their dependents.

The welfare helpline number is 08088028080.

A coffee morning will be held on Saturday March 25th in the Church Room Stanton 10am to 12noon, we would be grateful for any raffle prizes but would appreciate any support during the morning.

Branch accounts at time of going to press was £ 1209 -36.

Our next meeting will be held Tuesday 14th March at the Cock Inn Stanton at 8pm.

Hubby Frost





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WALSHAM OPEN GARDENS TRUST AND COMMITTEE

We are still reeling from the brilliant success of the 40th anniversary event in August last year, it just felt right and we hope that the rest of the community enjoyed it as much as we all did.

We have had a number of changes in personnel over the last couple of years and that has worked well but we still feel that we should try and bring down the average age by inviting someone (much) younger to join us, with a view to keeping us fresh and dealing with the problems of succession as we move forward. In particular we are looking for someone with catering skills or interest and someone to take over some or all of my secretary's role in due course but certainly not yet.

For newcomers it is a great way to get to know people and learn how Walsham works AND I can assure you that it is great fun. We meet as a group every month from February to August, there will be some admin and organising in the interim and then there is the three day weekend for the event itself. After that the celebration party is a 'must attend' occasion.

If you think that you might want to get involved then please make contact and we can have a chat and I will try to answer your queries and questions but I repeat it is lots of FUN.....

John Stebbing

Secretary to the Walsham Open Gardens Trust

john@architectatwork.co.uk

07831 325610



UP, UP AND AWAY In A Beautiful Balloon Well not quite!!!



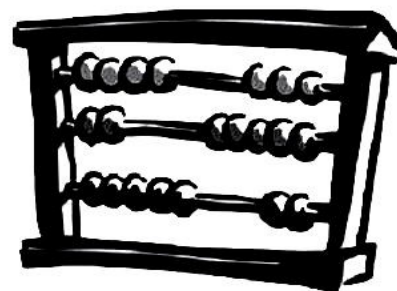
The Sports Club are pleased to announce that weather permitting we are able to support Penelope Robins idea of hot air balloon rides at the club on the Kings Coronation Fun Day. Rides which will be a duration of 10 to 15 minutes (including loading and unloading) and will be tethered at all times. These can be pre booked via mike.powles@walshamsportsclub.co.uk and will be priced at £ 5.00 each. The basket takes 5 people so please book early to avoid disappointment. It will be your chance to see your village/house from a different perspective to normal.

Mike Powles



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EVERYONE ACTIVE



Invitation to Attend a Focus Group about Potential New Sports Activities in Walsham le Willows Memorial Hall

As a resident of Walsham le Willows or someone who attends activities at the village hall you are invited to attend a focus group about potential new sports activities being set up in the village hall.

Date: Thurs 9th March

**Time: 10.30am for approx. 45minutes
(Within the Coffee Shop session)**

Venue: Walsham le Willows Memorial Hall

Do you think there is demand for new sports activities at the village hall, aimed at older people and people with disabilities?

Has the need for new sports activities amongst older and disabled people increased or decreased since covid?

If there is a demand/need:

Why is there a need for new sports activities amongst older and disabled people in the village hall, rather than at another venue (such as the sports centre in the nearest town)?

What new sports activities should be provided?

When should the new sports activities be held?

How should the new activities be priced?

This focus group could lead to new sports activities aimed at older people and people with disabilities being set up at the village hall with the support of Everyone Active and could also help with grant applications to cover costs, such as staff and equipment, to make the provision of new sports activities more likely.

Come along to the Focus Group and have your say!

Everyone welcome. We hope to see you there.

SEARCHING FOR WORDS

D	E	N
E	G	I
T	A	R

Starting with any letter and moving horizontally, vertically or diagonally, see how many words of three letters or more you can find, using each letter only once in each word.

There should be one nine letter word which might do someone down.

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During the local elections in May, Walsham Parish Council are very keen to encourage a wider range of people to come forward to be active in our local community. Informal discussion with the Clerk or any current member of the Parish Council is welcome if you would like to know more. We also warmly invite you to observe our next meeting on Wednesday March 8th at 7pm.

In these challenging times, small changes can add up to a big difference and by being active locally we can make a start.

<https://www.nalc.gov.uk/elections>

<https://www.walsham-le-willows.org/explore/governance-community/parish-council/>



THE WALSHAM LE WILLOWS OPEN GARDENS TRUST Gardens Weekend 2022

The Gardens Weekend event in 2022 was an overwhelming success and generated just over £18,000 for village causes, including £9,000 towards the fabric of St. Mary's church.

This amazing result is thanks to the owners who generously opened their beautiful gardens, plus the overwhelming support across the village, without which this event could not take place.

We received six bids for funding and the following grants have been approved:

- **Walsham History Group** £349 for a portable PA system.
- **Walsham le Willows CEVC Primary School** £800 to fund their Emotional Literacy Support Assistant Project.
- **Walsham le Willows Wild Wood** £2,000 towards legal costs, additional rent, timber for a new bridge and plant spirals for the new Jubilee Wood.
- **Walsham Arts & Crafts Group** and the **Priory Room** £1,362 for new picture hanging system and spot lighting.
- **Walsham le Willows Sports Club** £2,000 towards costs for a new Community Gym.
- **Walsham le Willows Allotment and Leisure Gardeners Association** £1,720 for new sheds, water butts etc.

Those members of the Committee with an interest in various applications took no part in the relevant decisions.

The Walsham Le Willows Open Gardens Trust wish to thank everyone who helped to make the event such a success, and we look forward to welcoming you all again this summer.

If you would like to be a part of the **2023 Open Gardens Weekend** please contact John Stebbing (John@architectatwork.co.uk / 07831 325610)

*Garth Harlow
Hon Treasurer & Trustee
February 2023*

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EASTERN ANGLES

Medieval Miracles

Saturday 31st March



Doors open 7.00pm Performance at 7.30pm

After 40 years of touring theatre across the East of England, this spring Eastern Angles is reigniting the region's buzzing 15th century theatre scene with *Medieval Miracles*. This double bill of one-act plays promises to bring double the devils, double the tricks, and double the fun to Walsham le Willows on Friday 31st March.

“East Anglia was the Broadway or West End of the 15th Century English theatre” once said a stage historian, and Eastern Angles have picked two of its biggest hits to stand centre stage in their 2023 spring tour.

Speaking about the show, co-writer and Director Ivan Cutting said: “This was popular theatre at its best when people watched and laughed at sometimes quite shocking tales of contemporary scandal and daring new versions of traditional biblical myths”.

Heaven is empty and Hell is full – what is God to do? Lower the bar? The answer comes in *The Trials of Mary & Joseph*, a series of mystery plays telling the Nativity story – but not as you know it. The search for an Immaculate Conception hits a doubting husband, local opposition and scandal, and some sceptical midwives, until some starry-eyed shepherds get this well-known story back on track.

Plus, *Mankind*, England's most popular comedy of the 90's (that's the 1490's) retold as a boisterous story of a climate conscious young man caught between the temptations of three mischievous devils and the need to be a good person.

With live music, comic twists and a sense of ridiculous, Eastern Angles bring two very old plays right up to date.

Medieval Miracles is visiting Walsham le Willows Memorial Hall on Friday 31st March for a 7.30pm performance. The company will continue the show across East Anglia until Saturday 20th May. To find out more and book your tickets visit easternangles.co.uk/boxoffice/ticket/139035 or phone the Eastern Angles Box Office on **01473 211498** (Mon-Fri 10am - 2pm)

Adult Tickets £15, Concessions £10

VOLUNTEERS DAY

Sunday 26th March 1pm

The Sports Club is almost wholly dependent on people who give of their time freely to create the opportunities for others to enjoy their sport; the club's trustees think it about time that they showed how much they appreciate what is being done by them and organised some refreshments to reflect that appreciation for both them and their families. It is often the families that suffer when time is devoted by volunteers to things which are seen as important for the community so this is an opportunity to say thank-you to all the family and provide an opportunity to them to see what is being achieved.

If other village organisations wished to join in this celebration of volunteers would they please contact Mike or myself.

Ian Campbell



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Walsham le Willows Village History Group

Programme of Events 2023 – 2024

Date	Talk/Event	Speaker
Wed 15th March 2023 at 7.30pm Priory Room	The Rev John Heigham Stegall - a local boy who ran away to live with the gypsies but went on to live a remarkable life as a surgeon, sailor and soldier finally returning home as Parish Priest of Great Ashfield. also AGM	Pip Wright
Wed 19th April 2023 at 7.30pm Priory Room	An Evening with Queen Victoria - an event to celebrate the coronation of Charles III Queen Victoria visits Walsham to reflect on events that have occurred during her reign. Followed by refreshments to celebrate the coronation	Georgette Vale
Sun 23 rd April 2023 10.30am	St George's Day Spring Walk Meet at the Six Bells and enjoy a leisurely walk in the countryside followed by refreshments. Dogs welcome.	Walsham History Group
Wed 17th May 2023 at 7.30pm MVH	The Potted History of the Anti-terrorist branch of New Scotland Yard. Paul Jordan will give an insight into the formation of the anti-terrorism branch, focusing on incidents such as the Brighton and Harrod's bombings and drawing on his own personal experiences.	Paul Jordan Retired Forensics Officer with the Metropolitan Police.
Wed 21st June 2023 at 7.30pm St Mary's Church	Saints, sinners and symbolism There has been a church in Walsham for over a thousand years. This talk and tour of St Mary's will focus on how the present church has evolved over the centuries and reveal some of its secrets and stories. Followed by refreshments to celebrate Midsummer's Eve.	Walsham History Group
Wed 28 th June 2023	Outing to Hill Farm, near Sudbury Historian and farmer Ashley Cooper has a small museum with finds from the Roman Villa on his land, along with a collection of Victorian farming equipment. The villa is grassed over but the rooms are marked out.	Ashley Cooper
Wed 19th July 2023 at 7.30pm Priory Room	The Real Basil Brown A look at life and work of the Rickinghall archaeologist who discovered the Sutton Hoo ship burial.	Sarah Doig
Sun 28th and Mon 29th August 2023	Walsham Open Gardens Display on the history of the village.	Walsham History Group
Wed 20th Sept 2023 at 7.30pm MVH	Ackenfield The History Group is pleased to show this beautiful classic film made by Peter Hall, based on the book by Ronald Blythe, who died this year aged 100 years. The film tells the story of a Suffolk village and its inhabitants and celebrates a bygone way of country life. Also History Group Fundraiser.	Walsham History Group
Wed 18th Oct 2023 at 7.30pm Priory Room	The Story of the Suffolk Bevin Boys: Barbara McElroy tells the story of her father's experiences as a rural boy conscripted down the mines in Derbyshire during WW2. These young men were selected by ballot despite being told they would go into the armed forces and if they refused to go down they were put into prison. The talk draws on many anecdotes and the general story of the Bevin Boys.	Barbara McElroy
Wed 15th Nov 2022 at 7.30pm Priory Room	Bedrooms, banquets and balls The development of the English Country House following architectural tastes and fashions from the Medieval Hall House to the mid 20 th century.	John E Vigar
December Meeting	TBC	

Venue: Please check as these vary between the Priory Room, the MVH and St Mary's Church
Contact: Frances Jenner on 01359 259242 or frances.jenner@hotmail.com



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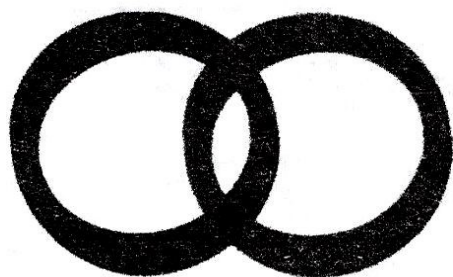


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DIARY OF EVENTS

MARCH			JUNE		
Wed 8th	W.I. Fire Safety		Wed 14th	W.I. Women's Health	
	Priory Room	7:45pm		Priory Room	7.45pm
Wed 15th	History Group		JULY		
	Priory Room	7.30pm	Wed 12th	W.I. Visit to St Mary's	
Sat 18th	Irish Night			Church	7.45pm
	Sports Club	7.00pm	AUGUST		
Fri 24th	W.I. Quiz		Wed 9th	W.I. Garden Party	
	Priory Room	7.00pm		Westhorpe	6.30pm
Fri 31st	Eastern Angles		Sun 27th	Open Gardens	All
	Village Hall	7.30pm	Mon 28th	Weekend	Day
APRIL			SEPTEMBER		
Wed 5th	Music Recital		Wed 13th	W.I. Garden Wildlife	
	St Mary's	12.15pm		Priory Room	7.45pm
Wed 12th	W.I. Pot Luck Supper		OCTOBER		
	Priory Room	7:45pm	Wed 11th	W.I. Bomb Disposal	
MAY				Priory Room	7.45pm
Sun 7th	Fun Day		NOVEMBER		
	Sports Club	TBA	Wed 8th	W.I. Community Singing	
Wed 10th	W.I. Annual Meeting			Priory Room	7.45pm
	Priory Room	7.45pm	DECEMBER		

WALSHAM & DISTRICT W.I.

TALK ON FIRE SAFETY IN THE HOUSE

Speaker TBA

Competition

Captions for Specified Cartoons

Wednesday 8th March 7.45pm

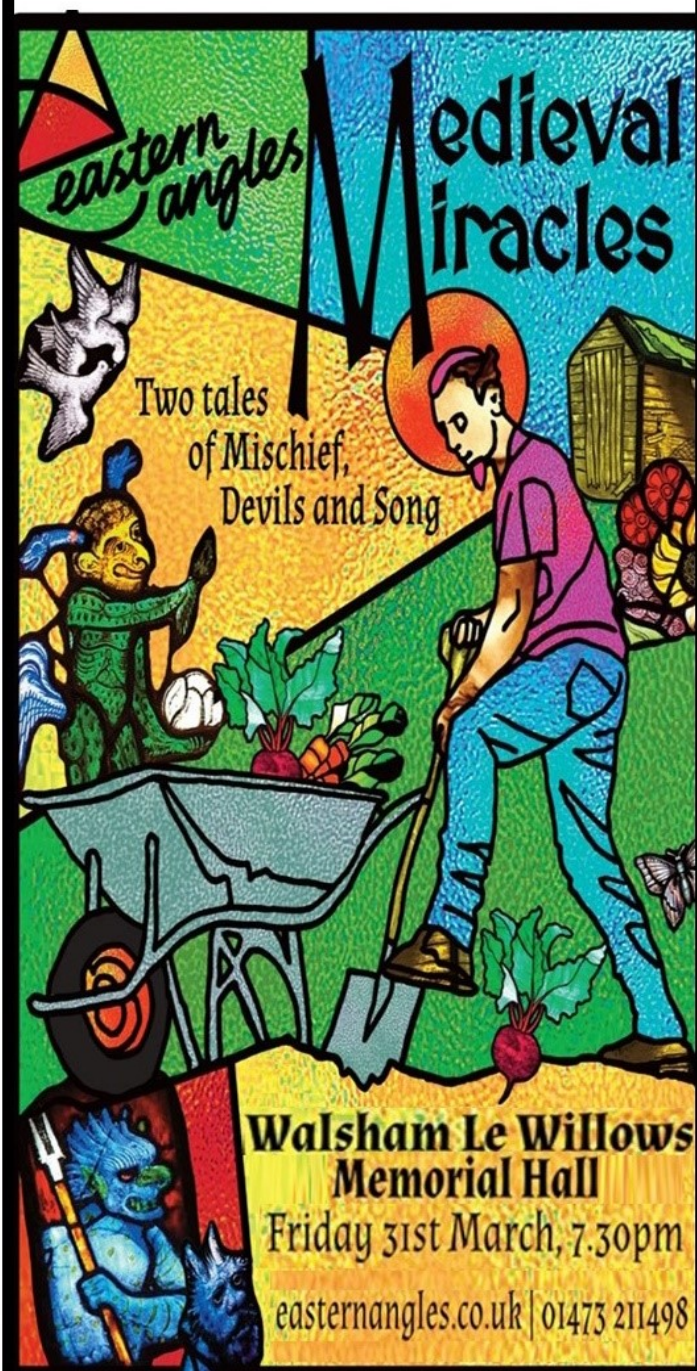
The Priory Room

NEW MEMBERS ALWAYS WELCOME

Ladies are able to attend 2 meetings free of charge before joining.

EASTERN ANGLES

presents



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Eastern Angles
either by phone 01473 211498
or via
easternangles.co.uk***



WALSHAM SPORTS CLUB EVENTS FOR MARCH & APRIL

Sunday Night Bingo

5th & 19th March
2nd & 16th April
7pm start

St George's Quiz Night

21st April
entry £10 per team
7.30pm start

Irish Night

Saturday 18th March
Disco with Bertie Bassett
Tickets £5 (in Advance)
£7 (on the door)
From JJs Beautique
or Gordon 07790564674

Darts Competition

Friday 3rd March
open to all
7.30 pm

King's Coronation

Fun Day
Sunday 7th May
more details to follow?

WALSHAM *History Group*
presents



**THE AMAZING STORY OF
REV. JOHN HEIGHAM STEGGLE,
THE SUFFOLK GYPSY**

~ AND AGM ~

A talk by Pip Wright

Wednesday 15th March 2023 at 7.30pm

The Priory Room, Walsham-le-Willows.

Members Free Visitors £ 5.00 Refreshments

W I Q U I Z

Friday 24th March

at 7.00pm for a 7.30pm start

Tables of 4, £5.00 per person

Light refreshments are included

For further information or to book

contact Denise on 01359 258806



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WALSHAM LE WILLOWS PARISH COUNCIL MINUTES

of the meeting held on Wednesday 8th February 2023 commencing at 7.00 p.m. in the Memorial Hall.

[Pending formal approval, these minutes have been informally approved. Any further corrections will be proposed & minuted at the next meeting]

PRESENT: Cllrs. Arbon Bartholomew, Belson, Kinnair, Mecrow, Roberts and Winch.

ALSO PRESENT: County Councillor Jessica Fleming, District Councillor Rick Meyer

1. OPENING - including Statement, if any
2. APOLOGIES None received.
3. DECLARATIONS of Pecuniary & Non-Pecuniary Interests
 - a) To receive declarations of pecuniary, local non-pecuniary interest(s) incl. personal interests in items on the agenda and to include declarations of any gifts of hospitality – None received.
 - b) To receive declarations of lobbying for planning matters on the agenda - none were requested.
 - c) To receive requests for dispensations – None requested
4. MINUTES Minutes for meeting of 11th January 2022, as previously circulated, were approved along with consent for the Chair to sign the minutes as a true and accurate record.
5. REPORTS FOR INFORMATION & QUESTIONS - to receive written reports & put questions:
 - The Chair invited questions to County Councillor Fleming. Cllr Fleming advised that the adult social care provision makes up 2/3rd of the whole budget. She also confirmed to Cllr Winch that she would not support cuts to library services and that Community Action Suffolk and Highways budgets were being increased. Cllr Belson asked about progress on the Palmer Street road safety issues. Cllr Fleming confirmed that this had been discussed in detail with Catherine Davies and this is on the radar as part of the local cycling and infrastructure project for assessment and evaluation, but this is not something that is going to happen quickly as all highways projects take a long time to come to fruition. Cllr Fleming confirmed that one finger post had now been reinstated and the other would be replaced soon with support from her highways budget. Cllr Bartholomew asked about changes to the highways contract. Cllr Fleming advised that this will be a partnership between a contractor and highways. It was asked how this is going to work any better, but Cllr Fleming was unable to give any detail at this stage on how it is proposed to work in practice. The proposal is being examined by the scrutiny committee for best value and the public are invited to ask questions as part of this process. Cllr Fleming would welcome that input. Cllr Fleming reported that the Stanton

development has been discussed at Botesdale and Rickinghall along with concerns about the protection of the quality of chalk groundwater sources of drinking water which are already affected by agricultural pollution.

- The Chair invited questions to District Councillor Meyer. He reported the budget is looking good with council tax frozen for 2023/24 but rents are going up. He explained that the general and housing revenue budgets have to be kept separate. The law requires this so there can be no cross subsidy and that although rents are increasing, anyone in social housing on housing benefit will not pay their own rent. In context of proposal to encourage more people to get involved as Parish Councillors, Cllr Meyer noted that the closing date for the submission of election nominations was 4pm on 4th April. Cllr Kinnair made a point about requirement for photo proof for elections will potentially disenfranchise some people and asked about publicity arrangements about valid id and the process for obtaining valid id. Clerk to publicise information locally.
- 6. PUBLIC FORUM No members of the public were present.
- 7. PLANNING MATTERS
 - a) **DC/22/2190/HYB Consultation** on application received by West Suffolk Council Local Planning Authority **Proposal** Hybrid planning application. This was discussed and it was agreed that the report received from the consultant should be approved and submitted to West Suffolk with minor amendments made in the meeting. **Parish Council Objected**
 - b) Council unanimously approved the decision confirmed by email because of time constraints, of discussions to engage consultant (at capped cost of £1500) to advise on objections against DC/22/2190/HYB with reference to NPPF.
- 8. PLANNING OUTCOMES (decided by Mid Suffolk District Council, Planning Authority) for noting only
 - a) Application Reference: DC/22/06058: Proposal: Householder Application - Erection of a single storey extension to side and rear (following demolition of flat roof side element). Replace windows and doors and alterations to fenestration and all associated works. Location: The Bungalow, West Street Farm, West Street, Walsham Le Willows Bury St Edmunds Suffolk IP31 3AP **MSDC Has Granted Permission**
 - b) Application Reference: DC/22/05544 Proposal Householder application - Erection of single storey rear extension Location: Fairfield House, 3 Postmill Gardens, Walsham Le Willows, Bury St Edmunds Suffolk IP31 3DZ **MSDC Has Granted Permission**
- 9. NEIGHBOURHOOD PLAN

Cllr Belson reported that there has been no meeting since the last PC meeting but that he is due to meet with consultant (over Zoom) to agree corrections to draft plan.
- 10. PLAY AREA DEVELOPMENT – to receive report from Cllr Kinnair and consider any matters arising.
 - a) The Parish Council agree proposals circulated by Cllrs Kinnair and Belson for addressing outstanding tasks at the Play Area. Cllr Kinnair confirmed that the proposal addressed all the items that had been noted on the action plan. This

was unanimously approved. Cllr Belson confirmed that some tasks had already been completed. Clerk to update the action log as evidence as that these are being addressed.

- b) Exact plans for celebration day in the spring were postponed until next meeting but based on the circulated quote the Clerk was asked to order the three bench seats (at £346 each plus vat) from Clarkes along with some chains to secure these and 6 bags of post mix.
- c) The proposed layout and wording for the new signage was approved. Clerk and Cllr Winch to work on this and place order as soon as the image from local school children has been agreed. It was agreed that the Clerk should seek permission to use the logos of the organisations that contributed to funding.

11. FINANCE & AUDIT

- a) The bank reconciliation for period ending 31st January 2022 was approved and signed.
- b) Accounts awaiting payment (Appendix 1) were approved and signed for submission.
- c) The request from the PCC to amend the work to be completed that was subject of the previously approved CIL bid. The Parish Council decided that there were no objections to this proposal. The amount of the CIL award that will be paid on receipt of invoices, remains unchanged. Clerk to respond.
- d) Cllrs Roberts & Winch agreed to complete the Internal Control Check reports for December (3rd quarter) and March (4th quarter). Clerk to circulate pro-forma to both councillors for reporting to the March meeting for approval.

12. CLERK & COUNCILLOR REPORTS

- a) The meeting reviewed the action log.
 - a. Cllr Mecrow offered to pay a visit to the Lovell's site office to try to establish agreement to a site meeting once hedge planting and remaining works are complete but before the contractors leave the site.
 - b. The Clerk was asked to circulate the required documentation for the spring litter pick. To Cllrs Mecrow & Roberts for action. Date was set for 11/12th March.
- b) Cllr Roberts confirmed that SID Solar Panel for Summer Road Speed indicator device had been delivered to site and installed and was in operation.
- c) Cllr Arbon had advised that cost estimate for alternative arrangements for Fishponds Lane access had not yet been obtained. This will be obtained for the next meeting.
- d) The Clerk referred to the response from Norfolk & Suffolk Constabulary. Unfortunately, the speed gun is not of a make which is currently recommended for use by them and the Community Speed Watch groups they oversee. Clerk & Cllr Roberts to arrange for disposal.
 - a. The Clerk presented two estimates for new shed, and advised that the Community Council had agreed to the siting of a new shed on the base located at the Memorial Hall. The Clerk was asked to get another quote.
- e) The proposal by the Clerk to hold the September meeting 6th rather than 13th (first Wednesday rather than second Wednesday) was unanimously approved. It was confirmed that the Community Council agreed to swap their meeting date as well.

- f) The Clerk asked for approval to dispose of the old inkjet printer and remaining inks within the village to an organisation that might want this. Unanimously agreed.
- g) Council considered the correspondence from resident following pruning & pollarding of trees on Swan path by UK Power Networks. They had been asked to attend to a hanging branch in a different location whilst they were there and refused. The resident asked if the Parish Council could attend to this which will require a cherry picker and so incur some considerable cost. It was decided that this was not the responsibility of the Parish Council. Clerk to respond.
- h) Cllr Winch proposed the Parish Council publicise May Elections inviting people to put their names forward. Unanimously agreed. Cllr Winch to forward link to Clerk.
- i) The Clerk proposed the closure of the email inboxes currently used for Neighbourhood Plan and the Parish Council Website on the Parish Council domain, and routing these to the Parish Clerk email address. This was unanimously agreed.
- j) The chair called for any other matters of concern/note. It was noted that a large build up aggregate, bricks and other items has been noticed on the R&D site on Summer Road. The Clerk was asked to investigate.

Monthly Meetings – 8th March 2023, 7pm in Memorial Hall.

APPENDIX 1

Payments for Authorisation FEBRUARY 2022

#	Payments OUT	Amount	Description
1	Old Town Trust	£1,540.25	CIL grant for resurfacing allotment track
2	Memorial Village Hall	£25.00	Hall Hire
3	Kevin Boardley	£472.16	Parish Council Employee
#	Payments IN & Other Payments/Transfers	Amount	Description
1	Mid Suffolk	£9,315.00	CIL Grant – Play Area re-development
2	SCC – Jessica Fleming	£1,690.00	Locality Award – Play Area re-development



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FROM ST MARY'S CHURCH

Amongst the many Christian Churches festivals and feast days during March, two of our Patron Saints are remembered. On the first of the month St David, Patron Saint of Wales, and upon the 17th of the month, perhaps rather more well known, St Patrick, Patron Saint of Ireland.

St David was both a monk and a Bishop during the 6th Century, and founded the monastery at Menevia, now called St David's. The original monastic buildings have gone, and today there stands a Cathedral which is 12th Century, with much rebuilding added during the following centuries. During his lifetime David was highly regarded not just for his spiritual life, but especially for his kindness and compassion to others, notably the poor and the sick.

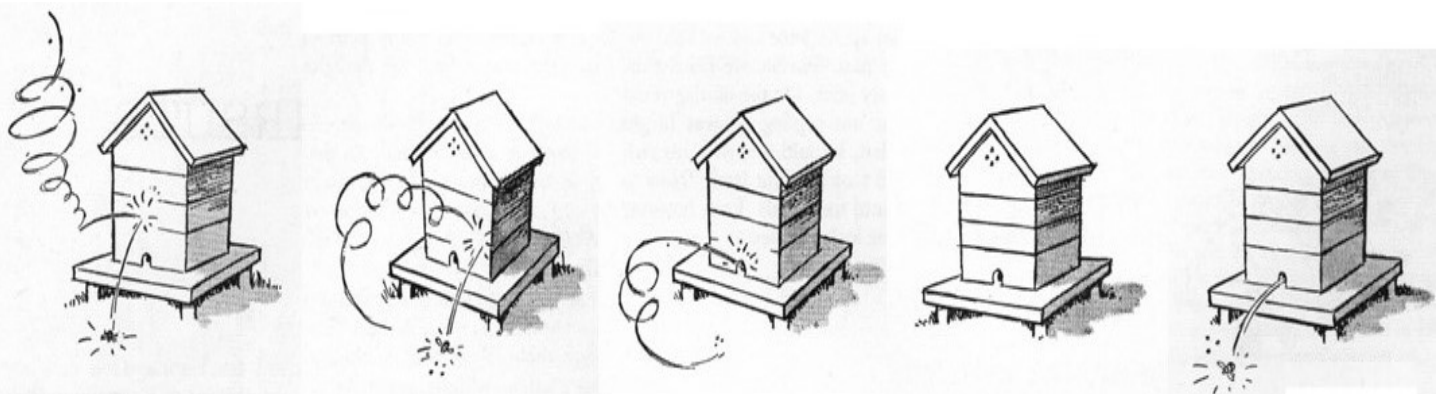
St Patrick was born in the last 4th Century, and tradition has it that at an early age he was taken from his home town of Carlisle to be a slave in Ireland. Having escaped slavery, Patrick travelled to Europe, and was Ordained as a Priest, finally returning to Ireland as a Bishop, making his base at Armagh. Despite fierce opposition and even persecution, David continued to preach the Christian Faith. Irish Christians today, of all traditions, equally identify with St Patrick and draw inspiration from his life.

Later in the month, on the 24th, the Worldwide Church remembers a rather more recent Saint, and perhaps less well known; Oscar Romero.

Born in humble circumstances in El Salvador in 1917, as a young man he became Ordained as a Christian Priest. He was known to be quiet and unassuming, and yet in 1977, amongst the political upheaval and violence of his country, was appointed as its Archbishop. Most of the country was in poverty and a corrupt Government kept it that way with mass abduction, torture and death squads. Courageously however, Oscar began to speak out against violence and human rights abuse. His homilies, sermons, writings and radio broadcasts supported the demands of the poor for economic and social justice.

He refused to be silenced, and continued to preach even under threat of assassination. During his three years as Archbishop, six of his Priests were murdered. Inevitably, whilst presiding at Mass in March 1980, Archbishop Romero was assassinated, by a supposedly lone gunman, but undoubtedly sponsored by a violent regime. In 2018, recognising the Archbishop as 'a martyr for the faith,' Pope Francis canonised Oscar Romero as a Saint. For the occasion the Pope wore the same blood-stained belt that Romero was wearing at the altar when he was murdered.

'Aspire not to have more, but to be more.' Saint Oscar Arnulfo Romero



MARCH CHURCH SERVICES

Date	Service	Church
26th February	1st of Lent	
8.00am	Holy Communion	Walsham
11.00am	Holy Communion	Walsham
3.00pm	Evensong	Westhorpe
5th March	2nd of Lent	
8.00am	Holy Communion	Walsham
9.30am	Holy Communion	Finningham
12th March	3rd of Lent	
8.00am	Holy Communion	Walsham
9.30am	Holy Communion	Westhorpe
11.00am	Holy Communion	Wattisfield
19th March	Mothering Sunday	
8.00am	Holy Communion	Walsham
9.30am	Family Communion	Finningham
11.00am	Songs of Praise	Walsham
26th March	5th of Lent	
8.00am	Holy Communion	Walsham
9.30am	Holy Communion	Badwell Ash
3.00pm	Evensong	Westhorpe
2nd April	Palm Sunday	
8.00am	Holy Communion	Walsham
9.30am	Holy Communion	Westhorpe
11.00am	Holy Communion	Walsham

The Priory Room

The Priory Room in Walsham
is available to hire for private functions.

For bookings or further information, please contact:

John Boulter 07908 010555 johnboulter@yahoo.com

WILDLIFE IN MARCH

This is the month for the Spring Equinox, which will be on March the 20th. The warmer weather is now getting ever nearer and we are thinking ahead for what we would like for our gardens and allotments.

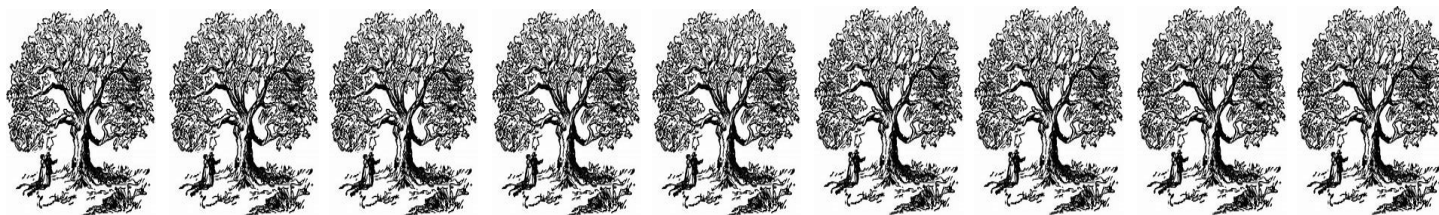
Insects and Mammals are starting to stir and warm themselves in the sun. One of these insects is the Butterfly. The first ones to emerge are the Commas, Peacocks and the Small Tortoiseshell, after hibernating as adults through the winter. All it takes in a small rise in air for these insects to awake from their winter slumber. The nectar from which they feed off is quite limited at this time of the year, but Primroses and Catkins are a favourite choice. Look out for these Butterflies basking in the sun on the barks of trees or even the posts in our gardens.

There is an amphibian that is also starting to stir as the weather warms up. This is the Toad. They are getting ready to breed and unlike Frogs they will visit the water only to breed. This migration will happen on masse and is called the 'big push' as so many move together. This will normally happen on damp, drizzly evenings when the temperature is around 7-8 degrees Celsius. Unfortunately for the Toads this 'big push' happens in the evening when the rush hour traffic hits, a lot of Toads will not make it. So how did the Toad cross the road? Well they are scooped into a bucket and put safely across as there are organised efforts to help these poor creatures called Toad watch or Toad patrol which help them cross the road safely.

Now we move away from our warty friends and find another nocturnal prickly little fellow, the Hedgehog. Hedgehogs are now waking up from their hibernation, usually when the temperature reaches 10 degrees Celsius. These endangered mammals need all the help they can get as hibernating through the winter will have taken its toll. They will have lost around half or more of their body weight at this point and will be on the look out for food to build up their fat reserves once again. Insects at this point will not be in abundance so you can help by placing a shallow bowl of water out, not milk as they are lactose intolerant. A dish of cat or dog food is always a favourite, but go for the meaty varieties as the fish ones can make them unwell, alternatively you can buy hedgehog food. Do this and you may have a prickly visitor very soon!

Birds are busy this time of the year, calling out territories and collecting nesting material. Why not put up a few bird boxes in your garden. Open fronted boxes will attract Wrens and Robins, these need to be lower to the ground, below 2m and hidden in vegetation. Woodpeckers need their boxes to be 3-5 meters high, on a trunk of a tree, with a clear flight path with least disturbance as possible. For Blue Tits, Sparrows and Starlings, the nesting box is best placed 2-4 meters high. It is best to place nesting boxes facing North or East, or even better a little between. This will give your birds and their babies the best protection from the sun, wind and rain. Fingers crossed you will hear their little cheeps soon!

Angie Bennington



A WARM SPACE AT THE PRIORY ROOM

The Priory Room will be open every Wednesday:

30th November onwards 10.00am to 3.00pm.

Tea, Coffee, Hot Soup and Bread Rolls will be available.

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32

STRESS FREE GARDENING

A course designed to lower stress levels is soon to be launched at an historic walled garden in Suffolk.

It is particularly to benefit people aged 18 to 75, suffering mental health issues such as anxiety, depression, loneliness, grief, and social isolation.

'Let It Grow' is a relaxed and therapeutic approach to learning the basics about horticulture and the Environment.

It is being pioneered by the recently established Community Interest Company, **Wild Heritage Suffolk**, which is based at

the four acre site on the **Langham** estate. Dating back around 300 years, the walled garden includes a restored kitchen garden and orchards and a

wildlife rich meadow. There is also a plant nursery, specialising in native wildflowers, heritage vegetables, herbs and ornamental plants,

plus a small shop selling plants and organic produce to the public.

The project is set to start on **2nd May** and will operate with two half day sessions weekly on Tuesdays through until late September.

Priority booking for the scheme is being given to participants who are referred by NHS Social Prescribers via the LifeLink organisation

or those based at GP surgeries in Ixworth, Stanton, Woolpit and Botesdale.

There are 20 places available and no qualifications are required. The sessions are **free of charge**, with tools and materials all supplied.

Those joining the course can expect to divide their time between the new covered customised education space, lean-to-greenhouse and adapted raised beds, all made possible by **funding from Suffolk Community Foundation (Pargiter Fund and Frank Jackson Foundation)**. The mix of indoor and outdoor activity led

by a qualified instructor, will involve 'getting your hands dirty' and achieving the satisfaction of growing seasonal plants, vegetables and salad to take home.

Wild Heritage Suffolk director and walled garden manager Catherine Supple explains:

"The atmosphere in the walled garden is very special. Once you come through the gate in the wall you are entering a very calm and serene place where all you can hear is bird song. It's a perfect place to relax and feel away from life's pressures. We want participants to come here to gain confidence, learn new skills, develop existing skills, get stuck in to the soil and above all, feel free to socialise.

"The sessions will be based around all aspects of growing, gardening, pollination, organic and sustainable living, and the importance of wildlife and biodiversity. We are developing a list of core seasonal subjects and workshops that we feel will benefit both those taking part and the natural environment. We hope to provide transport where it is required."

Those interested in taking part should contact either LifeLink or an NHS Social Prescriber at their local GP surgery.

The catchment area is villages and the towns of Bury St. Edmunds and Stowmarket.

Wild Heritage Suffolk team can be contacted at lwgnursery1@gmail.com or **01359 760326**.



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SPORTS CLUB REPORT

Football

The first team who had some excellent results in January have faltered slightly of late. They drew 2-2 at home to Ely in a game they should have won comfortably thanks to goals from Kyron Cooper and Ryan Twinn. Unfortunately, Ely scored with the last kick of the game to equalise. They then had an excellent draw at Woodbridge but have lost their last two home games against Lakenheath and Mulbarton respectively

The Reserves had an excellent 4-0 home victory over Stowmarket a game in which they were excellent. However, they lost 5-1 away to Hadleigh United in the Suffolk Senior Reserves Cup in which they were holders. They then lost their unbeaten League tag losing 3-0 to bottom club Thetford Town.

The A team beat Lakenheath Casuals 3-1 in the Suffolk Primary Cup.

The Under 18s were thrashed by Royston Town 5-1 away but drew 2 -2 with Ely to claim a well-earned point.

The Veterans gained their first league points of the season with a walk over win over Coplestonians.

Home Fixtures in March.

First Team

Sat 4th v Ipswich Wanderers 3.00pm

Thu 9th v Thetford Town Under 18s 7.45pm

Sat 11th v Woodbridge Town. 3.00pm

Sat 25th v Soham Town Rangers 3.00pm

A Team

Sat 11th v Unity FC 2.30 pm

Wed 15th v Coplestonians A 7.45pm

Reserves

Sat 18th v Long Melford 3.00pm

Gordon Ross



MORE OR LESS

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The greater and less signs indicate the relative size of adjacent numbers.



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A PAST PRACTICE RESURRECTED

For many years Willow Club volunteers took the old people from the village to the seaside and other interesting days out. The practice gradually died out, as did the old recipients, until the volunteers themselves became ‘the old people’ and for a few years, took themselves away for some long and lovely weekend.

It is pleasing to report that the Sports Club, in the shape of its chairman Mike Powles, has resurrected the practice by taking three of its elderly members to Felixstowe on a beautiful, sunny January day last month. The excuse was to visit their old friend, Bryan Garrard, who, through force of circumstances, had moved to a small flat in the town close to his nephew, Liam. After dropping them off he took the attached photo suggesting it felt like a scene from “Last of the Summer Wine” and then left them to it.

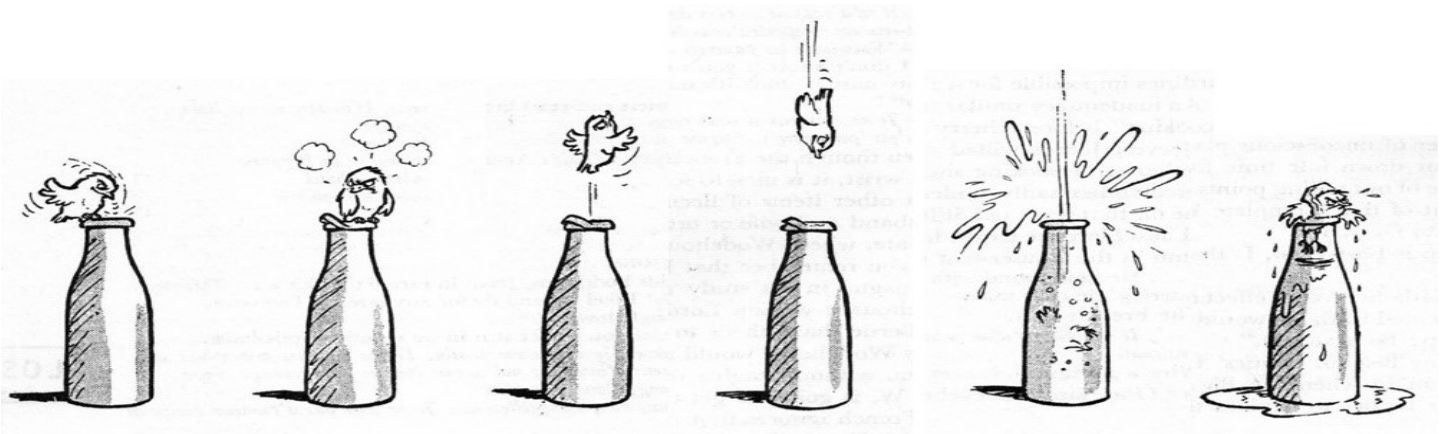
It wasn’t hard to understand how closely the trio resembled Compo, Clegg and Foggy as, together with Bryan, they pottered along the promenade as the conversation dealt with such matters as to who took what job after school, whilst still getting something that resembled teaching from Mr Dove plus the gardening duties which were part then of the curriculum. This discussion then morphed into conscription and the opportunity to see life beyond the parish boundary. As Bryan drifted off to life in Plymouth and Clegg to Germany, Foggy did his best to keep Compo involved as, although he had also been conscripted, he was an Essex man not Walsham boy and at that moment, his mind was still dwelling on the ladies he had heard shared the complex where Bryan lived and the possibilities that offered.

Foggy, being the youngster in the group, strolled behind them with his head in the air and observed to himself on how he had come to be part of the triumvirate up in front and their joy in wandering down memory lane during that period of their lives when he had still been at school.



It was agreed the trip was excellent and, if Mike was willing to take them again, Foggy was confident he would enjoy it even if it would be the equivalent of a ‘Groundhog’ day!

A lucky participant



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RUBBISH

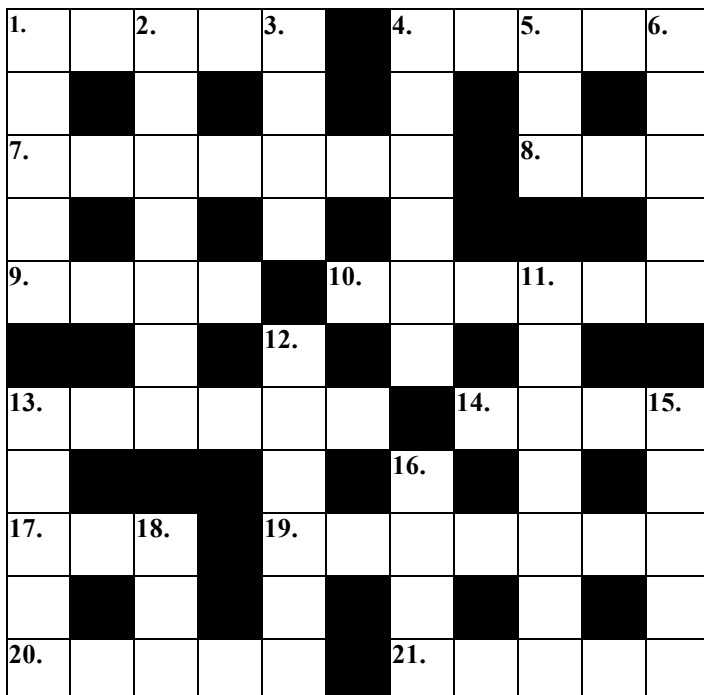
A match is struck, the fire it
and soon the flames begin to lick
through the garden prunings, debris, brush,
accumulated over months kept dry
beneath a sort of thatch.
the blaze flares high with pothering smoke
which disappears in the wide blue sky,
loud pops and crackles accompany it.
The stoker retreats from the radiant heat
to begin to feed the firey beast
from huge piles of debris lying loose –
the glory that was last year's garden
is quickly turned to ash.

Yet days ago under freezing skies
these rubbish heaps could still beguile
as pure white coats of crystal pine
gave fresh new beauty to piles of trash
and thrilled the heart in the Arctic chill.
A cone of ash may be all that is left
but the rubbish tale is not over yet:
the best of the wood ash I'll collect
and, from whence it came I shall take it
back
to nourish next year's garden fest.

Rob Barber



WALSHAM OBSERVER CROSSWORD



ACROSS

1. Recap about a dance. (5)
4. Cook the worried stoat. (5)
7. Regard the old boy waiting. (7)
8. Listener in the clear morning air. (3)
9. Diamonds accommodate fashion. (4)
10. Mater's arranged the flower. (6)

13. It's that moment for an old smoker. (6)
14. Curves wreck cars! (4)
17. The law was altered for this tool. (3)
19. Porters composed comments. (7)
20. Fashion in tasty leisure clothes. (5)
21. Discovery of Carter's mother. (5)

DOWN

1. X (5)
2. Desire such devotion. (7)
3. It's unusual to find the artist being taught religion. (4)
4. An arrangement to try tea. (6)
5. An expert in facelift surgery. (3)
6. The endless spirit provides a hypnotic beat. (5)
11. Arrange a murder for the listener. (7)
12. Sounds like a racetrack in a rough and ready way. (6)
13. It's a form of breeding! (5)
15. Find this is symbolic to have girly manners. (5)
16. Return the charts as an unwanted email. (4)
18. Put down in a playful manner. (3)



Walsham Congregational Church

The Street, Walsham-le-Willows, Suffolk. IP31 3AZ
Church Secretary (John Landymore) 01359 - 258986

Services for March

We are open for worship each Sunday at 11.00 & 6.30 so why not come along? Please be assured of a warm welcome; it would be lovely to see you.

5th Dr David Allen *(Walsham-le-Willows Congregational Church)*
12th Mr. David Butler *(Ebenezer Baptist Church, Old Hill, West Midlands)*
19th Dr David Allen *(Walsham-le-Willows Congregational Church)*
26th Mr. Daniel Biddle *(Calvary Baptist Church, Feltham, Middlesex)*

Wasted Warnings

In the year 44 BC, on the 15th of March, Julius Caesar died. This great leader of the mighty Roman Empire didn't die in battle, or at the hands of his enemies, but was assassinated in the supposed safety of the very heart of Rome, at the treacherous hands of some of the leading politicians of the day. What had transpired was that sixty or so of his Senators had conspired in a murderous plot against him, including many close friends and advisors. They inflicted twenty-three vicious stab wounds upon the surrounded Caesar, one of which, according to the earliest known post-mortem report in history, proved fatal.

In many ways the death of Julius Caesar could have been avoided. Apparently, he had heard rumours of the plot that were circulating through Rome at the time, friends had come to warn him, and his wife Calpurnia had even suffered nightmares of his death so, that fateful day, pleaded with her husband not to leave the house, but all to no avail!

We could well say that Caesar was most foolish not to listen to the warnings that had been given him, however, we must not be too quick to pass judgement. There may have been many warnings that we have been given in our own lives that it would have been wise to have heeded for our physical wellbeing but, far more importantly, what of the warnings we have received regarding the safety of the soul, or being eternally lost?

God is very gracious as He patiently warns people throughout their lives of the peril that lies ahead. Natural disasters are a reminder that this world will come to an end, illness and disease remind us of our own mortality; the wonders of creation declare the existence of the Sovereign God, but the conscience warns that we are sinners in His sight and confirms that no amount of effort, sacrifice or good works can make us fit to be in His presence. The Bible soberly warns that "we shall all stand before the judgement seat of Christ" (Romans 14:10). The Bible also declares the remedy for the warning, "Repent ye, and believe the gospel" (Mark 1:15). Maybe you first heard the Gospel upon your Mother's knee, or were taught its truth at Sunday School, have listened to the Bible read and preached but, despite all the warnings, are still without Christ as your Saviour. Do not continue to be without Christ and without hope, but heed the warnings of the Bible and seek the Saviour through the reading of His word and in earnest prayer for the gift of faith to believe.

**Seek ye the LORD while he may be found,
call ye upon him while he is near. (Isaiah 55:6)**

CAKES FROM AROUND THE COUNTRY

Banbury Cakes

450gm prepared puff pastry
60gm butter, melted
120gm raisins
120gm currants

60gm mixed peel
120gm demerara sugar
1 level tsp mixed spice
Egg white and caster sugar,
for topping

Set oven to 220°C or Mark 7. Mix the melted butter, fruit, peel, sugar and spice together in a bowl, combining well. Roll out the pastry on a lightly floured surface and, using a saucer, cut into about 16 circles. Divide the fruit mixture evenly between them, then dampen the edges of the pastry circles and draw up into the centre, sealing well. Turn over and, with the hands, gently form the cakes into ovals, then press down very gently with a rolling pin. Make 3 diagonal cuts across the top of each cake, then brush with egg white and sprinkle with sugar. Place on lightly greased baking trays and bake for 15 to 20 minutes or until golden. Serve lightly warm. Makes about 16 cakes.

Coventry Godcakes

240gm prepared puff pastry
120gm mincemeat

2 tsps. Rum (optional)
1 egg white

Caster sugar

Set oven to 220°C or Mark 7. Roll out the pastry on a lightly floured surface and cut into 4 inch squares, then cut each square in half on the diagonal to make two triangles. Mix the mincemeat with the rum, if desired, and place spoonfuls on half of the triangles. Cover each one with another triangle, moistening the edges with a little water and pressing down firmly to seal. Beat the egg white lightly. Cut three slits in each cake with a very sharp knife, then brush with egg white. Sprinkle with caster sugar and place on a greased baking sheet. Bake for 15 minutes or until well risen and golden. Cool on a wire rack and eat as fresh as possible.

Penzance Cake

450gm self raising flour
Pinch of salt
2tsps ground cinnamon
120gm butter, softened
450gm currants

60gm chopped mixed peel
90gm stem ginger, finely chopped
3 large eggs, beaten
90mls clear honey, warmed
90mls milk, warmed

Set oven to 180°C or Mark 4. Grease and line a 20cm round cake tin. Sift the flour, salt and cinnamon together into a bowl and rub in the butter until the mixture resembles breadcrumbs. Stir in currants, mixed peel and stem ginger. Warm the honey and milk together. Add the beaten eggs to the bowl and then mix in with sufficient of the honey/milk mixture and produce a soft but not sticky dough. Put into the tin and bake for 1 to 1½ hours until a skewer inserted comes out clean. Leave to cool in the tin.



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SPOT THE DIFFERENCE



There are ten differences between these two pictures, see if you can find them all before the man on the right gets annoyed!!!!



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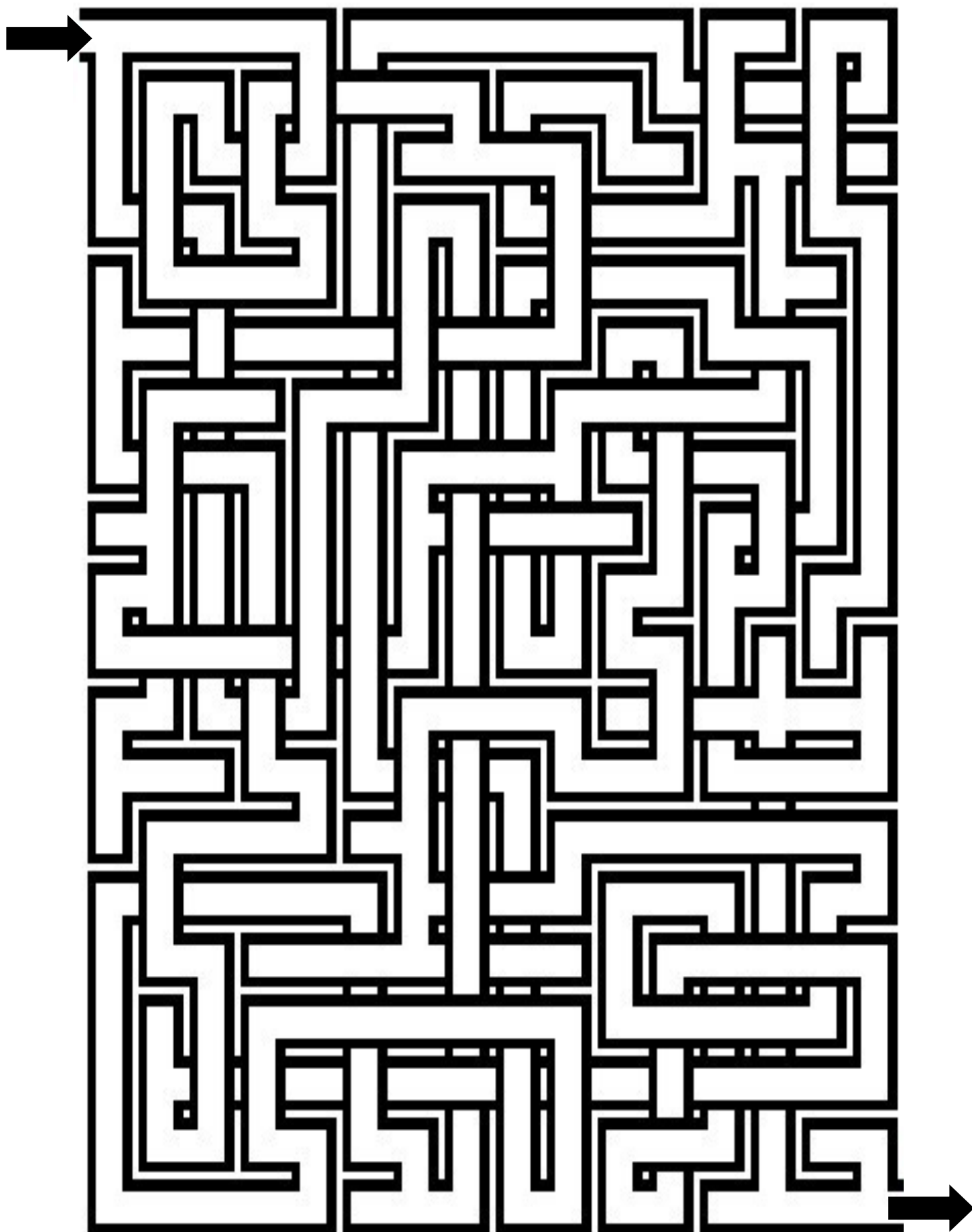


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REGULAR

MONDAY

Community Lunch Village Hall
2nd Monday 12:45pm

Walking Football Sports Club
8:00pm till 9:00pm

TUESDAY

Walking Netball Sports Club
10:00am till 11:00am

Pilates Class Village Hall
1:30pm till 2:30pm

Walking Football Sports Club
2:00pm till 3:00pm

WEDNESDAY

Pilates Classes Village Hall
9:15am till 10:15am

Yoga Sports Club
10:00am till 11:30am

Positive Steps Sports Club
11:30am till 12:30pm

Wednesday Wanders Sports Club
11:30am till 12:30pm

Carpet Bowls Sports Club
2:30pm till 4:00pm

EVENTS

WI Meeting Priory Room
7:45pm Second Wed of the Month

THURSDAY

Coffee Shop Village Hall
10:30am till Noon

Post Office Van Village Hall
11:00am till Noon

Yoga Sports Club
1:15 pm till 2:15pm

Walking Football Sports Club
2:00pm till 3:00pm

Walking Netball Sports Club
6:00pm till 7:00pm

Community Yoga Priory Room
7:15 pm till 9:15pm

FRIDAY

C & A Coffee Shop Village Hall
9.00am till 11.00am

SATURDAY

Pop-up Shop Village Hall
Last Saturday in the month

SUNDAY



COMMUNITY COUNCIL FOOD BANK

To help, get involved or to discuss your needs
please contact Amanda on 01359 258646 or
email wlwcommunitycouncil@outlook.com



ALL THE ANSWERS

Page Bottom Quiz

1. Princess Tiger Lily; 2. The Great Salt Lake; 3. South Pacific; 4. A safe;
5. Jeeves; 6. Bruce Springsteen; 7. Oliver Twist; 8. Friends of the Earth;
9. Rocks; 10. The Flying Dutchman; 11. The Victoria Falls; 12. Joe Fagan;
13. Help?; 14. Study birds' nests; 15. The lavatories; 16. Blackberry and raspberry;
17. St Helier; 18. Two; 19. Smell; 20. Harvard; 21. Oceania; 22. Count Dracula;
23. The Ganges; 24. Ice-skating; 25. Insulin; 26. As burial places;
27. My Fair Lady; 28. A squab; 29. The font; 30. Lithium; 31. English; 32. Six;
33. The Missouri; 34. The Holy Grail; 35. *I'm only the piano player*;
36. Those with an R in them; 37. Henry VIII; 38. Scotland;
39. Motorcycle stunting; 40. On Sunday; 41. Oedipus; 42. St Petersburg;
43. A moth; 44. Long sightedness; 45. Rabelais; 46. The Windmill;
47. Pablo Picasso; 48. The treble; 49. A snake; 50. Columbia Pictures

Su-Doku

7	4	5	8	1	3	9	6	2
5	8	4	3	6	7	2	9	1
9	3	1	4	5	2	2	6	7
4	6	2	1	3	5	4	5	6
5	1	9	4	2	6	8	7	3
6	3	4	5	8	7	2	9	1
9	5	3	2	6	8	1	4	7
1	8	6	7	9	4	3	2	5
4	2	7	3	5	1	6	8	9

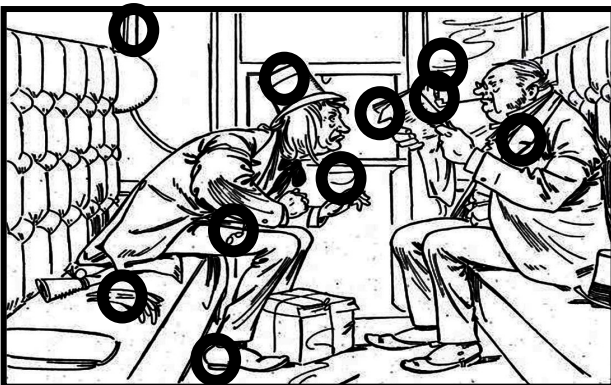
Crossword

C	A	P	E	R		T	O	A	S	T
R		A		A		R		C		H
O	B	S	E	R	V	E		E	A	R
S		S		E		A				U
S	K	I	T		S	T	R	E	A	M
		O		C		Y		A		
C	O	N	D	O	R		A	R	C	S
L				A		S		D		I
A	W	L		R	E	P	O	R	T	S
S		E		S		A		U		S
S	T	Y	L	E		M	U	M	M	Y

More or Less

1	4	3	5	2
3	5	2	4	1
2	1	5	3	4
4	3	1	2	5
5	2	4	1	3

Spot the Difference



Searching for Words

Age	Aged	Agin	Ain	Air
Ate	Dear	Dee	Deign	Den
Ear	Eat	Eta	Gain	Gained
Gate	Gated	Gear	Gee	Geed
Gen	Get	Gin	Grain	Grained
Grate	Grated	Grin	Ingrate	Irate
Need	Negate	Negated	Rag	Rage
Raged	Rain	Rained	Rat	Rate
Rated	Rig	Ring	Ringed	Tag
Tar	Tea	Tear	Tearing	Ted
Tee	Teed	Teen	Denigrate (54)	

USEFUL TELEPHONE NUMBERS

Community Council Secretary Shirley White	01359-258532	Surgeries Ixworth	01359-230252
		Stanton	01359-251192
Police Suffolk Police	01473-613500	Botesdale	01379-898295
Stowmarket	01473-383400	Woolpit	01359-240298
Neighbourhood Watch wlmhw@gmail.com		Parish Council Chair Richard Belson	01359-258868 richardbelson@ btinternet.com
David Murray	01359-258646	Parish Council Clerk Kevin Boardley	parishclerk@ walsham-le- willows.org
Rev. Philip Merry	01359-258806 07526-271784	District Councillor Richard Meyer	01359-251760 07771-703668
Anglian Water Emergencies (24hr)	08457-145145	County Councillor Mrs Jessica Flemming	01449-711065
Accounts	0800-919155	Suffolk County Council	03456-066067
Eastern Electricity	0800-7838838	Member of Parliament Jo Churchill	0207-2198487
British Telecom Customer Service	150		
Line Faults	151		

VILLAGE ORGANISATION CONTACTS

Allotments Group
Alison Findlay 07704311468
milcroft66@gmail.com

History Group
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frances.jenner@hotmail.com

Horticultural Show
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